Celebrate KIDS EAT RIGHT MONTH!

Everyone has a role to play in ensuring a healthy future for our children. That’s why the Academy of Nutrition and Dietetics and the Academy’s Foundation is inviting you to celebrate Kids Eat Right Month in August.

Kids Eat Right Month focuses attention on the importance of healthy nutrition and active lifestyles for children and families, featuring expert advice from registered dietitian nutritionists.

Learn more about how you can shop smart, cook healthy and eat right at KidsEatRight.org.