

COMMON DIAGNOSES (ICD-10-CM) CODES RELATED TO NUTRITION SERVICES

ICD (International Classification of Diseases) codes are used by physicians and medical coders to assign medical diagnoses to individual patients. ***It is not within the scope of practice of a registered dietitian nutritionist (RDN) to make a medical diagnosis.*** The only exception is in the case of body mass index (BMI) codes which represent a mathematical calculation based on measurements that are within the registered dietitian nutritionist (RDN's) scope of practice to perform. RDNs may use this list to customize paper and electronic forms within their medical nutrition therapy (MNT) practices to facilitate referrals for MNT services and the development of super bills.

The ICD-10-CM codes listed below are a representative list of diagnosis codes for which individuals may be referred to a registered dietitian nutritionist (RDN) for care. Diagnoses were chosen for inclusion based on data collected through the Academy's Coding Survey on diagnoses for which RDNs most frequently receive reimbursement. ***The list is not meant to be all-inclusive.*** Additional ICD-10-CM codes can be found at <https://www.cms.gov/medicare-coverage-database/staticpages/icd-10-code-lookup.aspx>.

All of the ICD-10-CM codes listed below have additional digits available to provide more specificity to the diagnosis. In designing forms for use in an MNT practice, RDNs should add space for the physician/physician office to include additional digits at the end of the ICD-10-CM codes as they are required to be used when they are provided in the code set. RDNs may also want to include a place for them to write in additional ICD-10-CM codes.

COMMON ICD-10-CM CODES RELATED TO NUTRITION SERVICES

Medicare Part B MNT Benefit

| ICD-10-CM | |
|-----------|---|
| Diabetes | |
| E10.____ | Type 1 diabetes mellitus |
| E10.1 | Type 1 diabetes mellitus with ketoacidosis |
| E10.2 | Type 1 diabetes mellitus with kidney complications |
| E10.3 | Type 1 diabetes mellitus with ophthalmic complications |
| E10.4 | Type 1 diabetes mellitus with neurological complications |
| E10.5 | Type 1 diabetes mellitus with circulatory complications |
| E10.6 | Type 1 diabetes mellitus with other specified complications |
| E10.64 | Type 1 diabetes with hypoglycemia |
| E10.65 | Type 1 diabetes with hyperglycemia |
| E10.8 | Type 1 diabetes mellitus with unspecified complications |
| E10.9 | Type 1 diabetes mellitus without complications |
| E11.____ | Type 2 diabetes mellitus |
| E11.0 | Type 2 diabetes mellitus with hyperosmolarity |
| E11.2 | Type 2 diabetes mellitus with kidney complications |
| E11.3 | Type 2 diabetes mellitus with ophthalmic complications |
| E11.4 | Type 2 diabetes mellitus with neurological complications |
| E11.5 | Type 2 diabetes mellitus with circulatory complications |
| E11.6 | Type 2 diabetes mellitus with other specified complications |
| E11.64 | Type 2 diabetes with hypoglycemia |
| E11.65 | Type 2 diabetes with hyperglycemia |
| E11.8 | Type 2 diabetes mellitus with unspecified complications |
| E11.9 | Type 2 diabetes mellitus without complications |
| Z79.4 | Long term (current) use of insulin |

| Kidney Disease | |
|----------------|---|
| N18.5 | Chronic kidney disease, stage 5 |
| N18.4 | Chronic kidney disease, stage 4 |
| N18.32 | Chronic kidney disease, stage 3b |
| N18.31 | Chronic kidney disease, stage 3a |
| N18.2 | Chronic kidney disease, stage 2 |
| N18.1 | Chronic kidney disease, stage 1 |
| Z48.22 | Encounter for aftercare following kidney transplant |
| Z94.0 | Kidney transplant status |

Medicare Intensive Behavioral Therapy (IBT) for Obesity Benefit

| ICD-10-CM | |
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| Z68.30 | BMI 30.0-30.9, adult |
| Z68.31 | BMI 31.0-31.9, adult |
| Z68.32 | BMI 32.0-32.9, adult |
| Z68.33 | BMI 33.0-33.9, adult |
| Z68.34 | BMI 34.0-34.9, adult |
| Z68.35 | BMI 35.0-35.9, adult |
| Z68.36 | BMI 36.0-36.9, adult |
| Z68.37 | BMI 37.0-37.9, adult |
| Z68.38 | BMI 38.0-38.9, adult |
| Z68.39 | BMI 39.0-39.9, adult |
| Z68.41 | BMI 40.0-44.9, adult |
| Z68.42 | BMI 45.0-49.9, adult |
| Z68.43 | BMI 50.0-59.9, adult |
| Z68.44 | BMI 60.0-69.9, adult |
| Z68.45 | BMI ≥ 70.0, adult |

My Healthy Weight/Pediatric Weight Management

| ICD-10-CM | |
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| Z68.52 | BMI, pediatric, 5 th percentile to less than 85 th percentile for age |
| Z68.53 | BMI, pediatric, 85 th percentile to less than 95 th percentile for age |
| Z68.54 | BMI, pediatric, greater than or equal to 95 th percentile for age |

Other diagnosis codes for typical MNT practice

| ICD-10-CM | |
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| Weight Management | |
| E66.0 | Obese due to excess calories |
| E66.01 | Morbid (severe) obesity due to excess calories |
| E66.1 | Drug induced obesity |
| E66.2 | Extreme obesity with alveolar hypoventilation (Pickwickian Syndrome) |
| E66.3 | Overweight |
| E66.8 | Other obesity |
| E66.9 | Obesity, unspecified - obesity NOS |
| R62.51 | Failure to thrive, child |
| R63.4 | Abnormal weight loss |
| R63.5 | Abnormal weight gain - not during pregnancy |
| R63.6 | Underweight |
| Z68.1 | BMI 19 or less, adult |
| Z68.51 | BMI, pediatric, less than 5 th percentile for age |
| No Specific Diagnosis | |
| Z71.3 | Dietary counseling and surveillance |
| Diseases of the Circulatory System | |
| I10 | Essential (primary) hypertension |
| I11.0 | Hypertensive heart disease with (congestive) heart failure |
| I11.9 | Hypertensive heart disease without (congestive) heart failure |
| I12 | Hypertensive chronic kidney disease |
| I25 | Chronic ischemic heart disease |
| I50 | Heart failure |
| Endocrine, Nutritional & Metabolic Diseases | |
| E78.0 | Pure hypercholesterolemia |
| E78.1 | Pure hyperglyceridemia |
| E78.2 | Mixed hyperlipidemia |
| E78.3 | Hyperchylomicronemia |
| E78.4 | Other hyperlipidemia |
| E78.5 | Hyperlipidemia, unspecified |

| E78.8 | Other disorders of lipoprotein metabolism |
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| E78.9 | Disorder of lipoprotein metabolism, unspecified |
| E88.81 | Metabolic syndrome |
| Disease of the Genitourinary System | |
| N20.0 | Calculus of kidney |
| Mental, Behavioral & Neurodevelopmental Disorders | |
| F50.00 | Anorexia nervosa, unspecified |
| F50.01 | Anorexia nervosa, restricting type |
| F50.02 | Anorexia nervosa, binge eating/purging type |
| F50.2 | Bulimia nervosa |
| F50.8 | Other eating disorder |
| F50.9 | Eating disorder, unspecified |
| Diseases of the Digestive System | |
| K21.0 | Gastroesophageal reflux disease with esophagitis |
| K21.9 | Gastroesophageal reflux disease without esophagitis |
| K25 | Gastric ulcer |
| K27 | Peptic ulcer, site unspecified |
| K29.2 | Alcoholic gastritis |
| K29.5 | Unspecified chronic gastritis |
| K29.7 | Gastritis, unspecified |
| K44 | Diaphragmatic hernia |
| K50.0 | Crohn's disease of small intestine |
| K50.1 | Crohn's disease of large intestine |
| K50.8 | Crohn's disease of both small and large intestine |
| K50.9 | Crohn' disease, unspecified |
| K51 | Ulcerative colitis |
| K57.1 | Diverticulosis of small intestine without perforation or abscess |
| K57.3 | Diverticulosis of large intestine without perforation or abscess |
| K58 | Irritable bowel syndrome |
| K59 | Constipation |
| K59.1 | Functional diarrhea |
| K70.3 | Alcoholic cirrhosis of liver |
| K86.0 | Alcohol-induced chronic pancreatitis |

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| K86.1 | Other chronic pancreatitis |
| K90.0 | Celiac disease |
| K52.2 | Allergic and dietetic gastroenteritis and colitis |
| Pregnancy | |
| O21.0 | Mild hyperemesis gravidarum |
| O21.1 | Hyperemesis gravidarum with metabolic disturbance |
| O21.2 | Late vomiting of pregnancy |
| O24.01 | Pre-existing diabetes mellitus, type 1, in pregnancy |
| O24.11 | Pre-existing diabetes mellitus, type 2, in pregnancy |
| O24.410 | Gestational diabetes mellitus, diet-controlled |
| O24.414 | Gestational diabetes mellitus, insulin-controlled |
| O26.00 | Excessive weight gain in pregnancy, unspecified trimester |
| O26.10 | Low weight gain in pregnancy, unspecified trimester |
| O99210 | Obesity complicating pregnancy, unspecified trimester |
| Endocrine, Nutritional & Metabolic Diseases | |
| E03.9 | Hypothyroidism, unspecified |
| E05.90 | Thyrotoxicosis, unspecified |
| E16.1 | Other hypoglycemia |
| E16.2 | Hypoglycemia, unspecified |
| E28.2 | Polycystic ovarian syndrome |
| E73.0 | Congenital lactase deficiency |
| E73.1 | Secondary lactase deficiency |
| E73.8 | Other lactose intolerance |
| E73.9 | Lactose intolerance, unspecified |
| E84 | Cystic fibrosis |
| M1A.3 | Chronic gout due to renal impairment |
| M1A.9 | Chronic gout, unspecified |
| M10.3 | Gout due to renal impairment |
| M10.4 | Other secondary gout |
| M10.9 | Gout, unspecified |

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| Diseases of the Blood | |
| D50.8 | Other iron deficiency anemias (due to inadequate iron intake) |
| D50.9 | Iron deficiency anemia, unspecified |
| D51.3 | Other dietary vitamin B12 deficiency anemia (vegan anemia) |
| D52.0 | Dietary folate anemia |
| D53.0 | Protein deficiency anemia |
| D53.9 | Nutrition anemia, unspecified (simple chronic anemia) |
| D64.9 | Anemia, unspecified |
| Diseases of the Musculoskeletal System | |
| M81.0 | Age-related osteoporosis without current pathological fracture |
| M81.8 | Other osteoporosis without current pathological fracture |
| Diseases of the Nervous System | |
| G47.30 | Sleep apnea, unspecified |
| G47.33 | Obstructive sleep apnea |
| Symptoms, Signs, & Abnormal Clinical & Laboratory Findings | |
| R73.01 | Impaired fasting glucose |
| R73.02 | Impaired glucose tolerance test (oral) |
| R73.03 | Pre-diabetes |
| Certain Infectious Diseases | |
| B20 | HIV disease |
| Adult Malnutrition | |
| E43 | Unspecified severe protein-calorie malnutrition |
| E44.0 | Moderate protein-calorie malnutrition |
| E44.1 | Mild protein-calorie malnutrition |
| E45 | Retarded development following protein-calorie malnutrition |
| E46 | Unspecified protein-calorie malnutrition |
| E64.0 | Sequelae of protein-calorie malnutrition |