

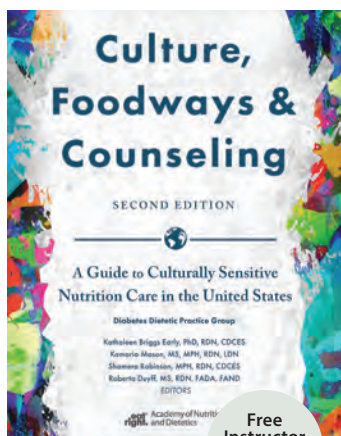
# Academy Resources for All Stages of Your Career



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# Spotlight on New and Popular Titles

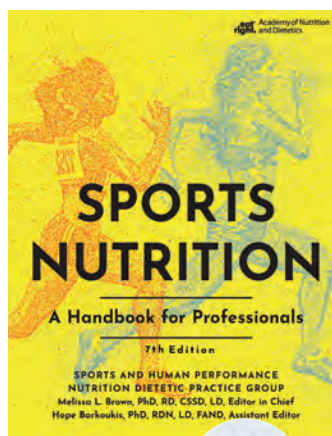
Click on book cover to connect to **eatrightSTORE**.



Free  
Instructor  
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Expand your knowledge and understanding of cultural and religious food practices of diverse populations living in the United States today to enhance your practice of nutrition care and counseling delivered with cultural sensitivity and humility.

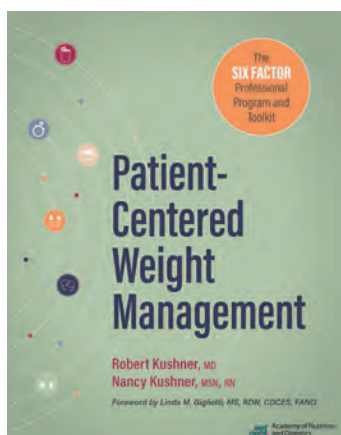
**SOFTBOUND or eBook**  
665 PP 8.5" x 11" 2025  
Print/eBook: \$86.99/\$75.99  
**Academy Member**  
Print/eBook: \$67.99/\$56.99



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Instructor  
Resource Kit  
Available

This definitive guide to fueling athletic performance at every level is packed with cutting-edge research and practical strategies, covering everything from macronutrient metabolism and hydration to energy balance, supplements, and sport-specific nutrition.

**SOFTBOUND or eBook**  
776 PP 8.5" x 11" 2025  
Print/eBook: \$107.99/\$95.99  
**Academy Member**  
Print/eBook: \$84.99/\$74.99



Enhance your practice of weight management care and counseling using the revolutionary Six Factor approach to identifying and solving each individual's weight loss challenges. Includes 35 downloadable handouts in English and Spanish.

**SOFTBOUND or eBook**  
230 PP 8.5" x 11" 2025  
Print/eBook: \$63.99/\$55.99  
**Academy Member**  
Print/eBook: \$48.99/\$41.99



Free  
Instructor  
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Available

This easy-to-use handbook is a practical, evidence-based guide to food and supplement interactions with medications that are commonly encountered in clinical practice.

**SOFTBOUND or eBook**  
328 PP 5.5" x 8.5" 2026  
Print/eBook: \$49.99/\$22.99  
**Academy Member**  
Print/eBook: \$38.99/\$32.99



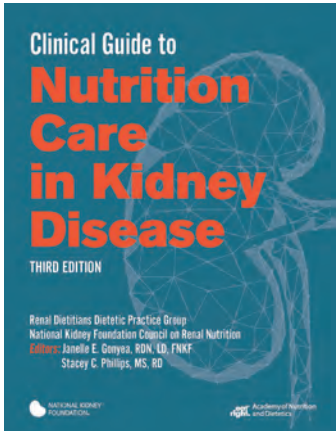
Free  
Instructor  
Resource Kit  
Available

The one-stop resource for learning how to develop, write, and produce recipes for cookbooks, magazines, online food publications, and social media platforms.

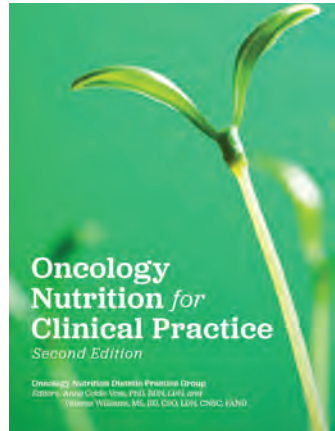
**SOFTBOUND or eBook**  
416 PP 8.5" x 11" 2023  
Print/eBook: \$49.99/\$44.99  
**Academy Member**  
Print/eBook: \$42.99/\$37.99

# Essential Practice Resources

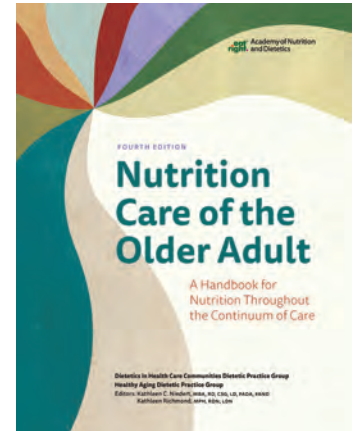
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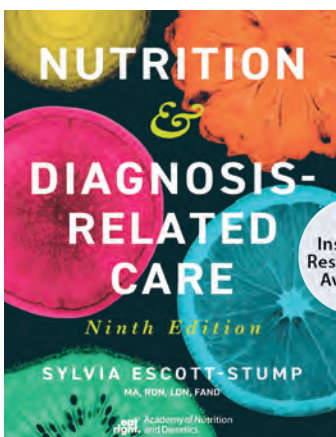
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**Academy Member**  
Print/eBook: \$62.99/\$54.99



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690 PP 8.5" x 11" 2021  
Print/eBook: \$103.99/\$95.99  
**Academy Member**  
Print/eBook: \$83.99/\$75.99

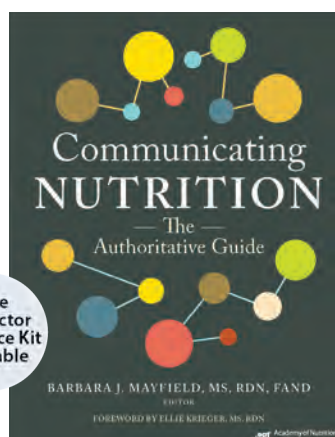


**SOFTBOUND or eBook**  
487 PP 8.5" x 11" 2024  
Print/eBook: \$83.99/\$73.99  
**Academy Member**  
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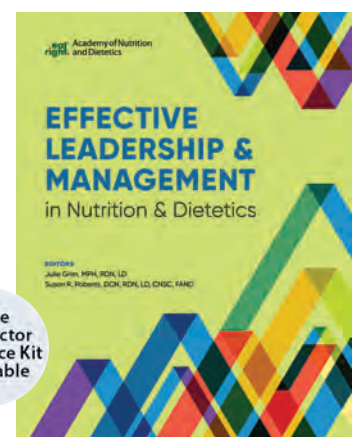
Free  
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Resource Kit  
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**HARDBOUND or eBook**  
1,299 PP 8.5" x 11" 2021  
Print/eBook: \$134.99/\$119.99  
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Resource Kit  
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**SOFTBOUND or eBook**  
699 PP 8.5" x 11" 2020  
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Print/eBook: \$69.99/\$59.99



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Resource Kit  
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# Health Professional's Guide Series

Click on book cover to connect to **eatrightSTORE**.

Created by and for interdisciplinary teams of registered dietitian nutritionists, physicians, nurses, pharmacists, and more, these professional guides combine research- and evidence-based science with real-world practical application to support your practice and career.

**SOFTBOUND or eBook**

8.5" x 11"

Print/eBook: \$77.99/\$72.99

**Academy Member**

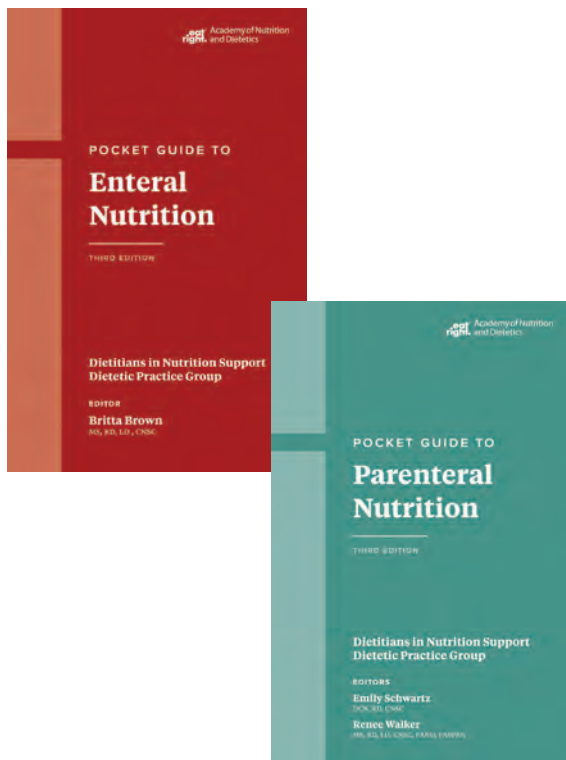
Print/eBook: \$57.99/\$52.99



# Pocket Guide Series

Click on book cover to connect to **eatrightSTORE**.

## New and Redesigned!



These authoritative pocket-sized resources offer easy-to-access evidence- and practice-based guidance at your fingertips. Each pocket guide focuses on a popular clinical nutrition topic and supports practical application of Medical Nutrition Therapy and the Nutrition Care Process.

### SPIRAL BOUND or eBook

5" x 7" (redesigned size 5.5" x 8.5")

Print/eBook: \$38.99/\$33.99

**Academy Member Print/eBook: \$29.99/\$24.99**

New Release  
Free Instructor Resource Kit Available



# Downloadable & Ready-to-Use Resources

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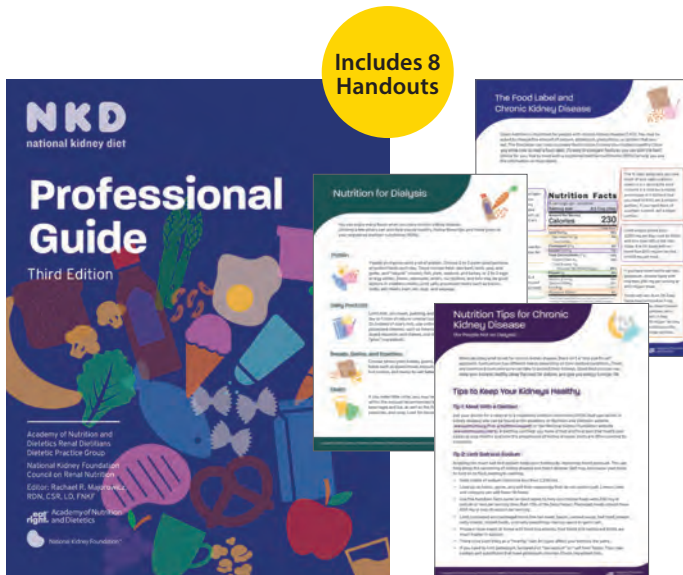


Available in English and Spanish! Two-sided, placemat-sized tearpads offer meal planning advice and space to customize food group recommendations and tips for patients that are on dialysis and patients that are not on dialysis.

## TEARPADS

50 handouts 11" x 17" \$27.99

**Academy Member: \$21.99**



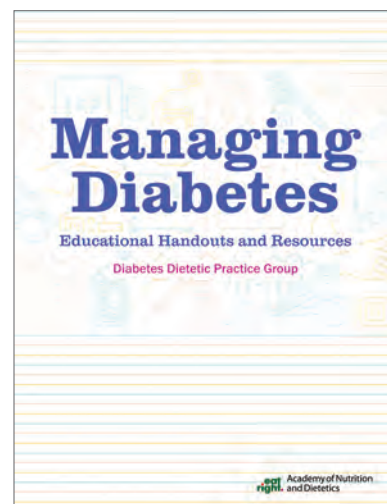
Professional guide presents concise, practical advice for new or advanced nephrology practitioners. Includes 8 downloadable full-color handouts in English and Spanish.

## SOFTBOUND or eBook

113 PP 8.5" x 11" 2023

Print/eBook: \$49.99/\$42.99

**Academy Member Print/eBook: \$39.99/\$33.99**



This set of 55 downloadable handouts and resources supports in-person and virtual counseling for people with diabetes addressing a wide range of topics divided into three sections: Nutrition, Education, and Medications.

## DOWNLOADABLE PDF

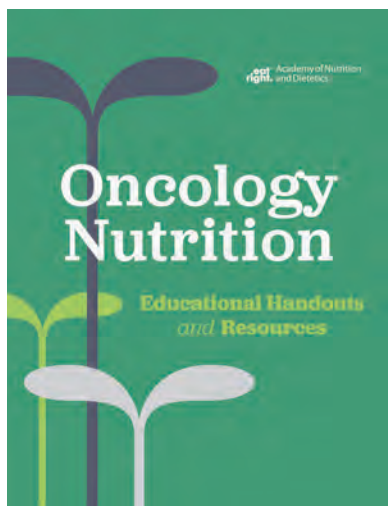
121 PP 8.5" x 11" 2021

\$49.99

**Academy Member: \$39.99**

# Downloadable & Ready-to-Use Resources

Click on book cover to connect to **eatrightSTORE**.



Over 60 handouts provide practical information for patients with cancer on a wide array of topics. These include nutrient- and texture-modified diets, diets for conditions or after surgical procedures, home enteral nutrition, micronutrients, dealing with nutrition impact symptoms, plus there are other handouts for patients, survivors, and caregivers. This title is a companion piece to *Oncology Nutrition for Clinical Practice*.

#### DOWNLOADABLE PDF

155 PP 8.5" x 11" 2021

\$49.99

**Academy Member: \$39.99**



These engaging and informative downloadable handout sets contain practical tips, guidelines, and food lists to use with clients or groups on five subject areas: Cooking Basics, Eating Healthy on a Budget, Healthy Meal Planning and Shopping, Heart-Healthy Eating, and Nutrient Library. Buy each set individually or buy all five as a complete set. Each set includes 15 handouts (2-sided) and a blank page to customize with notes.

#### DOWNLOADABLE PDF

8.5" x 11" 2020

Individual/Complete set: \$28.99/\$99.99

**Academy Member: \$21.99/\$79.99**

## Academy Books Offering CPE

Access these resources today!

Visit [eatrightstore.org/cpe-opportunities/books-with-cpe](https://eatrightstore.org/cpe-opportunities/books-with-cpe).



# Continuing Professional Education & Practice Exams

Keeping pace with the latest developments in food and nutrition science does more than maintain your credential—it deepens your knowledge, elevates your practice, and helps move your career forward. The Academy provides diverse CPE opportunities to support every stage of your professional journey.

## Certificates of Training

These programs deliver robust, in-depth learning on high-impact topics—helping professionals strengthen skills, expand knowledge, and elevate their practice.

Click on each image to go to the **eatrightSTORE** for more details.

- Celiac Disease and Gluten-Related Disorders
- Comprehensive Care for the Older Adult
- Diabetes
- Excelling in the Retail Food Industry
- Foundations of Integrative and Functional Nutrition
- Nutrition in Kidney Disease

## Upcoming Products

- Coaching Skills for Lasting Behavior Change
- Neurodegenerative Diseases



# Continuing Professional Education & Practice Exams

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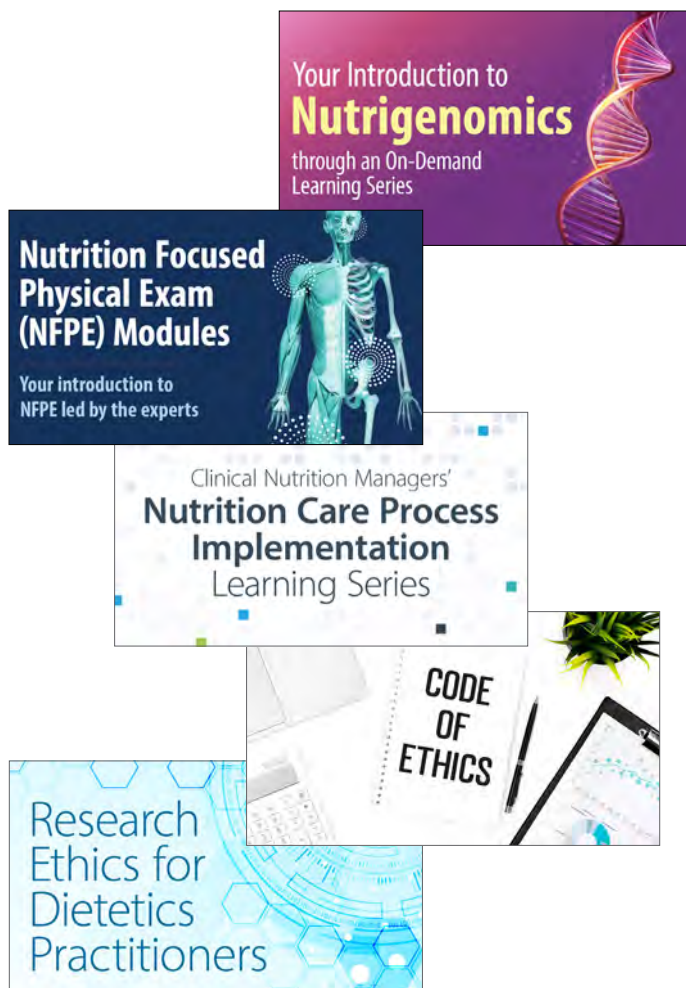
## Learning Series

These educational offerings deliver a structured set of courses focused on a specific topic area, allowing learners to build knowledge progressively while strengthening practical skills and professional competencies.

- Nutrigenomics On-Demand Learning Series
- Nutrition Focused Physical Exam On-Demand Modules
- Clinical Nutrition Managers' Nutrition Care Process Implementation Learning Series
- Research Ethics Training for Dietetic Practitioners

## Case Studies

- Code of Ethics for the Nutrition and Dietetics Profession Case Studies: Modules 1, 2, 3, and 4 (CPE valid until November 9, 2026)



## Microcertificates

Microcertificate programs deliver focused, high-impact learning that helps you build in-demand skills, demonstrate expertise, and stay competitive in a rapidly evolving profession.

- Nutrition in Acute Kidney Injury
- End of Life Nutrition Care



## Upcoming Products

- GLP-1 & Emerging Incretin Therapies
- Diabetes Technology

## Practice Exams\*

These Practice Exams consist of 200+ practice questions, each with answer feedback and references. Learners can complete the questions by exam outline category, theme, or by completing a timed practice exam, which includes a timer and random questions to simulate the certification exam.

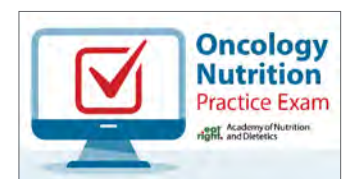
**CPE credit is not available for these programs.**

- Digestive Health Practice Exam
- Oncology Nutrition Practice Exam
- Obesity and Weight Management
- Renal Nutrition

## Upcoming Products

- Pediatric Nutrition and Pediatric Critical Care
- Sports Nutrition

\*Disclaimer: Use of these or any other materials does not imply successful performance on any certification exam, nor is it a requirement to qualify for a specialist certification. The Commission on Dietetic Registration™ (CDR™) is not involved in the development, delivery, or endorsement of such offerings.



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The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving the nation's health and advancing the profession of nutrition and dietetics through research, education and advocacy.