

Academy of Nutrition and Dietetics: Revised 2022 Standards of Practice and Standards of Professional Performance for RDNs (Competent, Proficient, and Expert) in Pediatric Nutrition

What are the Standards of Practice (SOP) and Standards of Professional Performance (SOPP)?

- SOP and SOPP are consensus standards for RDNs to use for professional development and to assure competence.
- The standards provide a guide for self-evaluation; determine education and skills needed for advancing practice levels; and may be used by employer or regulatory agencies to determine competence for credentialed nutrition and dietetics practitioners.

SOP – Direct Care to patient/client/caregiver

- Nutrition Assessment
- Nutrition Diagnosis
- Nutrition Intervention/Plan of Care
- Nutrition Monitoring and Evaluation

SOPP – 6 Domains of Professionalism

- Quality in Practice
- Competence and Accountability
- Provision of Services
- Application of Research
- Communication and Application of Knowledge
- Utilization and Management of Resources



WHAT?

What is a Focus Area?

- A focus area of nutrition and dietetics practice is a defined field of practice that requires specialized knowledge, skills and experience.
- It relates to how a practitioner specializes in a specific area of practice (i.e., diabetes care, pediatric nutrition, sports and human performance nutrition).¹
 - The SOP in Nutrition Care and SOPP for RDNs² serves as the blueprint for the SOP SOPP in Pediatric Nutrition in competent, proficient, and expert levels of practice.



WHEN?

When is a Focus Area SOP SOPP updated?

- Seven-year review process
- Indicated by changes in
 - healthcare and other business segments
 - public health initiatives
 - new research that guides evidence-based practice and best practices
 - consumer interests
 - technological advances
 - emerging practice environments



HOW?

How were the Pediatric Nutrition Standards updated?

The article, indicators, and figures were revised with input and consensus of content experts representing diverse public health and community nutrition practice areas/settings and geographic perspectives.

Reviewed and approved by the Executive Committee of the Pediatric Nutrition Practice Group and the Academy Quality Management Committee.

Sources:

¹ Definition of Terms List. Accessed September 16, 2022. <https://www.eatrightpro.org/practice/scope-and-standards-of-practice>

² Academy of Nutrition and Dietetics. Quality Management Committee. Academy of Nutrition and Dietetics: Revised 2017 Standards of Practice in Nutrition Care and Standards of Professional Performance for Registered Dietitian Nutritionists. J Acad Nutr Diet. 2018;118(1): 132-140.

Pediatric Nutrition

Overview and Application



Person-Centered



Pediatric



Interprofessional



Practice Standards

Overview

- Pediatric nutrition encompasses a broad practice area with RDNs providing care for neonates, infants, children, and adolescents from birth to 21 years across a variety of settings such as health care (acute, outpatient, specialty clinics, home health, long-term care), public health programs, schools and childcare settings.¹
- Pediatric RDNs are crucial members of interprofessional teams to treat diabetes and related disorders, eating disorders and disordered eating, pulmonary conditions, autism and other neurodevelopmental disorders, genetic metabolic disorders, and many other chronic conditions.¹



Role Example – Pediatric hospital inpatient and outpatient practitioner

“A RDN, Certified Specialist in Pediatric Nutrition (CSP) provides care to pediatric patients as a member of the Endocrine Clinic team. The RDN, CSP periodically refers to the SOP and SOPP in Pediatric Nutrition and other relevant focus area Standards such as Nutrition Support and Diabetes Care, for self-assessment, to identify resources and areas for continuing education to advance their practice. The RDN, CSP’s ongoing continuing education activities (eg, literature reviews, webinars, and professional education conferences) enable effective participation in interprofessional team decision-making, contributions to treatment and education plans, and facilitation of referrals to community care providers and programs.”¹

Additional Information

Websites:

- Scope of Practice: <https://www.eatrightpro.org/practice/scope-and-standards-of-practice>
- Standards of Practice: <https://www.eatrightpro.org/practice/scope-and-standards-of-practice>

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- Scope and Standards for RDNs and NDTRs Collection: <https://jandonline.org/content/core>
- Focus Area Standards for CDR Specialist Credentials Collection: <https://jandonline.org/content/credentialed>
- Focus Area Standards for RDNs Collection: <https://jandonline.org/content/focus>

Pediatric Nutrition Dietetic Practice Group: <https://www.pnpg.org/home>

Sources:

¹ Ogata B, Carney L. Academy of Nutrition and Dietetics: Revised 2022 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Pediatric Nutrition. *J Acad Nutr Diet.* 2022; 122 (11): 2134-2149.e50.