NDTR AUTONOMY DECISION TREE

Academy of Nutrition and Dietetics

DOES THIS ACTIVITY PROVIDE DIRECT NUTRITION CARE TO AN INDIVIDUAL?

- **NO.** Work involves population level nutrition services. → Am I competent to perform the activity?
- **YES** → Is this person otherwise healthy?
  - **YES** → NDTR may work autonomously providing publicly available nutrition-related information.
  - **NO** → Must work in RDN-NDTR Team. The RDN is ultimately responsible for work completed by the NDTR when engaged indirect nutrition care to individuals.

Am I competent to perform the activity?

- **YES** → Are there regulations or organizational policies prohibiting NDTRs from performing?
  - **YES** → You may not perform the activity if there are regulatory or organizational impediments.
  - **NO** → You may be able to work autonomously – without direct supervision of an RDN. Verify if any liability insurance is required.
- **NO** → Can I obtain additional education, training to become competent?
  - **YES** → Only perform the activity after your competence has been evaluated and documented.
  - **NO** → You may not perform the activity. Refer to another practitioner.

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