

Common Credentials held by RDNs and NDTRs

Registered Dietitian Nutritionists (RDN) and Nutrition and Dietetic Technicians, Registered (NDTR) expand and elevate their individual practice through education and training. This list consists of additional credentials commonly held by RDNs and NDTRs that may or may not be eligible for CPE units. See the Professional Development Portfolio Guide for a list of credentials approved for CPE units (<https://www.cdrnet.org/PDPGuide>).

This list is not all-inclusive and the credentials listed are not endorsed by CDR. Practitioners should thoroughly evaluate chosen programs to ensure that the education and training provided are appropriate to meet their needs and to determine whether they are eligible.

In this resource, the Academy has chosen to use the term RDN to refer to both registered dietitians (RD) and registered dietitian nutritionists (RDN), and to use the term NDTR to refer to both dietetic technician, registered (DTR) and nutrition and dietetics technician, registered (NDTR).

| Credentialing Agency | Credential | Minimum Requirement |
|---|---|---------------------|
| The Minimum Requirements column provides only the minimum credential or educational eligibility requirement. Additional experience, education, and/or training may be required. | | |
| Commission on Dietetic Registration (CDR) | CDR Board Certified Specialist in: | RDN |
| | <ul style="list-style-type: none"> ● Digestive Health ● Gerontological Nutrition (CSG) ● Oncology Nutrition (CSO) ● Obesity/Weight Management (CSOWM) ● Pediatric Nutrition (CSP) ● Pediatric Critical Care Nutrition (CSPCC) ● Renal Nutrition (CSR) ● Sports Dietetics (CSSD) | |
| Commission on Dietetic Registration (CDR) | Advanced Practitioner Certification in Clinical Nutrition (RD-AP/RDN-AP) | RDN |
| CDR does not endorse specific Credentialing Agencies and/or courses. The following list of common credentials is in alphabetical order and is not all-inclusive. | | |
| American Academy of Professional Coders (AAPC) | Certified Professional Coder (CPC) | None |
| American Association of Family & Consumer Sciences (AAFCS) | <ul style="list-style-type: none"> ● Certified in Family and Consumer Sciences (CFCS) ● Certified Nutrition & Wellness Educator (CNWE) ● Certified in Human Development and Family Studies (CFCS-HDFS) ● Certified in Hospitality, Nutrition, and Food Science (CFCS-HNFS) | Bachelor's |
| American Board of Wound Management (ABWM) | <ul style="list-style-type: none"> ● Certified Wound Care Associate (CWCA) ● Certified Wound Specialist (CWS) | RDN |
| American College of Healthcare Executives (ACHE) | Board Certified as a Fellow of the American College of Healthcare Executives (FACHE) | Advanced Degree |

| Credentialing Agency | Credential | Minimum Requirement |
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| American College of Sports Medicine (ACSM) | <ul style="list-style-type: none"> ACSM Certified Personal Trainer (ACSM-CPT) ACSM Certified Group Exercise Instructor (ACSM-GEI) | High School or Equivalent |
| | <ul style="list-style-type: none"> ACSM Certified Exercise Physiologist (ACSM-EP) ACSM Certified Clinical Exercise Physiologists (ACSM-CEP) | Bachelor's |
| American Council on Exercise (ACE) | <ul style="list-style-type: none"> ACE-Certified Personal Trainer ACE-Certified Group Fitness Instructor | High School or Equivalent |
| | ACE-Certified Health Coach | Varies |
| | ACE-Certified Medical Exercise Specialist | Bachelor's |
| American Culinary Federation (ACF) | Certified Fundamentals Cook (CFC) | High School or Equivalent |
| | <ul style="list-style-type: none"> Certified Culinary Educator (CCE) Certified Secondary Culinary Educator (CSCE) | Bachelor's |
| American Institute of Health Care Professionals (AIHCP) | Health Care Life Coach-Certified (HCLC-C) | Associate |
| Certification Board for Diabetes Care and Education (CBDCE) | Certified Diabetes Care and Education Specialist (CDCES) (Formerly Certified Diabetes Educator [CDE]) | RDN |
| Association of Diabetes Care & Education Specialists (ADCES) | Board Certified in Advanced Diabetes Management (BC-ADM) | RDN plus Master's |
| Certifying Board for Dietary Managers (CBDM); Association of Nutrition & Foodservice Professionals (ANFP) | Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) | Associate |
| Commission for Case Manager Certification (CCMC) | Board Certified Case Manager (CCM) | Bachelor's |
| Institute of Food Technologists (IFT) | Certified Food Scientist (CFS) | Bachelor's |
| International Association of Eating Disorders Professionals Foundation (iaedp) | <ul style="list-style-type: none"> Certified Eating Disorder Specialist (CEDs) (For RDNs, formerly CEDRD) Certified Eating Disorder Specialist Consultant (CEDs-C) | RDN |
| International Board of Lactation Consultant Examiners (IBLCE) | International Board-Certified Lactation Consultant (IBCLC) | Bachelor's |
| National Academy of Certified Care Managers (NACCM) | Care Manager Certified (CMC) | Associate |

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| National Academy of Sports Medicine (NASM) | Certified Personal Trainer (NASM-CPT) | High School or Equivalent |
| National Alliance of Wound Care and Ostomy (NAWCO) | Nutrition Wound Care Certified (NWCC) | RDN |
| National Association for Healthcare Quality (NAHQ) | Certified Professional in Healthcare Quality (CPHQ) | None |
| National Board for Health and Wellness Coaching (NBHWC) | National Board-Certified Health & Wellness Coach (NBC-HWC) | Associate |
| National Board of Nutrition Support Certification (NBNSC) | Certified Nutrition Support Clinician (CNSC) | RDN |
| National Commission for Health Education Credentialing, Inc. (NCHEC) | Certified Health Education Specialist (CHES®) | Bachelor's |
| National Council on Strength and Fitness (NCSF) | Certified Personal Trainer (NCSF-CPT) | High School or Equivalent |
| | Certified Professional-Food Safety (CP-FS) | Varies |
| National Environmental Health Association (NEHA) | Registered Environmental Health Specialist/Registered Sanitarian (REHS/RS) | Bachelor's |
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| National Exercise and Sports Trainers Associations (NESTA) | Personal Fitness Trainer | High School or Equivalent |
| National Strength and Conditioning Association (NSCA) | NSCA-Certified Personal Trainer (NSCA-CPT®) | High School or Equivalent |
| | NSCA-Certified Strength/Conditioning Specialist (CSCS) | Bachelor's |
| | Certified Performance and Sport Scientist (CPSS) | |
| | Certified Special Population Specialist (CSPS) | RDN |
| North American Association of Food Equipment Manufacturers (NAFEM) | Certified Foodservice Professional (CFSP) | None |
| North American Transplant Coordinators Organization (NATCO) | Certified Clinical Transplant Dietitian (CCTD) | RDN |
| Project Management Institute (PMI) | <ul style="list-style-type: none"> • Certified Associate in Project Management (CAPM) • Project Management Professional (PMP) | Varies |
| School Nutrition Association (SNA), Certificate and Credentialing Governing Council | School Nutrition Specialist (SNS) | Associate |