

Quality Time

Beyond the Shelf: Creating Healthy, Resilient Food Pantries

September 30, 2026

Quality Time Sessions

- Brought to you by the Academy's Quality Management Committee
- September – November – January – March – May
- 45-minute discussion, with a 15-minute presentation and 30-minute interaction between presenters and participants
- Sessions Learning Objectives:
 - Apply quality management and process improvement concepts to nutrition and dietetics practice through case-based examples
 - Analyze real-world quality improvement challenges to identify relevant tools, measures, stakeholders, and opportunities for improvement
 - Discuss quality management and process improvement strategies with subject matter experts to identify practical applications for nutrition and dietetics practice settings

Sessions do not provide prior-approved CPEUs

- If a practitioner believes the session meets core content criteria and the CDR CPEU Prior Approved Eligible Live (Activity Type 173) definition, they can choose to log time in session as such in their PDP
 - One (1) hour of live training is equal to one (1) CPEU
 - In the case of audit, a certificate of completion and/or agenda is required
- It is the responsibility of the practitioner to determine if a non-CDR CPEU prior approved live synchronous learning activity meets CDR's Core Content Criteria and the Activity Type 173 CDR CPEU Eligible Live definition
 - Practitioners can also direct questions related to CPEU eligibility to pdp@eatright.org

Moderator and Subject Matter Experts



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Disclosures

- Tamaire (Tammy) Ojeda
 - Member, measure steward team for CMS986, the Malnutrition Care Score
 - Employee, Academy of Nutrition and Dietetics
- Dana Mitchel
 - Employee, LowCountry Food Bank
 - Member, South Carolina Academy of Nutrition and Dietetics
- Rickeya Feggans
 - Employee, Feeding America National Office
 - Committee Member, Academy's Committee for Lifelong Learning
 - Citizen Commissioner, State of Virginia's Commission to End Hunger
 - Member, Virginia Academy of Nutrition and Dietetics



Food Access Today: Moving from Traditional Roles to Transformative Partnership

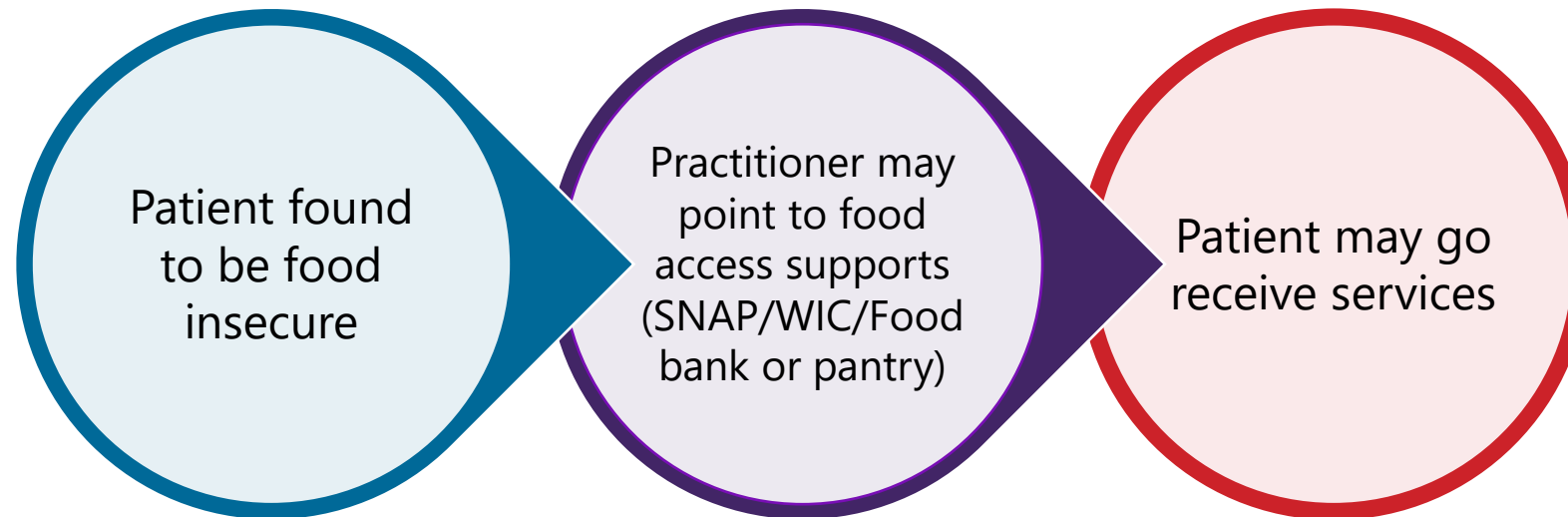


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Typical Workflow for Addressing Food Insecurity



All of this happens *to* the neighbor or patient, not *in partnership with* the patient or neighbor

Today's North Star

Pointing in the direction of
food access



Partnering with neighbors and
community organizations to create
seamless, ongoing access to
nutritious foods and services

Help to create a
continuum of care for
healthy food access

Adapt to community
and neighbor needs,
data, and partnerships
to improve over time

Resilience means having a cohesive continuum of care
feedback loop with neighbors at the center

What Is Meant by Food Bank, Food Pantry, and Neighbor?

Food Bank

A regional hub that sources, purchases, receives, stores, and distributes food at scale to food pantries, meal programs, and other community partners; may also provide support with technology, programming, and capacity building.

May have direct programming and distribution to neighbors via mobile distribution, food bank staffed pantries, special pop-up distributions, and other programming.

Food Pantry

A community-based organization, location, or mobile program that provides food and additional services and supports directly to neighbors and their families.

Neighbors: People or patients experiencing food and/or nutrition insecurity

Capacities of Resilient Healthy Pantry Networks

- 1 Access:** convenient hours, location, delivery, language, healthy, preferred, culturally affirming food options and services
- 2 Partnerships:** reliable referral pathways, shared problem-solving, diverse pantries and staffing, and community support
- 3 Learning:** neighbor and community voice, strong feedback loops, and continuous improvement based on needs

Every Practice Area Has a Role

Guide

Screen and refer

Volunteer or consult

Develop and provide practical education

Support food safety

Build

Train teams and students

Strengthen sourcing and inventory

Improve operations and feedback loops

Conduct or translate research

Connect + Influence

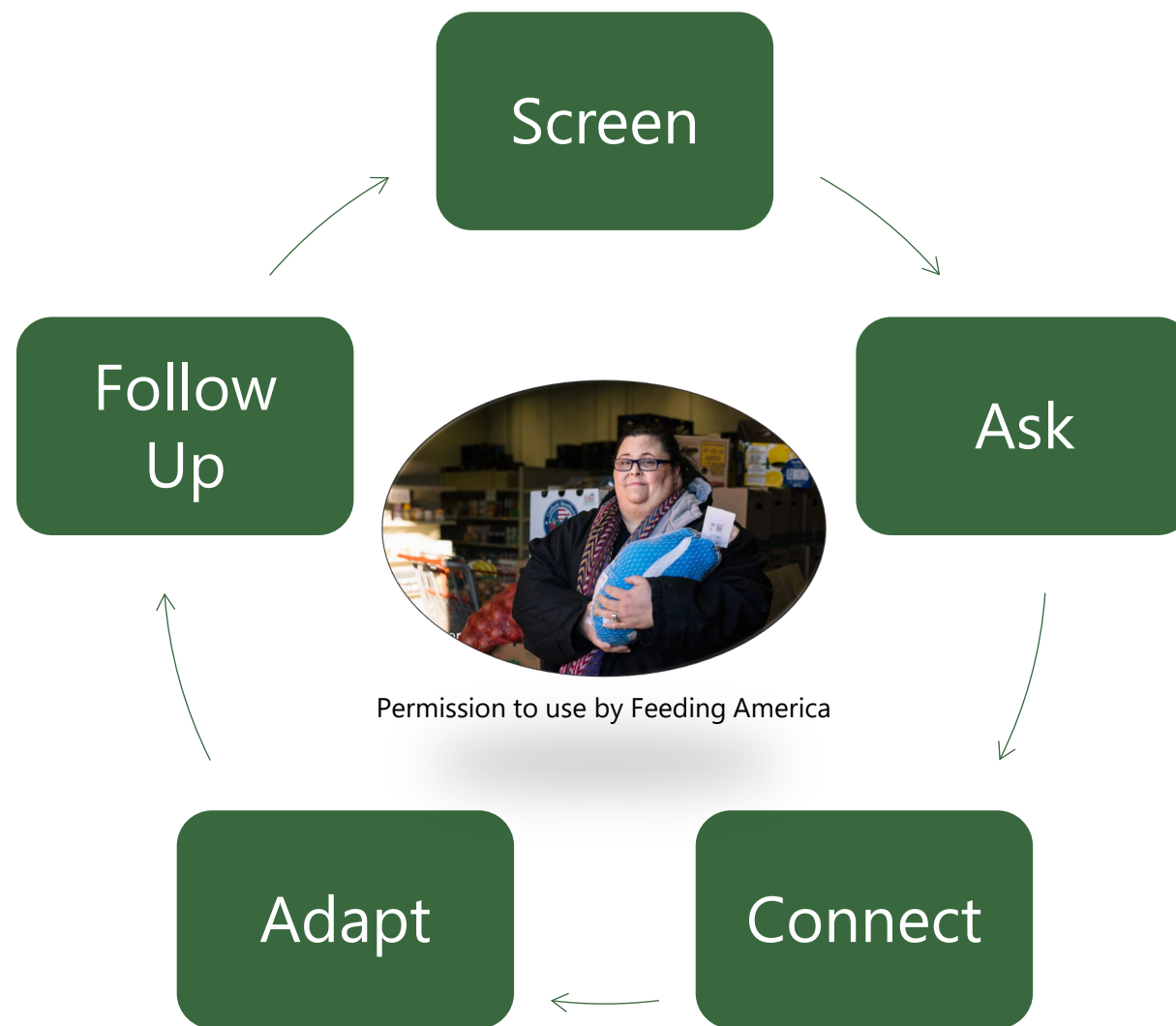
Design or advocate for partnerships

Shape policies and systems

Advise pantry staff and volunteers

Help align funding, data, and neighbor voice

Practical Application: Food Insecurity Screening Workflow



Practical Application: Discussions with Pantry Staff

Four questions to ask before offering solutions:

What are neighbors asking for?

What are challenges you're facing?

What is working well?

What is most useful now?

Remember, your expertise does not trump neighbor, community, and pantry staff lived experience. You should be co-creating, not replacing.



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Action Steps

In 30-60 Days

In 60+ Days

Explore

Learn more about food access organizations in your community, food insecurity screening workflows at your organization, and the state of food and nutrition insecurity in your area.

Experience

Volunteer at your local food pantry.

Engage

Advocate for partnerships between your organization and food access organizations in your community, talk to pantry leaders and neighbors to learn more, and continue to build trust so you can lend your expertise.

Think About These

What role could you play in strengthening the pantry network in your community?

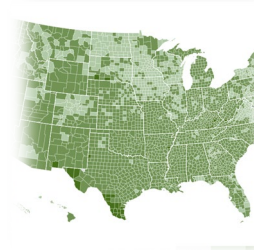
What would a strong pantry partnership look like in your setting?



Resources to Support Your Community



Find a local food bank
[https://www.feedingamerica.org/
find-your-local-foodbank](https://www.feedingamerica.org/find-your-local-foodbank)



Food insecurity stats by State,
County, or Food Bank
[Hunger & Poverty in the United States |
Map the Meal Gap](#)

Medically Tailored Groceries Nutrition Standards for Community-Based Organizations
[Medically Tailored Groceries Nutrition Standards for Community Based Organizations.pdf](#)



Ensure Dignity While
Screening Video (YouTube)
[www.youtube.com/watch?v=8yz1
D96AczU&list=PLK5KQ4F6Eno5d
Y2FJ4T5J7T2CWpSYW7Xw&index
=2](https://www.youtube.com/watch?v=8yz1D96AczU&list=PLK5KQ4F6Eno5dY2FJ4T5J7T2CWpSYW7Xw&index=2)



Incorporating Food Insecurity
Screening Video (YouTube)
[www.youtube.com/watch?v=euZL8
rDaFD8&list=PLK5KQ4F6Eno5dY2F
J4T5J7T2CWpSYW7Xw&index=2](https://www.youtube.com/watch?v=euZL8rDaFD8&list=PLK5KQ4F6Eno5dY2FJ4T5J7T2CWpSYW7Xw&index=2)

Let's Talk!

Thank You!

Visit our website
www.eatrightPRO.org/practice/quality-care



Comments or questions
quality@eatright.org

