



Registered Dietitian Nutritionists

Optimizing Health through Food and Nutrition

Registered dietitian nutritionists (RDNs) are nutrition and dietetics professionals who translate the science of nutrition into practical solutions for healthy living. Working in a number of practice settings, RDNs advance the nutritional status of their patients and clients.



Expertise

RDNs receive extensive training that combines academic preparation with hands-on, practical patient experience.

They must complete a minimum of a bachelor's degree, participate in an accredited practice program involving direct patient interaction, and pass a national registration exam. RDNs are also required to complete continuing professional education to maintain their credential. In addition:

- Over **half of RDNs hold a graduate degree** (52% Master's and 4% Doctoral)
- **24% of RDNs indicated holding one or more specialty certifications**

Source: Compensation and Benefits Survey of the Dietetics Profession, 2021



Improved Outcomes

Medical Nutrition Therapy (MNT) works. Registered Dietitian Nutritionists (RDNs) and other nutrition professionals, know that providing safe, timely, and effective nutrition care is essential to not only treating and managing many chronic disease and conditions, but it is also a crucial component of preventative care.

Improved health outcomes using medical nutrition therapy (MNT) have been published in dyslipidemia, adult weight management, celiac disease, cystic fibrosis, and chronic kidney disease.

Source: Academy of Nutrition and Dietetics Evidence Analysis Library® www.andeal.org



Trust

Physicians, clients, patients, industry and government agencies value and trust the contributions of RDNs.

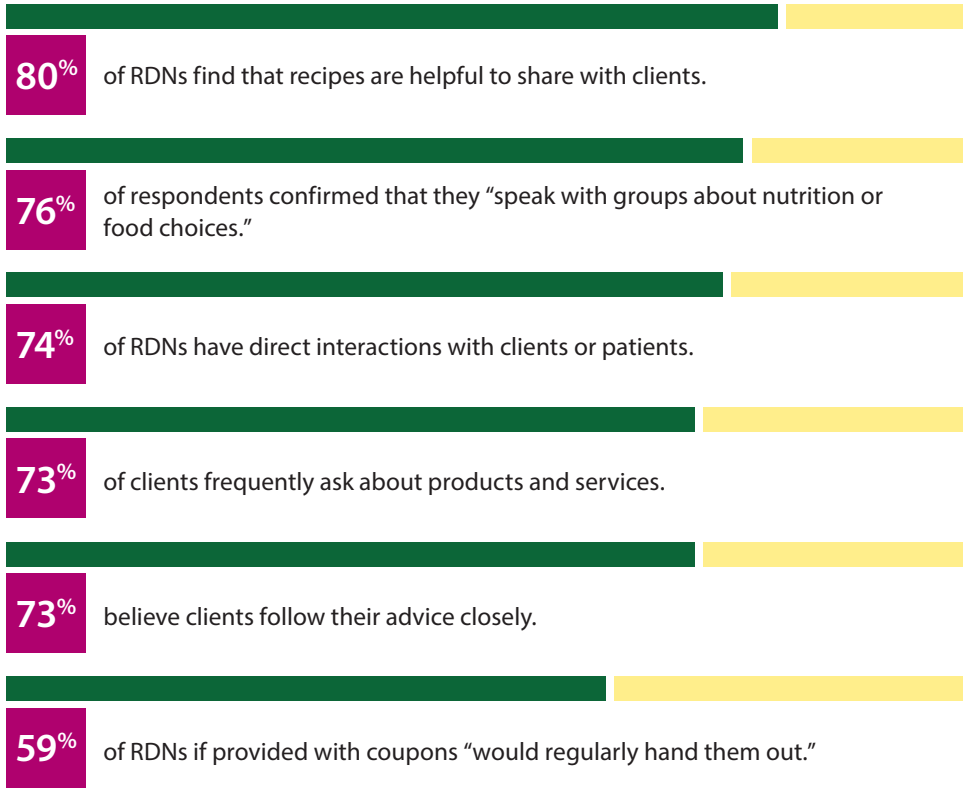
- Over **85% of RDNs have direct interaction** with clients or patients.
- **70% indicated that RDNs are the most trusted source for information** about what types of food to eat.
- **73% of RDNs believe their clients follow their advice closely.**

Source: Academy RDN Reach and Influencer Survey 2021

RDNs are Influential

Registered dietitian nutritionists are everywhere and touch the lives of many. A recent survey from the Academy estimates that RDNs have approximately **260 million contacts*** with clients and patients per year. RDNs are a major influence in purchasing, recommending and specifying products and services.

**From 2021 Academy RDN Influence and Reach Survey.*

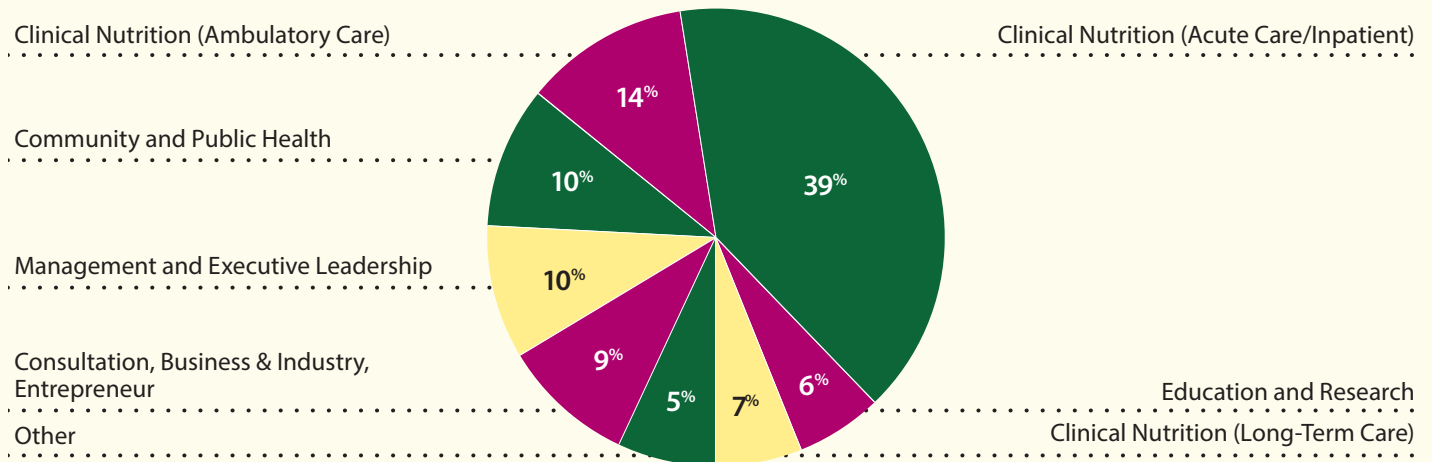


Source: Academy RDN Reach and Influence Survey 2021

22% of RDNs reported managing a median budget size of **\$325,000**. About **9%** of RDNs report managing budgets of **\$500,000** or more.

Source: Compensation and Benefits Survey of the Dietetics Profession 2021

Practice Area of Primary Position



Source: Compensation and Benefits Survey of the Dietetics Profession 2021