

FNCE® 2025

Food & Nutrition Conference & Expo®

Nashville, TN | October 11-14

FEED YOUR PASSION

Logging Continuing Professional Education Units

Logging your CPE credits from FNCE® has never been easier. Simply record FNCE® sessions as **one single activity entry** using activity number **189740**. Record poster sessions using activity number **189761**.

Attendees of FNCE® 2025 can earn up to **19.5 hours** of live session credit (based on the schedule of events). A certificate template will be available in the FNCE® mobile app, and a copy will also be emailed to you after the conference.

Badges

Badges must be worn at all FNCE® events.

Wi-Fi

Access Wi-Fi by connecting to the **"MCC WIFI"** network.



Mobile App

Find the full program, schedule, maps, sessions handouts and much more. Available on the App Store (Apple) or Play Store (Android).

Staff Assistance

If you need special assistance or have an emergency, find any Academy staff member wearing the staff lanyard.

Saturday Schedule

Opening Session

Food DNA: Finding My Roots Through Food with Carla Hall

3:00 PM - 4:30 PM CT

Location: Grand Ballroom BC

Welcome Party

5 – 6:30 PM CT

Location: Music City Center,
Hall C (3rd Floor)

Join the conversation! Get social
using the official conference
hashtag **#FNCE**.

FNCE® Sessions

Sunday, October 12

eat right. Academy of Nutrition and Dietetics

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Room	8:00 a.m. – 9:00 a.m.	9:30 a.m. – 11:00 a.m.	1:00 p.m. – 2:30 p.m.	3:00 p.m. – 4:30 p.m.
Grand Ballroom BC	PCOS Meets Menopause: Nutrition Strategies for Midlife Metabolic Health <i>Planned with the Committee for Lifelong Learning</i>	The GLP-1 Effect: Understanding Consumer Behavior Shifts and Their Impact on Food, Nutrition, and Innovation	Weighing the Opportunities: Optimizing Obesity Treatment for Healthy Aging <i>Planned with the Committee for Lifelong Learning</i>	Navigating Nutrition, Diet and Social Media Trends for the GLP-1 Patient
Grand Ballroom A	Expanding the RDN Skillset in Diabetes Care: The Complexity of Diabetes Distress and Implications for Medical Nutrition Therapy <i>Planned by the Association of Diabetes Care and Education Specialists</i>	New Consumer Research on Food as Medicine: The Power of RDNs in Driving Healthful Changes <i>Planned with the Food and Culinary Dietetic Practice Group</i>	Building Evidence to Understand Ultra-Processed Foods: Advancing the Science for the Next Dietary Guidelines Advisory Committee <i>Planned with the Institute for the Advancement of Food and Nutrition Sciences and the Institute for Food Technologists</i>	Ketogenic Diets are Evidence-Based Therapies for Neurologic, Endocrine and Psychiatric Disorders. Are You Ready for These Referrals?
Davidson Ballroom A	Chronic Disease in LGBTQIA+ Populations: A Continued Narrative on Health Disparities and Needed Research	Ignite IDEA: The Influence of Leadership on Work Culture and Career Development <i>Planned with the Clinical Nutrition Management Dietetic Practice Group</i>	Creating a Collaboration Between Historically Black Colleges and Universities and the Academy of Nutrition and Dietetics to Increase Diversity and Inclusion <i>Planned with the National Organization of Blacks in Dietetics and Nutrition Member Interest Group</i>	Enhancing Nutrition Through Cultural Adaptation: Perspectives and Realities in AAPI, Black, Latino, and South Asian Indian Communities
Davidson Ballroom B	School Share Table Success: Strategies for Food Safety, Feasibility, Launch and Maintenance	The Road Ahead: Operationalizing the Dietitian Licensure Compact <i>Planned with the Academy's Policy, Initiatives and Advocacy Team</i>	Turn Nutrition Services into Profit: Essential Billing and Coding Strategies for RDNs <i>Planned with the Academy's Policy, Initiatives and Advocacy Team</i>	The Power of the Interdisciplinary Team in Addressing Food and Nutrition Security — Better Together!
Davidson Ballroom C	The First Five Years: Bridging the Gap Between Graduation and Real-World Practice <i>Planned with the Committee for Lifelong Learning</i>	Invisible Battles: Understanding the Intersectionality of Masculinity and Men's Relationship with Food and Their Body	Beyond the Surface: Understanding and Treating Co-Occurring OCD and Eating Disorders in Clinical Practice	Level Up Your Career: Build Your Roadmap to Executive Leadership in Dietetics <i>Planned with the Committee for Lifelong Learning</i>
Room 101	Trendspotting in a Changing Foodscape: What's New and Next	What's In Your Fuel Kit? Interpretation and Practical Application of Data from Wearable Technology <i>Planned with the Committee for Lifelong Learning</i>	An Interdisciplinary and Evidence-Based Guide to Supporting a Woman's Recovery During the Postpartum Period	Nutrition and Pelvic Health: Dietitian-Physical Therapist Collaboration for Optimal Patient Outcomes
Room 103	Empathy in Action: Enhancing Teaching Practices for RDNs and Preceptors	Nutrition in the Era of Highly Effective Modulator Therapy for Cystic Fibrosis <i>Planned with the Committee for Lifelong Learning</i>	Building Bridges of Trust: Nutrition-Focused Consumer Insights from the 2025 IFIC Food and Health Survey	Remote Patient Monitoring in Pediatrics: Implementation and Impact on Outcomes <i>Planned with the Committee for Lifelong Learning</i>
Room 104	Strategic Nutrition Messaging: How Data and Analytics Can Amplify Your Impact	The New SEO: How AI and Social Media are Redefining Visibility <i>Planned with the Committee for Lifelong Learning</i>	Protein Needs in CKD: Balancing Guidelines for Low vs. Higher Protein Diets <i>Planned with the Renal Dietitians Practice Group</i>	Diagnosing Malnutrition in Complex Disease States <i>Planned with the Dietitians in Nutrition Support Dietetic Practice Group</i>
Room 202	Elevating and Enhancing Future Practice for NDTRs: Envisioning the Top Scope of Practice	Immigrants, Refugees and Migrant Workers in the United States: How Nutrition and Dietetic Professionals Are Building Better Food Banks to End Hunger and Food Insecurity <i>Planned with the Global Member Interest Group</i>	Checks and Balances: Unbiased Input and Independent Decision Making in AI Facilitated Adolescent Nutrition Assessment <i>Planned with the Nutrition Informatics Dietetic Practice Group</i>	Advocacy in Action: Expanding MNT Access and Payment through Real-World Successes
Room 207	Using Your Uniqueness to Thrive in Sports Dietetics	Wound Healing through a Multidisciplinary Lens: Nutrition, Intervention, and Care Strategies	Short Bowel Syndrome and Ostomy Care: Collaborative Strategies for Better Outcomes	Beyond the 6%: Why Male Representation in Dietetics Matters to All of Us
Expo Hall	Exhibits: 9:00 a.m. – 3:30 p.m. Posters: Topics: Clinical Care; Education and Counseling; Ethics and Professionalism (Authors present from 11:45 a.m. – 1:15 p.m.)			

FNCE® Sessions

Monday, October 13

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Room	8:00 a.m. – 9:00 a.m.	10:00 a.m. – 11:30 a.m.	1:30 p.m. – 3:00 p.m.	3:30 p.m. – 5:00 p.m.
Grand Ballroom BC	The Dietitian's Dilemma: Ethically Navigating the Wellness Industry and Marketing with Evidence-Based Nutrition	Hot Topics in Nutrition: Hard Truths Behind the Hype Planned with the Committee for Lifelong Learning	Mission in Motion: Cultivating Creativity for a Happier Life and a More Impactful Career with Ellie Krieger	
Grand Ballroom A	Embracing Overlooked and Underloved Foods for Health of People and the Planet	Applying an Integrative Lens: Functional Medicine Meets Medical Nutrition Therapy for Comprehensive Patient Care Planned with the Dietitians in Integrative and Functional Medicine Dietetic Practice Group		Multidisciplinary Insights into Constipation: Dietitian and Physician Approaches for Adults
Davidson Ballroom A	Transforming Healthcare with New Codes: Food as Medicine Interventions in Clinical Practice	Building a Resilient Workforce: Strategies for RDN/NDTR Retention and Engagement		Find Your Purpose in Dietetics to Unlock Your Unique Path
Davidson Ballroom B	End-of-Life Nutrition: Dietitian Advancement Through Bioethics and Multidisciplinary Collaboration	Muddy Waters: Navigating Coexisting ADHD and Eating Disorders from a Psychological and Nutrition Perspective		The Power of Preceptors: Strategies for Engagement, Leadership, and Collaboration in Dietetics Training
Davidson Ballroom C	From Clients to Community: Building a Sustainable Subscription-Based Business as a Dietitian	The Future of Kidney Transplants: Advancing Science, Support, and Nutrition Care Planned with the Committee for Lifelong Learning		From Kitchen to Clinic: Addressing Cross-Contact, Dining Challenges, and Myths in Celiac Disease
Room 101	Positive Parenting and Nutrition Strategies to Optimize Pediatric Health and Wellbeing	Empowering Dietitians in the Management of Obesity Medications Planned with the Weight Management Dietetic Practice Group		A Multidisciplinary Approach to Supporting Pregnant and Postpartum Bodies: How Food, Body Image, and Mental Health Intertwine
Room 103	Exploring Food Behaviors, Diet Quality, and Nutrition Counseling among Adults with Traumatic Brain Injury Planned with the Disabilities in Nutrition and Dietetics Member Interest Group	Artificial Intelligence in Nutrition Research: Showcasing Collaborations Between Dietitians and Tech Experts Planned with the Research Dietetic Practice Group		A Healthy Supply Chain: Cultural and Operational Innovations Planned with the Committee for Lifelong Learning
Room 104	Unveiling Malnutrition Risk: Essential Screening and Clinical Recommendations for Oncology Patients Planned with the Oncology Nutrition Dietetic Practice Group	Beyond the Gym: Unlocking the Full Potential of Creatine for Health and Wellbeing Planned with the Committee for Lifelong Learning		Advancing Type 2 Diabetes Management with Plant-Based Diets: Fresh Evidence, Cultural Insights, and Practical Strategies Co-Planned with the Diabetes and Vegetarian Nutrition Dietetic Practice Groups
Room 202	Revitalizing Rural Food Systems: Using Farm-Based Nutrition Education to Restore Health and Sustainability	2025 Wimpfheimer-Guggenheim International Lecture: Putting Global Child School Nutrition on the Map, Literally		From Pilot to Policy: Late-Breaking Updates on Food as Medicine and Medicaid Integration
Room 207	Impact of State-Wide Universal Free School Meal Policies Planned with the School Nutrition Services Dietetic Practice Group	Expanding the Menu: The Power of Underutilized Foods in a Changing Climate		2025 Distinguished Lecture: The Overlooked Patient: Advanced Approaches to Address Sarcopenia and Malnutrition
Expo Hall	Posters: Topics: Business, Industry and Product Development and Marketing; Communications; Food, Nutrition and Dietetics, and Physical Activity; Organizational Management; Quality Management; Research and Scholarship (Authors present from 11:45 a.m. – 1:15 p.m.)			
	Exhibits: 9:00 a.m. – 3:30 p.m.			

FNCE® Sessions

Tuesday, October 14

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and Dietetics

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Room	8:00 a.m. – 9:30 a.m.	10:00 a.m. – 11:00 a.m.	Noon – 1:30 p.m.	2:00 p.m. – 3:00 p.m.
Grand Ballroom BC	Built for Flavor: Culinary Strategies Every Dietitian Should Know <i>Planned with the Committee for Lifelong Learning</i>	Laugh, Cook, Absorb: The Science (and Comedy) of Enhancing Nutrient Bioavailability		Closing Session – On the Record: Andy Cohen on Communication, Branding, and Authenticity
Grand Ballroom A	Consumer Food Choice: Risk Versus Reward <i>Planned with the Committee for Lifelong Learning</i>	Balancing Science, Access, and Ethics in the Age of Personalized Nutrition <i>Planned with the Academy's Ethics Committee</i>	Navigating the MAHA Movement: Real World Impact <i>Planned with the Academy's Policy, Initiatives and Advocacy Team</i>	
Davidson Ballroom A	Healing Through Nutrition: Functional Strategies for Substance Use Recovery <i>Planned with the Behavioral Health Nutrition Dietetic Practice Group</i>	Is It All on the Screen? Delivering Effective Treatment of Eating Disorders via Telehealth and Technology	Beyond the Stage: Interdisciplinary Care for the Mental, Nutritional, and Physical Well-Being of Performing Artists <i>Planned with the Sports and Human Performance Dietetic Practice Group</i>	
Davidson Ballroom B	The Future of Dietetics: Workforce Trends, Predictions, and Career Impacts	Trends on the Tray: How Trends Watching Can Shape Meal Planning Innovation	From Pixels to Prognosis: Panel Discussion on the Registered Dietitian's Role in CT-Based Malnutrition Assessment	
Davidson Ballroom C	Treating the Trifecta: Mast Cell Disease, Hypermobility Ehlers-Danlos Syndrome and Postural Orthostatic Tachycardia Syndrome	Empowering Dietitians in Value-Based Care: Foundations and Career Pathways <i>Planned with the Academy's Policy, Initiatives and Advocacy Team</i>	Nutrition's Role in Preventing Preterm Birth	
Room 101	Artificial Intelligence in Nutrition Education: Navigating the Future of Learning <i>Planned with the Nutrition Educators of Health Professionals Dietetic Practice Group</i>	Addressing the Interconnection Between Maternal Health, Mental Health, and Food Insecurity: A Holistic Approach to Public Health and Community Nutrition <i>Planned with the Public Health/Community Nutrition Dietetic Practice Group</i>	Arsenic, Mercury and Lead, Oh My: The Public Health Implications of Heavy Metals in Our Food Supply	
Room 103	Interprofessional Strategies for Managing Diabetes in Adults with Developmental Disabilities	Mentorship in Action: Breaking Barriers and Advancing Diversity in Nutrition Research and Dietetics	Reimagining Our Role: NDTRs as Leaders in Nutrition and Technology Integration	
Room 104	Balancing Act: Navigating Patient Goals and Health-First Approaches in Weight Care	From Misunderstood to Mission-Critical: Elevating Dietitian Influence Across Industries	Quality of Life: The Critical Role of Nutrition and Wellness Programs in Post-Acute Long-Term Care <i>Planned with the Dietetics in Healthcare Communities Dietetic Practice Group</i>	
Room 207	Charting The Path Ahead: Implementing an Upstream Approach to Tackle Health and Equity Challenges	Emerging Endoscopic Bariatric and Metabolic Therapies and the Essential Role of the RDN	Leveraging Social Media Data to Drive Impact in Dietetics Education	
Expo Hall	Exhibits: 9:00 a.m. – 1:00 p.m. Posters: Topics: Community, Population, and Global Health; Critical Thinking and Decision Making; Leadership and Advocacy; Foodservice Systems Management; Informatics (Authors present from 11:00 a.m. – 12:30 p.m.)			