

## OPENING SESSION: TRANSPARENCY REVOLUTION - THE FUTURE OF HEALTHCARE

Marty Makary, MD | 4 p.m. – 6 p.m. | Hall C | CDR Activity Number: 149362

### SESSIONS AT-A-GLANCE

Use the three-digit session number to quick-search our Program for session details.

116. Member Showcase: Wolfpack - Leading to Win

#149525

This six-digit number is the CDR activity number.

### LOGGING CONTINUING PROFESSIONAL EDUCATION UNITS

- Log each session individually under Activity Type 170 – Lecture/Seminar.
- Suggested Learning Need Codes (LNCs) and Performance Indicators (PIs) for each session are listed in the FNCE<sup>®</sup> online program. Visit [eatrightfnce.org/program](http://eatrightfnce.org/program) for more information.
- CPE certificates are available at [eatrightfnce.org](http://eatrightfnce.org).

### SESSION OVERFLOW

Rooms 122AB and 202AB are dedicated overflow rooms, which will broadcast sessions that have reached attendance capacity.

*Allow notifications on the FNCE<sup>®</sup> mobile app to receive overflow alerts.*

***Join the conversation! Get social using the official conference hashtag #FNCE!***

**Sunday, October 27<sup>th</sup> (Philadelphia, Pennsylvania)**

Session room	8:00 a.m. – 9:30 a.m.	10:00 a.m. – 11:30 a.m.	1:30 p.m. – 3:00 p.m.	3:30 p.m. – 5:00 p.m.
<b>Hall C</b>	137. Best of the Rest: Improving Health Through Better Sleep <i>Planned with the Committee for Lifelong Learning</i> #150333	209. When in Rome: Developing Criteria for Brain-Gut Gastrointestinal Disorders #149402	186. Beyond BRAT: Tailored Diet Interventions for Chronic Diarrhea #149422	129. The Effects of a Ketogenic Diet on Exercise Metabolism During Endurance Performance <i>Planned with the Committee for Lifelong Learning</i> #150932
<b>Terrace Ballroom I/II</b>	304. Influencing Leadership and Inspiring Change at Every Career Stage <i>Planned with the Clinical Nutrition Management Dietetic Practice Group</i> #149370	132. Protein Timing: Is There an Anabolic Window of Opportunity? <i>Planned with the Committee for Lifelong Learning</i> #149573	141. CBD Is Everywhere! Navigating the MNT and Its Role in the Marketplace <i>Planned with the Committee for Lifelong Learning</i> #149432	416. Precision Nutrition: Leveraging the Gut Microbiome and Metabolic Phenotyping #149437
<b>Terrace Ballroom III/IV</b>	187. Cutting-Edge Therapies for Small Intestinal Bacterial Overgrowth: From Risky Business to Evidence-Based Practice <i>Planned with the Medical Nutrition Practice Group</i> #149377	150. 2019 Lenna Frances Cooper Memorial Lecture: Redefining Aging and Embracing Longevity - Nutrition Opportunities Abound #149396	142. The Brain's Influence on Eating Disorders: Combining Neurobiology with Nutrition <i>Planned with the Committee for Lifelong Learning</i> #149576	127. Yours, Mine and Ours: A Conversation About Body Image <i>Planned with the Committee for Lifelong Learning</i> #149453
<b>Grand Ballroom A</b>	191. Exercise in Eating Disorder Treatment: Misconceptions, Evidence and Future Directions #149373	146. Whose Guideline Is It Anyway? A Stakeholders' Review of the Development of the Dietary Guidelines for Americans <i>Planned with the Academy of Nutrition and Dietetics' Collaborative on the DGAs</i> #149571	339. Transformational Leadership: Maximize Your Influence Capacity #149417	189. Navigating the Maze of Complex GI Cases #149441
<b>Grand Ballroom B</b>	140. Let's Talk Diabetes: Collaborations Across Organizations to Evolve Practice, Improve Care #149366	342. Forging New Career Paths: The RDN's Role in Associations #149412	119. 2019 Presidents' Lecture: Solutions to Meet the United Nations Sustainable Nutrition Goals #150934	401. Bottoms Up: Helping Parents Make the Best-Informed Child Hydration Decisions #149448
<b>113-ABC</b>	238. Pathways to a Doctorate: Turning Dreams into Reality #149379	229. No Stone Unturned: Kidney Stone Prevention One Bite at a Time <i>Planned with the Renal Dietitians Practice Group</i> #149397	216. Glucose Gone Wild: Glycemic Challenges Surrounding Metabolic Surgery #149426	124. Collaborating for Consistency: Best Practices for Implementing the IDDSI Framework <i>Planned with the Committee for Lifelong Learning and the Academy's IDDSI Task Force</i> #149673
<b>114-Lecture Hall</b>	174. Waste? Not! How Culinary Labs Are Reimagining Food Waste <i>Planned with the Committee for Lifelong Learning (8:00 a.m. – 9:00 a.m.)</i> #151522		130. Career Essential: Create and Build Your Personal Brand <i>Planned with the Committee for Lifelong Learning (1:30 p.m. – 2:30 p.m.)</i> #149415	139. CRISPR 101: Starting the Conversation About Gene Editing <i>Planned with the Committee for Lifelong Learning (3:30 p.m. – 4:30 p.m.)</i> #149451
<b>115-ABC</b>	400. Nutrition for Generation Me: Designing Services That Meet Millennial Needs #149360	413. Move Over Millennials: What Generation Z Expects from Dietetics Education #149411	121. Clinical Applications of Sport Supplements <i>Planned with the Committee for Lifelong Learning</i> #150936	323. Advancing the Profession in Real Time: An Interactive Preview of Academy Research Priorities #149445
<b>118-ABC</b>	166. Refine Dining: Improving Menus via Public-Private Partnerships <i>Planned with the Dietitians in Business and Communications Dietetic Practice Group</i> #149385	293. The Devil in the Data: Evaluating Food Is Medicine Programs #149400	387. Making a National Impact: RDN Influence in Federal Government #149539	152. 2019 Trailblazer Lecture: Dietetics and Food Science – A Winning Partnership for Public Health <i>Planned with the Institute of Food Technologists and the Academy of Nutrition and Dietetics</i> #149579
<b>119-AB</b>	285. Culinary Traditions to Promote Asian Health: New Research on Historic Cuisine #149389	346. The Registration Examination Experience <i>Planned with the Commission on Dietetic Registration</i> #150336	271. Nutrition Prescription: Using Public-Private Partnerships to Develop Novel Food Insecurity Solutions #149420	170. CDR Forum: 50 Years of Credentialing Excellence <i>Planned with the Commission on Dietetic Registration</i> #150363
<b>120-ABC</b>	149. Cultivating Sustainable Food Systems: A Nutrition-Focused Framework for Action #149368	316. Professional Relationships: Blurred Boundaries and Ethical Conundrums #149405	226. Feasting and Fasting: Nutritional Guidance During Religious Observances <i>Planned with the Religion Member Interest Group</i> #149428	268. The Building Blocks of Injustice: Understanding the Complex Connections Between Race, Poverty, Hunger and Health Disparities <i>Planned with the National Organization of Blacks in Dietetics and Nutrition Member Interest Group</i> #149443
<b>121-ABC</b>	202. Nutrition Care in Cystic Fibrosis: Filling Gaps and Navigating Change #149383	192. Getting Pumped Up About Human Milk Handling #149409	201. Dietitians Driving Impact: Data on Improved Patient Care from the Malnutrition Quality Improvement Initiative <i>Planned with Academy Premier Sponsor Abbott Nutrition</i> #150969	
<b>201-ABC</b>	396. New Innovations to Tap Nature's Diversity for Tomorrow's Food Products #149392	161. 2019 Wimpfheimer-Guggenheim International Lecture: Food and Nutrition in Disaster and Humanitarian Relief - Lessons Learned from Syria and Venezuela #151530	367. Analyzing the Food Environment: Implications for Future Practice <i>Planned with the Public Health/Community Nutrition Dietetic Practice Group</i> #149424	172. The Health Benefits and Art of Convivial Cooking and Dining #149434
<b>204-ABC</b>	221. Bridging the Practice Gap Using the Latest Renal Nutrition Guidelines #149387	240. Diversifying Our Practice and Our Plates #149394	256. ACEND Forum: Myths and Realities About Future Requirements for Registered Dietitians #149430	350. Parlez-Vous Revenue? Winning at Third Party Payment #149439
<b>Expo Hall</b>	9:00 a.m. – 3:00 p.m. <b>Poster Sessions: Professional Skills; Nutrition Assessment &amp; Diagnosis; Medical Nutrition Therapy (Authors present from 11:45 a.m. – 1:15 p.m.)</b>			

**Monday, October 28<sup>th</sup> (Philadelphia, Pennsylvania)**

Session room	8:00 a.m. – 9:30 a.m.	10:00 a.m. – 12:00 p.m.	1:30 p.m. – 3:00 p.m.	3:30 p.m. – 5:00 p.m.
Hall C		116. Member Showcase: Wolfpack - Leading to Win  #149525	184. Dieting Dilemma: The Interrelationship Between Obesity Treatment and Disordered Eating <b>Planned with the Weight Management Dietetic Practice Group</b>  #149531	133. The Label Reboot: Dietitian's Guide to the New Nutrition Facts Label <b>Planned with the Committee for Lifelong Learning</b>  #149563
Terrace Ballroom I/II	247. Intuitive Eating: What Every Registered Dietitian Nutritionist Needs to Know  #149481		159. Sowing the Seeds: An Analysis of Modern Wheat <b>Planned with the Food and Culinary Professionals Dietetic Practice Group</b>  #149533	212. Nutrition and Behavioral Health Considerations in Treatment Interventions for Binge Eating Disorder  #149551
Terrace Ballroom III/IV	419. Unlocking Precision Nutrition Care: Is Genetic Information the Key?  #149472		118. A Conversation with Vice Admiral Jerome M. Adams, U.S. Surgeon General  #151525	151. Detoxification: Evaluating the Science and Implications for Practice <b>Planned with the Committee for Lifelong Learning</b>  #149561
Grand Ballroom A	425. Bone Mineral Density: Advanced Interpretation and Athletic Injury Management <b>Planned with the Sports, Cardiovascular, and Wellness Nutrition Dietetic Practice Group</b>  #150415		286. Integrative Approaches to Digestive Diseases in Children <b>Planned with the Dietitians in Integrative and Functional Medicine Dietetic Practice Group and the Pediatric Nutrition Practice Group</b>  #149527	375. Healthy in Advance: Applying Prevention Science to Nutrition Interventions and Programs  #149557
Grand Ballroom B	210. Medical Nutrition Therapy in Diabetes: A Review of the New Consensus Report by the American Diabetes Association <b>Planned with the Diabetes Care and Education Dietetic Practice Group</b>  #149483		177. Beyond School Lunch Memes: Real-World Commonalities, Challenges and Successes <b>Planned with the School Nutrition Services Dietetic Practice Group</b>  #149546	148. Well Beyond 50: Practical Changes for Senior Nutrition Policy <b>Planned with the Legislative and Public Policy Committee</b>  #149567
113-ABC	423. Intellectual Property Rights: Liberty, Ethics, and the Pursuit of Legal Protection <b>Planned with the Nutrition Entrepreneurs Dietetic Practice Group</b>  #149489		154. PDP Practice Competency Session <b>Planned with the Commission on Dietetic Registration</b>  #150411	198. Myth Conception: How Men Can Improve Their Fertility <b>Planned with the Nutrition Education for the Public Dietetic Practice Group</b>  #149553
114- Lecture Hall	136. Philly Spotlight: Beverage Tax Successes and Challenges <b>Planned with the Committee for Lifelong Learning (8:00 a.m. – 9:00 a.m.)</b> #150444		134. RDN to C-Suite: Nutrition Professionals in Executive Leadership <b>Planned with the Committee for Lifelong Learning (1:30 p.m. – 2:30 p.m.)</b> #151130	156. From the Court to the Kitchen: A Conversation with an NBA Dietitian <b>Planned with the Committee for Lifelong Learning (3:30 p.m. – 4:30 p.m.)</b> #150956
115-ABC	194. Optimizing the Transition from Acute to Home Enteral Nutrition <b>Planned with the Dietitians in Nutrition Support Dietetic Practice Group</b>  #149475		138. Low Energy Availability and Relative Energy Deficiency in Sport (RED-S) Updates: From the Lab to Practical Application <b>Planned with the Committee for Lifelong Learning</b>  #150960	167. Craft Beers: History and Sustainability in Healthy Kitchens  #149565
118-ABC	224. Bariatric Surgery in Teens: For Real? For Real.  #149487		239. Building Cultural Humility in a Globalized World  #149537	411. The Critical Role of Research in Master's and Dietetic Internship Programs  #149555
119-AB	143. The Right Stuff: Supporting Access to Medicaid Nutrition Services <b>Planned with the Legislative and Public Policy Committee</b> #149499		292. Culinary Dentistry: Incorporating Nutrition into Dental Education and School-Based Interventions  #149529	
120-ABC	296. Going Global: Barriers and Bridges to International Nutrition Work <b>Planned with the Global Member Interest Group</b> #149478		200. Take a Deep Breath: The Latest on COPD Treatment  #149535	131. Overcoming Adversity: Forging your Own Path in Dietetics <b>Planned with the Committee for Lifelong Learning</b> #149569
121-ABC	215. The Complex Relationship Between Milk Type and Very Low Birthweight Preterm Infant Outcomes  #149485		153. The Edna & Robert Langholz International Nutrition Lecture: Reflections on a Half Century of TPN and Clinical Nutrition in the Future  #149630	135. Changing the Battlespace: Integrating Nutrition into Air Force Special Operations Training <b>Planned with the Committee for Lifelong Learning</b> #151115
201-ABC	155. The Nutrition Detective: An Epidemiologist's Investigation into Diet and Disease <b>Planned with the Committee for Lifelong Learning</b>  #151121		193. Taking the Lead in Drug Interaction Prevention in Post-Acute and Long-Term Care Settings <b>Planned with the Dietetics in Health Care Communities Dietetic Practice Group</b>  #149541	183. Busting the Myth of Enteral Feeding Intolerance: Tube Feeding Is Not the Problem  #149559
204-ABC	179. Feeding and Educating the Future: Evidence-Based Nutrition Education Collaborations  #149497		237. ACEND Forum: Demonstration Program Innovations  #149543	329. Combatting Unconscious Bias and Preventing Microaggressions: A Professional Duty  #149549
Expo Hall	9:00 a.m. – 3:00 p.m.			
	Poster Sessions: Food Science; Education; Management; Food Services/Culinary; Research; Innovations (Authors present from 11:45 a.m. – 1:15 p.m.)			

**Tuesday, October 29<sup>th</sup> (Philadelphia, Pennsylvania)**

Session room	8:00 a.m. – 9:30 a.m.	9:45 a.m. – 11:15 a.m.	12:00 p.m. – 1:30 p.m.	2:00 p.m. – 3:30 p.m.
Hall C		160. Getting the Biggest Bang for the Buck: Fine-Tuning Body Composition via Time-Effective Exercise and Diet <i>Planned with the Committee for Lifelong Learning</i> #151125		117. Closing Session: Givers Take All - Creating a Culture of Productive Generosity  #149665
Terrace Ballroom I/II	245. Interprofessional Approaches to Addressing Stress and Burnout in Healthcare <i>Planned with the Nutrition Educators of Health Professionals Dietetic Practice Group</i> #149590	122. Clinical Applications of the Ketogenic Diet: A Panel Discussion <i>Planned with the Committee for Lifelong Learning</i> #151127	382. Same Study, Different Headlines: Combating Confusion in Nutrition News Coverage  #149659	
Terrace Ballroom III/IV	291. Rx Diet: Why Gastrointestinal Doctors Recommend Low FODMAPs for Irritable Bowel Syndrome #149592	157. Beyond Nutrients? Potential Role of Ultra-Processed Foods in Obesity <i>Planned with the Committee for Lifelong Learning</i> #151123	206. Gluten Sensitivity: Fact Versus Fiction  #149648	
Grand Ballroom A	126. Taking Your Business the Distance: How to Build a Practice That Lasts <i>Planned with the Committee for Lifelong Learning</i> #149585	169. Breaking Bread, Not the Bank: Preparing Delicious Meals on a Budget  #149632	125. Controversies in Practice: Alcohol - To Drink or Not to Drink? <i>Planned with the Committee for Lifelong Learning</i> #149645	
Grand Ballroom B	265. Global Appreciation or Cultural Appropriation? Avoiding Insensitive Pitfalls on Food Blogs #149606	219. Practical Approaches to Short Bowel Syndrome Management #149615	380. Generation Z to Baby Boomer: Customizing Cooking Demonstrations for Age Groups #149640	
113-ABC	218. Sarcopenia in Cancer: Strategies for Diagnosis and Treatment <i>Planned with the Oncology Nutrition Dietetic Practice Group</i> #149596	418. Nutrition Informatics: Pathways to Success <i>Planned with the Nutrition Informatics Dietetic Practice Group</i> #149621	412. Putting Evidence-Based Diabetes Guidelines to Work: Measuring Implementation and Outcomes  #149638	
Room 114-Lecture Hall	123. Type 3 Diabetes and Brain Health: What You Need to Know <i>Planned with the Committee for Lifelong Learning</i> (8:00 a.m. – 9:00 a.m.) #150965	158. A Conversation on Immigrant Child Detention: Policies and Implications <i>Planned with the Legislative and Public Policy Committee</i> (9:45 a.m. – 10:45 a.m.) #151367		
115-ABC	231. Translating Human Milk Exploration into Maternal Diet Application #149604	370. Don't Make Me Sick: Nutrition Professionals Strengthening Consumer Food Safety Behaviors #149625	120. Powerful Package of Protein: Present and Future <i>Planned with the Committee for Lifelong Learning</i> #149643	
118-ABC	390. Bringing the Farm to Your Facility with Harvest of the Month #149599	260. The Sweet Spot: Advancing Practice Through Partnerships, Interprofessional Education, and Simulation #149627	327. Exploring the Boundaries of RDN Scope of Practice <i>Planned with the Quality Management Committee</i> #149661	
119-AB	410. Generating Real-World Nutrition Data in the Era of Artificial Intelligence #149588		356. Enriching Diversity in the Dietetics Profession via Individuals with Disabilities #149650	
120-ABC	402. Behavioral Design in All Socioecological Levels Optimizes Food Service Guidelines #149601	384. Myths and Misconceptions of Breastfeeding: A Cultural Perspective #149617	351. Aligning Services Using Digital Tools for Virtual Diabetes Care #149663	
121-ABC	147. Dietetic Licensure: Outdated or Imperative? <i>Planned with the Consumer Protection and Licensure Subcommittee</i> #151118	353. Where Are the Walls? Nutrition When Long-Term Care Isn't Confined to a Building <i>Planned with the Healthy Aging Dietetic Practice Group</i> #149619	301. Expanding Opportunities for Global Engagement: Real-World Examples of International Impact  #149635	
201-ABC	128. The Female and Male Athlete Triad: Health and Nutritional Implications for Recovery <i>Planned with the Committee for Lifelong Learning</i> #151112	196. The Autism MEAL Plan: Empowering Caregivers to Feed in Avoidant/Restrictive Food Intake Disorder #149623	144. Future Farm Bills: Is It Time to Advocate Beyond Nutrition? <i>Planned with the Legislative and Public Policy Committee</i> #149654	
204-ABC	333. Growing Together: Diversifying Dietetics Through Mentoring <i>Planned with the Cultures of Gender and Age Member Interest Group</i> #149594		175. Cultivating Cooking, Culture, and Community in Early Care Sites  #149657	
Expo Hall	9:00 a.m. – 1:00 p.m. Poster Sessions: Wellness and Public Health (Authors present from 11:30 a.m. – 1:00 p.m.)			