

The information provided in this document is for general informational purposes only and should not be construed as legal advice on any subject matter. The content herein is not intended to create, and receipt of it does not constitute, an attorney-client relationship. You should not act or refrain from acting based on any information in this document without seeking appropriate legal or other professional advice on the particular facts and circumstances at issue from an attorney licensed in your jurisdiction. The authors and the Academy expressly disclaim all liability in respect to actions taken or not taken based on any or all the contents of this document.

This resource provides a concise overview of telehealth laws and regulations across the United States that may affect the ability of dietitians and other nutrition care providers to practice across state lines. Before delivering services via telehealth, providers should first review each state’s licensure or certification requirements. In states that require licensure or certification, providers must generally obtain authorization unless a specific exemption applies. In addition to licensure, providers should also examine state-specific telehealth laws that may establish additional criteria for practicing remotely. Finally, it is essential to consider payer-specific requirements related to credentialing and reimbursement, as well as malpractice insurance coverage and requirements when delivering care across state lines.

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
Alabama	Yes	N/A		
Alaska	Yes	Yes	Licensure Business Registration Business License	Sec. 08.02.130. Telehealth. Sec. 44.33.381. Telemedicine business registry.
Arizona	No	Yes*	Registration	36-3606. Interstate telehealth services; registration; requirements; venue; exceptions * No current licensure law for dietitians; no board or agency to register with.
Arkansas	Yes	Yes	Licensure	17-80-404. Appropriate use of telemedicine.

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
				Regulations specific to dietitian telehealth practice. SECTION XVII. THE PRACTICE OF TELEMEDICINE
California	No	N/A		
Colorado	No	N/A		
Delaware	Yes	Yes	Licensure or Registration	Title 24, Chapter 60. Provisions Applicable to Telehealth and Telemedicine Regulations specific to dietitian telehealth practice. 9.0 Telehealth
District of Columbia	Yes	Yes	Licensure unless care falls under following exemption: 3-1201.05. Telehealth (e) Except as otherwise provided in subsection (f) of this section, a practitioner who does not hold a license, registration, or certification to practice in the District pursuant to this act may not provide a telehealth service to a client or patient physically located in the District unless the practitioner and the client or patient have an existing practitioner-client or practitioner-patient relationship and: (1) The client or patient is temporarily present in the District; or	§ 3-1201.05. Telehealth.

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
			<p>(2) The client or patient is a District resident and the telehealth services provided do not exceed 120 days or a longer period of time as determined by the Mayor through rulemaking.</p> <p>(f) Nothing in this section shall be construed to conflict with interstate reciprocity agreements or occupational licensure interstate compacts entered into by the District.</p>	
Florida	Yes	Yes	Licensure or Registration	456.47 Use of telehealth to provide services.— Florida Telehealth Registration
Georgia	Yes	Yes	<p>Licensure unless care falls under following exemption: 43-11A-18. Exceptions. Nothing in this chapter shall be construed to affect or prevent: . . . (4) A nonresident registered dietitian from practicing dietetics in this state for five days without a license or up to 30 days per year with licensure from another state if the requirements for licensure are substantially equal to the requirements contained in this chapter;</p>	
Hawaii	Yes	N/A		

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
Idaho	Yes	Yes	<p>Licensure unless care falls under following exemption:</p> <p>54-5713. VIRTUAL CARE LICENSURE EXEMPTIONS AND JURISDICTION CONSENT. (1) Prior to delivering health care services via virtual care, a provider must obtain a license from the applicable licensing board, except a license is not required for virtual care when a provider licensed and in good standing in another state or jurisdiction of the United States:</p> <p>(a) Has established a patient-provider relationship with a person who is in Idaho temporarily for business, work, education, vacation, or other reasons and such person requires health care services from that provider;</p> <p>(b) Has established a patient-provider relationship with a person and provides temporary or short-term follow-up health care services to such person to ensure continuity of care;</p> <p>(c) Is employed by or contracted with an Idaho facility or hospital to provide care services for which the provider has been privileged and credentialed;</p> <p>(d) Renders health care services in a time of disaster and provides follow-up</p>	<p>Chapter 57, Idaho Virtual Care Access Act</p>

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
			<p>health care services to ensure continuity of care;</p> <p>(e) Provides health care services in preparation for a scheduled in-person care visit; or</p> <p>(f) Consults with or refers a patient to an Idaho licensed provider.</p> <p>(2) By engaging in virtual care with a patient located in Idaho, a provider exempted from Idaho licensure under subsection (1) of this section consents to the applicable Idaho laws, rules, and regulations governing the provider’s profession, including this chapter and the Idaho community standard of care, the jurisdiction of Idaho courts, the jurisdiction of the division of occupational and professional licenses, and the jurisdiction of the applicable licensing board regulating the provider’s profession, including the division’s and licensing board’s complaint, investigation, and hearing process and ability to seek injunctions and impose civil penalties and fines.</p>	
Illinois	Yes	Yes	Licensure – Note following provision: (225 ILCS 30/15) (from Ch. 111, par. 8401-15)	(225 ILCS 150/) Sec. 1. Short title. This Act may be cited as the Telehealth Act.

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
			<p>(Section scheduled to be repealed on January 1, 2028)</p> <p>Sec. 15. License required.</p> <p>(a) No person may provide, offer to provide, or attempt to provide medical nutrition therapy, whether for remuneration, or hold himself or herself out as a licensed dietitian nutritionist or as a qualified provider of nutrition care services, including medical nutrition therapy, unless the person is licensed in accordance with this Act.</p> <p>(b) This Section does not prohibit the provision of medical nutrition therapy by: a person who is licensed to practice dietetics and nutrition under the law of another state, territory of the United States, or country and has applied in writing to the Department in form and substance satisfactory to the Department for a license as a dietitian nutritionist until (i) the expiration of 6 months after filing the written application, (ii) the withdrawal of the application, or (iii) the denial of the application by the Department.</p>	

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
Indiana	Yes	Yes	Licensure	IC 25-1-9.5 - Telehealth Services and Prescriptions
Iowa	Yes	Yes	Licensure	514C.34 Health care services delivered by telehealth — coverage. Regulations specific to dietitian telehealth practice. 645—81.17 (152A,272C) Telehealth visits.
Kansas	Yes	N/A		
Kentucky	Yes	Yes	Licensure	KRS Chapter 211 - Telehealth Regulations specific to dietitian telehealth practice. 201 KAR 33:070, Telehealth and telepractice.
Louisiana	Yes	Yes	Licensure	Louisiana Telehealth Access Regulations specific to dietitian telehealth practice. Louisiana Administrative Code Title 46, Part LXIX
Maine	Yes	Yes	Licensure	Title 32: Professions and Occupations Chapter 104: Dietitians §9916. Telehealth services
Maryland	Yes	Yes	Licensure	Article – Health – General 15–141.2.

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
				Regulations specific to dietitian telehealth practice. 10.56.10.01
Massachusetts	Yes	N/A		
Michigan	Yes*	N/A		Chapter 333, Act 368 of 1978, 368-1978-15-161 * Dietitian regulations not yet in effect such that licensure cannot be granted.
Minnesota	Yes	Yes	Licensure	62A.673 COVERAGE OF SERVICES PROVIDED THROUGH TELEHEALTH.
Mississippi	Yes	Yes	Subchapter 4 Registration Rule 6.4.1 Registration. Pursuant to Mississippi Code Annotated §41-3-15, each provider entity/organization offering telehealth services in the State of Mississippi shall register with the Mississippi State Department of Health, Office of Licensure, hereafter referred to as the Department. An applicant shall not provide telehealth services in the State of Mississippi without first registering with the Department. 1. Each provider entity/organization conducting telehealth services in Mississippi shall submit an application for registration including information	Mississippi Code Title 41, Public Health § 41-3-15 – provides authority for the State Board of Health to write rules governing the practice of telemedicine. Title 15, Part 16, Subpart 1: Chapter 6 Telemedicine Application for Registration

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
			about the type of telehealth services offered as well as the providers that will be performing services. Proprietary information may be asked but will not be required for approval. Source: Mississippi Code Annotated §41-3-15	
Missouri	Yes	Yes	Licensure	191.1145. Definitions — telehealth services authorized, when.
Montana	Yes	N/A		Noted Telehealth Exemption for Temporary Care: Dietitians and Nutritionists This chapter does not prevent: ... an out-of-state dietitian or nutritionist from providing medical nutrition therapy services via telehealth to a patient located in this state if the out-of-state practitioner: <ul style="list-style-type: none"> (a) is licensed or certified in good standing in any state or territory with a licensed or certified scope of practice that includes the provision of medical nutrition therapy and provides medical

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
				<p>nutrition therapy services via telehealth:</p> <ul style="list-style-type: none"> (i) in consultation with a medical nutrition therapy practitioner licensed in this state who has a practitioner-patient relationship with the patient; (ii) for a patient whom the practitioner has a current practitioner-patient relationship and the patient is temporarily present in this state; or (iii) pursuant to a current practitioner-patient relationship and the care is limited to temporary or short-term follow-up medical nutrition therapy services to ensure continuity of care. <p>(b) by providing medical nutrition therapy via telehealth as described in</p>

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
				subsection (12)(a), consents to the jurisdiction of the board.
Nebraska	Yes	N/A		
Nevada	Yes	Yes	Licensure	TELEHEALTH
New Hampshire	Yes	Yes	Licensure	TITLE XXX OCCUPATIONS AND PROFESSIONS CHAPTER 310 OFFICE OF PROFESSIONAL LICENSURE AND CERTIFICATION Section 310:7
New Jersey	Yes*	Yes	Licensure	An Act authorizing the provision of health care services through telemedicine and telehealth, and supplementing various parts of the statutory law. * Dietitian regulations not yet in effect such that licensure cannot be granted.
New Mexico	Yes	Yes	Licensure (of note, statute only refers to “a nutritionist”)	New Mexico Telehealth Act
New York	Yes	N/A*		* Health care practitioners providing services to hospital

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
				patients via telehealth shall be licensed.
North Carolina	Yes	Yes	Licensure	N.C. General Statute § 90-352(6) Regulations specific to dietitian telehealth practice: 21 NCAC 17 .0403 TELEPRACTICE
North Dakota	Yes	Yes	Licensure	CHAPTER 43-44 DIETITIANS AND NUTRITIONISTS
Ohio	Yes	Yes	Licensure	Ohio Administrative Code/4731/Chapter 4731-37 Telehealth Regulations specific to dietitian telehealth practice: Chapter 4759-11 Provisions of State Medical Board Applicable to Dietitians Ohio Administrative Code/4759 For purposes of Chapter 4759. of the Revised Code and rules promulgated thereunder: (A) An adjudication hearing held pursuant to the provisions of Chapter 119. of

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
				the Revised Code shall be conducted in conformance with the provisions of Chapter 4731-13 of the Administrative Code. (B) The provisions of Chapters 4731-4, 4731-8, 4731-13, 4731-15, 4731-16, 4731-26, 4731-28, 4731-37 , and rule 4731-38-02 of the Administrative Code are applicable to the holder of a license or limited permit issued pursuant to Chapter 4759. of the Revised Code, as though fully set forth in agency 4759 of the Administrative Code.
Oklahoma	Yes	N/A		
Oregon	Yes	N/A		
Pennsylvania	Yes	Yes	Licensure	CHAPTER 48 TELEMEDICINE
Puerto Rico	Yes	Yes	Licensure or Certification	Telehealth
Rhode Island	Yes	N/A		
South Carolina	Yes	Yes	Licensure	Title 40 - Professions and Occupations
South Dakota	Yes	Yes	Licensure	CHAPTER 34-52

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
				TELEHEALTH UTILIZATION BY HEALTH CARE PROFESSIONALS
Tennessee	Yes	Yes	Licensure	63-1-155. Telehealth and telemedicine services — Establishment of provider-patient relationship — Standard of practice — Applicability.
Texas	Yes	Yes	Licensure	Title 16 ECONOMIC REGULATION Part 4 TEXAS DEPARTMENT OF LICENSING AND REGULATION Chapter 100 GENERAL PROVISIONS FOR HEALTH-RELATED PROGRAMS Subchapter C TELEHEALTH
Utah	Yes	Yes	Licensure	Title 26B Utah Health and Human Services Code
Vermont	Yes	Yes	Licensure or Registration § 3053. Telehealth licensure or telehealth registration required	Title 26 : Professions and Occupations

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
			<p>(a) A health care professional who is not otherwise licensed, certified, or registered to practice in Vermont but is licensed, certified, or registered in good standing in all other U.S. jurisdictions in which the health care professional is or has been licensed, certified, or registered and who wishes to provide health care services to a patient or client located in Vermont using telehealth shall obtain a telehealth license or telehealth registration from the Office or the Board in accordance with this chapter.</p> <p>(b) A telehealth license or telehealth registration issued pursuant to this chapter shall authorize a health care professional to provide services to a patient or client located in Vermont using telehealth only. Telehealth licensure or telehealth registration does not authorize the health care professional to open an office in Vermont or to provide in-person health care services to patients or clients located in Vermont.</p> <p>(c) A health care professional who is not otherwise licensed, certified, or registered to practice in Vermont and</p>	<p>Chapter 056 : Out-of-State Telehealth Licensure & Registration and Interstate Compacts</p>

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
			<p>provides health care services in Vermont using telehealth without a telehealth registration or telehealth license, or provides services beyond the limitations of the telehealth registration or telehealth license, is engaged in unauthorized practice as defined in 3 V.S.A. § 127 and section 1314 of this title and is subject to the penalties set forth in those sections. (Added 2021, No. 107 (Adj. Sess.), § 1, eff. July 1, 2023.) § 3054. Scope of telehealth license and telehealth registration § 3055. Scope of practice; standard of practice</p>	
Virginia	No	N/A		
Washington	Yes	Yes	Certification	RCW 18.134.050 Out-of-state health care practitioner.
West Virginia	Yes	Yes	Licensure	§30-1-26. Telehealth practice. Regulations specific to dietitian telehealth practice: 31CSR7 1 TITLE 31 LEGISLATIVE RULE BOARD

TELEHEALTH LAWS IMPACTING STATE DIETETICS/NUTRITION AUTHORIZATION REQUIREMENTS

State	Does State Provide for Licensure or Certification?	Telehealth Specific Statute or Regulation Requiring Provider Action	Action Step Required to Comply with Telehealth Authorizing Law	Comments
				OF LICENSED DIETITIANS SERIES 7 TELEHEALTH PRACTICE; REQUIREMENTS; DEFINITIONS §31-7-1.
Wisconsin	Yes	Yes	Certification and/or Temporary Credential	440.094 Practice by health care providers from other states.
Wyoming	Yes	N/A		