**Directions for RDN Core Competency Assessment (Required Element 4.1 and 4.2)**

**CP, DI, FDE, ISPP**

**Background:** The RDN Competency Assessment table is used to identify assessment methods (e.g., projects, rubrics, case studies, exams, etc.) required within the curriculum where the evaluation of competency occurs to ensure the student/intern’s ability to meet curriculum requirements. The program must have a plan to guide its process for tracking students/interns’ demonstration of competency and to collect and analyze aggregate data on competencies.

**Directions:** Complete the following table by identifying in which courses or supervised practice rotations the assessment for each competency occurs.

1. For each competency statement listed in Column A, identify in Column B the course or supervised practice rotation in which the competency is assessed and in Column C the specific assessment used to evaluate the student’s achievement of the competency.
2. Only one assessment (e.g., exam, rubric, project, etc.) is required to document each competency statement (See Example for CRDN 4.1); however, programs may choose to document more than one assessment (See Example for CRDN 4.2).
3. A single assessment activity or tool may be used for several competency statements (See Example for CRDN 4.1 and CRDN 4.2).
4. During the site visit, in the self-study report narrative, the program must describe its process for tracking students’ demonstration of competencies. At the time of the site visit, the program will be required to provide the data tracking documents to show how students’ attainment of competencies are tracked.

**EXAMPLE**

|  |  |  |
| --- | --- | --- |
| **Column A** | **Column B** | **Column C** |
| **Core Competency Statement** | **List course and course number or supervised practice rotation in which the competency is assessed** | **List specific, required assessment method(s) (exam, rubric, project, etc.) used to measure student/intern achievement of competency** |
|  |  |  |
| CRDN 4.1 Participate in management functions of human resources (such as training and scheduling). | NTR 401 – Food Service Internship | Preceptor Evaluation of in-service on food safety and sanitation |
| CRDN 4.2 Perform management functions related to safety, security and sanitation that affect employees, clients, patients, facilities and food. | NTR 411 – Food Experience  NTR 401 – Food Service Internship | Preceptor Evaluation of sanitation audit  Preceptor Evaluation of in-service on food safety and sanitation |
| CRDN 4.3 Conduct clinical and client service quality management activities (such as quality improvement or quality assurance projects). | NTR 514- Clinical Internship  EXAMPLE | Rubric to assess implementation of client survey to assess preferences |

**<Name of your program goes here>**

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| **Core Competency Statement** | **List course and course number or supervised practice rotation in which the competency is assessed** | **List specific, required assessment method(s) (exam, rubric, project, etc.) used to measure student/intern achievement of competency** |
| --- | --- | --- |
| **Domain 1. Scientific and Evidence Base of Practice: Integration of scientific information and translation of research into practice.** | | |
| CRDN 1.1 Select indicators of program quality and/or customer service and measure achievement of objectives. |  |  |
| CRDN 1.2 Evaluate research and apply evidence-based guidelines, systematic reviews and scientific literature in nutrition and dietetics practice. |  |  |
| CRDN 1.3 Justify programs, products, services and care using appropriate evidence or data. |  |  |
| CRDN 1.4 Conduct projects using appropriate research or quality improvement methods, ethical procedures and data analysis utilizing current and/or new technologies. |  |  |
| CRDN 1.5 Incorporate critical-thinking skills in overall practice. |  |  |
| **Domain 2. Professional Practice Expectations: Beliefs, values, attitudes and behaviors for the nutrition and dietetics practitioner level of practice.** | | |
| CRDN 2.1 Practice in compliance with current federal regulations and state statutes and rules, as applicable, and in accordance with accreditation standards and the Scope of Practice for the Registered Dietitian Nutritionist, Standards of Practice, Standards of Professional Performance, and Code of Ethics for the Profession of Nutrition and Dietetics. |  |  |
| CRDN 2.2 Demonstrate professional writing skills in preparing professional communications. |  |  |
| CRDN 2.3 Demonstrate active participation, teamwork and contributions in group settings. |  |  |
| CRDN 2.4 Function as a member of interprofessional teams. |  |  |
| CRDN 2.5 Work collaboratively with NDTRs and/or support personnel in other disciplines. |  |  |
| CRDN 2.6 Refer clients and patients to other professionals and services when needs are beyond individual scope of practice. |  |  |
| CRDN 2.7 Apply change management strategies to achieve desired outcomes. |  |  |
| CRDN 2.8 Demonstrate negotiation skills. |  |  |
| CRDN 2.9 Actively contribute to nutrition and dietetics professional and community organizations. |  |  |
| CRDN 2.10 Demonstrate professional attributes in all areas of practice. |  |  |
| CRDN 2.11 Show cultural humility in interactions with colleagues, staff, clients, patients and the public. |  |  |
| CRDN 2.12 Implement culturally sensitive strategies to address cultural biases and differences. |  |  |
| CRDN 2.13 Advocate for local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession. |  |  |
| **Domain 3. Clinical and Client Services: Development and delivery of information, products and services to individuals, groups and populations.** | | |
| CRDN 3.1 Perform Medical Nutrition Therapy by utilizing the Nutrition Care Process including use of standardized nutrition terminology as a part of the clinical workflow elements for individuals, groups and populations of differing ages and health status, in a variety of settings. |  |  |
| CRDN 3.2 Conduct nutrition focused physical exams. |  |  |
| CRDN 3.3 Perform routine health screening assessments including measuring blood pressure, conducting waived point-of-care laboratory testing (such as blood glucose or cholesterol), recommending and/or initiating nutrition-related pharmacotherapy plans (such as modifications to bowel regimens, carbohydrate to insulin ratio, B12 or iron supplementation). |  |  |
| CRDN 3.4 Provide instruction to clients/patients for self-monitoring blood glucose considering diabetes medication and medical nutrition therapy plan. |  |  |
| CRDN 3.5 Explain the steps involved and observe the placement of nasogastric or nasoenteric feeding tubes; if available, assist in the process of placing nasogastric or nasoenteric feeding tubes. |  |  |
| CRDN 3.6 Conduct a swallow screen and refer to the appropriate health care professional for full swallow evaluation when needed. |  |  |
| CRDN 3.7 Demonstrate effective communication and documentation skills for clinical and client services in a variety of formats and settings, which include telehealth and other information technologies and digital media. |  |  |
| CRDN 3.8 Design, implement and evaluate presentations to a target audience. |  |  |
| CRDN 3.9 Develop nutrition education materials that are culturally and age appropriate and designed for the literacy level of the audience. |  |  |
| CRDN 3.10 Use effective education and counseling skills to facilitate behavior change. |  |  |
| CRDN 3.11 Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management. |  |  |
| CRDN 3.12 Deliver respectful, science-based answers to client/patient questions concerning emerging trends. |  |  |
| CRDN 3.13 Coordinate procurement, production, distribution and service of goods and services, demonstrating and promoting responsible use of resources. |  |  |
| CRDN 3.14 Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals. |  |  |
| **Domain 4. Practice Management and Use of Resources: Strategic application of principles of management and systems in the provision of services to individuals and organizations.** | | |
| CRDN 4.1 Participate in management functions of human resources (such as training and scheduling). |  |  |
| CRDN 4.2 Perform management functions related to safety, security and sanitation that affect employees, clients, patients, facilities and food. |  |  |
| CRDN 4.3 Conduct clinical and client service quality management activities (such as quality improvement or quality assurance projects). |  |  |
| CRDN 4.4 Apply current information technologies to develop, manage and disseminate nutrition information and data. |  |  |
| CRDN 4.5 Analyze quality, financial and productivity data for use in planning. |  |  |
| CRDN 4.6 Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment. |  |  |
| CRDN 4.7 Conduct feasibility studies for products, programs or services with consideration of costs and benefits. |  |  |
| CRDN 4.8 Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment and supplies. |  |  |
| CRDN 4.9 Engage in the process for coding and billing for nutrition and dietetics services to obtain reimbursement from public or private payers, fee-for-service and value-based payment systems. |  |  |
| CRDN 4.10 Analyze risk in nutrition and dietetics practice (such as risks to achieving set goals and objectives, risk management plan, or risk due to clinical liability or foodborne illness). |  |  |
| **Domain 5. Leadership and Career Management: Skills, strengths, knowledge and experience relevant to leadership potential and professional growth for the nutrition and dietetics practitioner.** | | |
| CRDN 5.1 Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement. |  |  |
| CRDN 5.2 Identify and articulate one’s skills, strengths, knowledge and experiences relevant to the position desired and career goals. |  |  |
| CRDN 5.3 Prepare a plan for professional development according to Commission on Dietetic Registration guidelines. |  |  |
| CRDN 5.4 Advocate for opportunities in professional settings (such as asking for additional responsibility, practicing negotiating a salary or wage or asking for a promotion). |  |  |
| CRDN 5.5 Demonstrate the ability to resolve conflict. |  |  |
| CRDN 5.6 Promote team involvement and recognize the skills of each member. |  |  |
| CRDN 5.7 Mentor others. |  |  |
| CRDN 5.8 Identify and articulate the value of precepting. |  |  |