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## ACEND Diversity, Equity, and Inclusion Noteworthy Nutrition and Dietetics Education Practices: A Case Study

Shelley L. DePinto, DHS, MS, RDN, LDN



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## How can we accomplish more with what we have?

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## Collaboration

- The Department of Nutrition
  - Dr. Marthe Scannavino, Chair
  - Dr. Shelley DePinto, DFD Director
  - Nutrition Students
- The Diversity and Inclusion Council
  - Dr. Leon John, Jr. and DEIA Grant Committee
- Parkhurst Dining
  - Kelly Cartwright, General Manager Dining Services
  - Chef Dan Corbett



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## Objectives

- Expand campus participation in activities that combine inclusivity, cultural humility, and cultural appreciation with nutrition and health.
- Increase consumption of under-consumed food groups among the campus population.



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Please join the Department of Nutrition for  
**Wellness Presentations**  
by Senior Nutrition Majors

The students will discuss under-consumed food groups / subgroups and offer creative strategies to increase consumption while deriving culinary inspiration from diverse cultures around the globe.



**Tuesday, April 5, 2022**  
4-5:30 p.m.

Please see the Tuesday link in the e-mail:  
4:00 p.m. - Whole Grains - Cassandra Davalos  
4:30 p.m. - Red and Orange Vegetables - Anna Bennessen  
5:00 p.m. - Beans, Peas, and Lentils - Jennifer Sants

**Wednesday, April 6, 2022**  
4-5:30 p.m.

Please see the Wednesday link in the e-mail:  
4:00 p.m. - Fruit - Skyler Bilous  
4:30 p.m. - Dark Green Vegetables - Larie Larkheed  
5:00 p.m. - Dairy - Cassandra Pence

Look for a Parkhurst Pop Up outside of Canova later this month featuring samples of some of the recipes!  
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You are invited to sample recipes from diverse cultures around the globe that feature under-consumed food groups.

*Recipe Sampling Curated by Senior Nutrition Students:*  
Mediterranean Green Onions Salad | Tzatziki on Cucumber | Mango-Tomato Salsa with Cilantro | Vegan Carrot Habes | Vietnamese Spring Rolls Dessert | Chee Dao Xanh | Mango Lava

Look for the Parkhurst Pop Up outside of Canova on Monday, April 25 between 11 a.m. and 1 p.m.!

All are welcome!

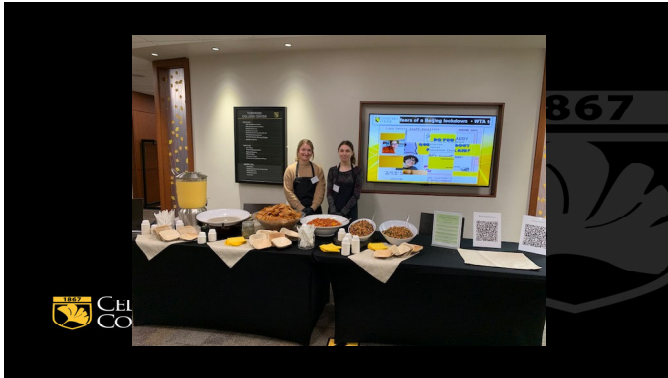
Food brings people together on many different levels. It's nourishment of the soul and body; it's truly love.  
-Giada DeLaurentis

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## Outcomes

- Positive feedback
- Respectable turnout/diverse representation
- 100% of survey respondents enjoyed the foods that they sampled
- 91% of survey respondents reported that they plan to incorporate more of these food groups/subgroups
- Many participants requested the recipes

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## ACEND Competencies

- KRDN 2.1 Demonstrate effective and professional oral and written communication and documentation.
- KRDN 2.6 Demonstrate cultural humility, awareness of personal biases and an understanding of cultural differences as they contribute to diversity, equity and inclusion.
- KRDN 2.7 Describe contributing factors to health inequity in nutrition and dietetics including structural bias, social inequities, health disparities and discrimination.

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## Questions?

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