

## Academy of Nutrition and Dietetics Strategic Plan

- Vision:** A world where all people thrive through the transformative power of food and nutrition
- Mission:** Accelerate improvements in global health and well-being through food and nutrition
- Principles:** The Academy of Nutrition and Dietetics, through its members, works to:
- Amplify the contribution and value of diverse nutrition and dietetics practitioners to the public
  - Position registered dietitian nutritionists as *the* experts in food and nutrition
  - Expand workforce demand and capacity
  - Incorporate research, professional development, technology and practice to foster innovation and discovery
  - Collaborate with key stakeholders to solve the greatest food and nutrition challenges, now and in the future
  - Focus on making a system-wide impact across food, well-being and health care sectors
  - Have a global impact in eliminating all forms of malnutrition.

In achieving the Academy’s vision and mission, focus areas define **where** we will prioritize and direct resources to make an impact. Goals demonstrate **what we will do** to show progress toward success. Strategies describe **how we will do it**.

**Focus Areas:**

The Strategic Plan includes four areas **where** the Academy will focus efforts to accelerate progress toward achieving the vision and mission through impact goals that help focus, set priorities and assign resources, in Well-Being and Prevention, Nutrition Care and Health Systems, Nutrition Security and Food Safety, and Inclusion, Diversity, Equity and Access. The impact goals (**what**) and strategies (**how**) correlate to the principles. Through 2025, the Academy will prioritize programs and initiatives to demonstrate significant impact in:

FOCUS AREAS	Well-Being and Prevention	Nutrition Care and Health Systems	Nutrition Security and Food Safety	Inclusion, Diversity, Equity and Access
<b>IMPACT GOALS</b>	<ul style="list-style-type: none"> <li>• Increase equitable access to food, nutrition and other lifestyle-related services</li> <li>• Promote healthful eating and physical activity to improve population health and wellness at all stages of life</li> </ul>	<ul style="list-style-type: none"> <li>• Achieve access and utilization of nutrition services, particularly medical nutrition therapy, as pillars of health equity</li> <li>• Identify and treat all forms of malnutrition</li> <li>• Demonstrate the impact of access to health equity and effectiveness of nutrition and dietetics care</li> <li>• Position RDN/NDTR as key players on the interdisciplinary team/health-care system</li> </ul>	<ul style="list-style-type: none"> <li>• Advocate for equitable access to safe and nutritious food and water</li> <li>• Advance sustainable nutrition and resilient food systems</li> </ul>	<ul style="list-style-type: none"> <li>• Establish infrastructure and resources to achieve optimal and sustainable IDEA outcomes</li> <li>• Increase recruitment, retention and completion of nutrition and dietetics education and leadership at all levels for underrepresented groups</li> <li>• Cultivate organizational and professional values of equity, respect, civility and anti-discrimination</li> <li>• Advance food and nutrition research, policy and practice through a holistic IDEA lens</li> </ul>

**STRATEGIES**

Strategies describe **how** the Academy builds on our core organizational strengths in food and nutrition research; advocacy and communications; professional development; and workforce demand and capacity.

STRATEGIES	
<b>Research</b>	<ul style="list-style-type: none"> <li>• Advance evidence-based practice, policy and education</li> <li>• Leverage retrospective and prospective research methodology to study the impact of access and care by nutrition care providers on nutrition and health outcomes and quality of life for use in education and advocacy efforts</li> <li>• Expand and advance globally the field of food and nutrition science</li> <li>• Develop organizational positions and policy stances supported by the best available scientific evidence</li> <li>• Leverage technology and data to accelerate growth and innovation.</li> </ul>
<b>Advocacy and Communications</b>	<ul style="list-style-type: none"> <li>• Make an impact on food, nutrition, and health equity policies through participation in legislative and regulatory initiatives</li> <li>• Advocate for local, state and national policies and programs that:               <ul style="list-style-type: none"> <li>• Reduce and eliminate nutrition and health disparities</li> <li>• Increase nutrition security throughout the lifecycle</li> <li>• Maximize food and nutrition services delivery and payment systems across clinical and community settings</li> <li>• Foster food system sustainability and leverage innovations in food loss and waste reduction</li> </ul> </li> <li>• Advance global influence through effective alliances</li> <li>• Serve as a trusted resource and utilize all media outlets to educate and promote evidence-based practices and science-based resources to practitioners, the public, policy makers and all stakeholders</li> <li>• Promote infrastructure and funding for nutrition research</li> <li>• Leverage technology and data to accelerate growth and innovation.</li> </ul>
<b>Professional Development</b>	<ul style="list-style-type: none"> <li>• Use the best available evidence, provide tiered, progressive education and career advancement to support practitioners’ needs</li> <li>• Engage practitioners at all levels through recognition programs, certificates of training and certifications</li> <li>• Serve as primary resource for professional experiential training opportunities for traineeships and fellowships, practitioner networking, mentoring and information sharing</li> <li>• Collaborate in developing products and services for practitioners that positively influence patient and client outcomes</li> <li>• Create interprofessional training and professional development opportunities through strategic partnerships</li> <li>• Lead global efforts in development, testing and dissemination of the Nutrition Care Process/Terminology and Nutrition Focused Physical Exam</li> <li>• Leverage technology and data to accelerate growth and innovation.</li> </ul>
<b>Workforce Demand and Capacity</b>	<ul style="list-style-type: none"> <li>• Build a global nutrition collaborative to accelerate progress in improving health</li> <li>• Increase the pool of educators and practitioners, including doctorate-prepared individuals</li> <li>• Develop and advance innovative delivery models for degree and non-degree education and training</li> <li>• Increase the diversity of the nutrition and dietetics workforce and the cultural humility of all practitioners</li> <li>• Expand population and community nutrition programs and initiatives with a focus on social determinants of health</li> <li>• Through expanded and varied learning opportunities, promote leadership self-efficacy and instill behavioral leadership skills at all levels of practice competence, including for students</li> <li>• Leverage technology and data to accelerate growth and innovation.</li> </ul>