

# ACADEMY OF NUTRITION AND DIETETICS

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# ACADEMY OF NUTRITION AND DIETETICS FOUNDATION

## Fiscal Year 2019 Annual Report

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving health and advancing the profession of nutrition and dietetics through research, education and advocacy.

## ACADEMY'S ELECTED LEADERS



**Mary Russell, MS, RDN, LDN, FAND,** served as the Academy's 93<sup>rd</sup> President in 2018-2019.



**Terri J. Raymond, MA, RDN, CD, FAND,** served as President-elect.

## ACADEMY'S REVISED CODE OF ETHICS

In June 2018, the Academy's and Commission on Dietetic Registration's revised Code of Ethics for the Nutrition and Dietetics Profession was launched, setting forth the values, principles and standards that guide the profession. The Code of Ethics empowers practitioners to think and act in a manner that upholds the fundamental ideals of the organization and is intended to protect and benefit the practitioner and the patient/client.

## REPRESENTATION ON DIETARY GUIDELINES ADVISORY COMMITTEE

Ten Academy members were among 20 nationally recognized nutrition and health science authorities named by the U.S. Departments of Agriculture and Health and Human Services to the government's 2020 Dietary Guidelines Advisory Committee. The committee's work will form the basis for the USDA and HHS' development of the 2020-2025 *Dietary Guidelines for Americans*. The Academy's members were selected for their expertise in public health and their commitment to rigorously review the current state of food and nutrition science.

## LETTER TO DHS: ENSURE HEALTH OF CHILDREN

In June, President Mary Russell wrote on the Academy's behalf to U.S. Homeland Security Secretary Kirstjen Nielsen, requesting that DHS ensure the mental and physical well-being of children affected by immigration policy. The letter noted that all Academy members remain concerned that food and nutrition requirements should be met, and access to medical care should be provided, for families who are placed in temporary detention facilities or care provider facilities.

## SPOTLIGHT ON MALNUTRITION

The Academy instituted the monthly Spotlight on Malnutrition in September 2018, focusing on awareness, prevention and treatment of malnutrition among children, adults, special populations and people throughout the world. The Academy created a social media toolkit and featured free webinars, events and research and practice resources throughout the month.

## LEVERAGE RESOURCES: ALLIANCE WITH OBESITY SOCIETY

The Academy and The Obesity Society announced a three-year alliance in November 2018 to develop educational, scientific and clinical materials, programs and other activities related to evidence-based treatment of obesity and weight management. President Russell said: "This is a wonderful opportunity to join efforts and leverage resources to educate our members and the public, work together to build awareness through advocacy, and develop clinical guides and standards of practice – all related to the prevention and treatment of obesity, nutritional disorders and related conditions."

In January 2019, Morrison Healthcare, with its 776 hospitals, joined the Malnutrition Quality Improvement Initiative to help support further recruitment of hospitals into the collaborative. MQii's dual-pronged approach of maximizing clinician resources and reporting measures is vital to implementation of malnutrition quality improvement. This program is instrumental in shifting the culture to one in which all health care team members value the importance of nutrition.

## AT UNITED NATIONS: INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE FORUM

President Russell represented the Academy in February 2019 at the International Day of Women and Girls in Science Forum, held at the United Nations headquarters in New York City. The panel's topic was "Investing in Science and Technology Education for Shaping Society's Future." President Russell spoke on the Academy's contribution to addressing the international issue of malnutrition which has applications beyond our own borders. This was the third year the Academy was invited to participate in this event, which draws representatives from nearly 40 countries.

## MAXIMIZING IMPACT: COLLABORATION WITH ASPEN

In April, the Academy and the American Society for Parenteral and Enteral Nutrition formed a collaboration to leverage resources and activities to maximize the reach, scope and impact of programs and services. These include consensus statements, clinical guidelines, technical reviews, standards of practice, and descriptors of best scientific and clinical practices; as well as educational materials to support evidence-based approaches to clinical care, prevention and treatment.

## ACADEMY'S ADVOCACY: GOVERNMENT EXPANDS ACCESS TO RDNS' SERVICES

In response to advocacy by the Academy, the Centers for Medicare & Medicaid Services added registered dietitian nutritionists as eligible clinicians to the Medicare Quality Payment Program. This important action paved the way for RDNs who are Medicare providers to join the ranks of physician providers participating in the Merit-Based Incentive Payment System track under the QPP. Based on reporting specific performance measures to CMS, RDNs now have the potential to increase their Medicare payments starting in 2021, rather than be subject to relatively stagnant payments under the Medicare Physician Fee Schedule.

## DIVERSITY AND INCLUSION

Diversity and inclusion are a strength of any society; during FY 2019, the Academy made strides toward strengthening the diversity and inclusivity of the nutrition and dietetics profession. The first-ever Excellence in Practice Diversity Promotion Award was established; and in February, the Board of Directors adopted a new Diversity Definition for the Academy:

*The Academy encourages diversity and inclusion by striving to recognize, respect and include differences in ability, age, creed, culture, ethnicity, gender, gender identity, political affiliation, race, religion, sexual orientation, size and socioeconomic characteristics in the nutrition and dietetics profession.*

As President Russell wrote in the April *Journal of the Academy of Nutrition and Dietetics*: "In the spirit of diversity and inclusion, the Academy will continue to actively promote role models, establish scholarships and provide mentoring opportunities to diverse individuals at every stage of their careers. We will continue to make educational and cultural competency resources available to all members."



## SCIENCE, EVIDENCE AND ACADEMY POSITIONS

### Evidence Analysis Library

The Academy's Evidence Analysis Library is an online series of systematic reviews and evidence-based nutrition practice guidelines developed by the Academy following a rigorous methodology. Between June 1, 2018, and May 31, 2019, the Academy published the following:

### Scoping Reviews

- Celiac Disease
- Cystic Fibrosis
- Nutritional Genomics
- Preterm Infant

### Systematic Reviews

- Chronic Kidney Disease
- Nutrition Screening: Adults
- Nutrition Screening: Pediatrics

### Position Papers

A position paper is a critical analysis of current facts, data and research literature. A key feature of the paper is the position statement, which presents the Academy's stance on an issue.

The Academy, and its members, other professional associations, government agencies and industry, use position papers to shape food choices and impact the public's nutritional status.

Between June 1, 2018, and May 31, 2019, the Academy published the following position papers:

- Benchmarks for Nutrition in Child Care
- Child and Adolescent Federally Funded Nutrition Assistance Programs
- Micronutrient Supplementation

## BOOKS AND PUBLICATIONS

During FY 2019, the Academy published new and updated print and electronic books and publications, including:

*Academy of Nutrition and Dietetics Pocket Guide to Parenteral Nutrition* (2<sup>nd</sup> ed.) (print, eBook)

*Academy of Nutrition and Dietetics Pocket Guide to Spanish for the Nutrition Professional* (3<sup>rd</sup> ed.) (print, eBook)

*Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities* (3<sup>rd</sup> ed.) (print, eBook)

*Research: Successful Approaches in Nutrition and Dietetics* (4<sup>th</sup> ed.) (print, eBook and free ancillary Instructor Resource Kit)

*Oncology Nutrition for Clinical Practice* (print)

The Academy began offering members selected materials at a discounted price from the American Society of Parenteral and Enteral Nutrition and the American Association of Diabetes Educators. In turn, these organizations offered selected Academy titles to their members.



## POLICY INITIATIVES AND ADVOCACY

The Academy worked to accelerate progress towards achieving its vision and mission by focusing public policy initiatives on three areas where efforts can have the greatest impact.

### Prevention and Well-Being

The *Dietary Guidelines for Americans* are especially important in developing nutrition education and strengthening food assistance programs that the Academy supports, including the Supplemental Nutrition Assistance Program, Child Nutrition and WIC programs. Throughout the fiscal year, the Academy submitted oral and written comments to the U.S. Departments of Agriculture and Health and Human Services to support dietary guidelines that will help improve the health of all Americans.

To bolster these efforts, the Academy established the Collaborative for the 2020–2025 *Dietary Guidelines for Americans*. Comprised of topic experts and member leaders well-versed in the Academy's policy and research initiatives, the collaborative consists of seven think tanks, focused on topics of the 2020–2025 *Dietary Guidelines* and additional issues.

### Health Care and Health Systems

The Academy is dedicated to protecting consumers by maintaining existing dietetics licensure laws and enacting or strengthening licensure laws in states that lack sufficient regulations to protect the public.

Academy members were asked to advocate to Congress on the Treat and Reduce Obesity Act (H.R. 1530/S.595) and the Expanding Access to Diabetes Self-Management Training Act (H.R. 1840/ S.814). TROA provides Medicare beneficiaries with obesity access to RDNs for intensive behavioral therapy and FDA-approved obesity medications, while DSMT would allow Medicare beneficiaries to access same day DSMT and MNT services.

### Food and Nutrition Safety and Security

The Academy of Nutrition and Dietetics is committed to improving the health of Americans by ensuring access to a nourishing, safe and affordable food supply. The Academy also is committed to ensuring that high-quality services and education are integral components of nutrition assistance programs, offering recommendations to build upon and strengthen existing Farm Bill programs; increase access to affordable, nutritious food, especially for those most in need; and improve the demand and marketplace for a diversity of foods that contribute to health and food security.

The Academy, along with coalition members, successfully maintained the integrity of the SNAP-Ed program in the 2018 Farm Bill and advocated for improvements such as establishing a best practices clearing house and require USDA to provide technical assistance to state agencies to develop and implement SNAP-Ed plans. Additionally, the Academy supported successful efforts to expand and establish mandatory spending for the Gus Schumacher Nutrition Incentive Program, which provides grants to projects to increase the purchase of fruits and vegetables among SNAP participants by providing incentives at the point of purchase.

In March 2019, Academy Past President Donna S. Martin, EdS, RDN, LD, SNS, FAND, director of school nutrition in Burke County, Ga., testified to the U.S. House of Representatives Committee on Education and Labor's subcommittee on Civil Rights and Human Services in support of strong nutrition standards. Martin highlighted the success of her school district in meeting the nutrition standards, as well as the need for appropriate equipment and training. This was the first hearing of the 116th Congress to discuss Child Nutrition Reauthorization.

### Public Policy Workshop

Taking place immediately following the Academy's 2018 Food & Nutrition Conference & Expo™ in Washington, D.C., the 2018 Public Policy Workshop enjoyed its largest attendance in history: more than 1,400 attendees. During the event, 359 members of Congress were reached through Hill visits and packet dropoffs. U.S. Rep. Betty McCollum (Minn.) received the Public Policy Leadership Award for her work in nutrition, food and agriculture policy. Academy member Lesley McPhatter, MS, RD, CSR, was honored with the 2018 Award for Grassroots Excellence for her outstanding work at both state and federal levels.



## FOOD & NUTRITION MAGAZINE®

*Food & Nutrition Magazine*® continued to deliver timely content enjoyed by Academy members and beyond. In August 2018, *Food & Nutrition* won the Gold EXCEL Award from Association Media and Publishing for Magazines: General Excellence (circulation 50,001-100,000). In January 2019, *Food & Nutrition* also won PR Daily's 2018 Nonprofit PR Award for Print Publication, in which the organization described the publication as a "visually stunning

print magazine for its audience of food and nutrition professionals around the world." *Food & Nutrition* also won a Gold ASHPE Award from the American Society of Healthcare Publication Editors for the magazine's Savor department and a Platinum Hermes Award from the Association of Marketing and Communication Professionals.

For the Academy's 2018 Food & Nutrition Conference & Expo™, *Food & Nutrition* published a special issue

featuring profiles of award recipients, a restaurant and sights guide for host city Washington, D.C, curated by the D.C. Metro Academy of Nutrition and Dietetics, and an overview of five key additions to FNCE®, including a Current Events track, debate sessions, expanded Learning Lounge talks and, for the first time, the Public Policy Workshop following FNCE®.

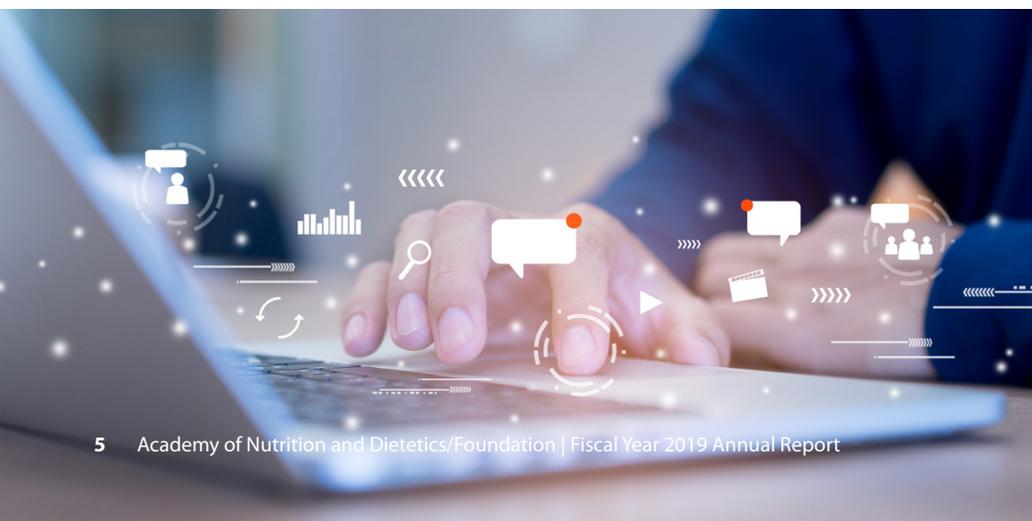
## SOCIAL MEDIA

The Academy's 20 social media pages spanned six platforms: Facebook, Twitter, LinkedIn, Pinterest, Instagram and YouTube. Each maintained a strong presence, with nearly 1 million total followers. At the 2018 Food & Nutrition Conference & Expo™, attendees as well as Academy members at home shared photos and videos, networked and created a lively community using the #FNCE hashtag. The hashtag helped create positive sentiment and engagement throughout the conference, delivering 62.9 million impressions and trending nationally on Twitter on October 21 and locally from October 21 through 23.

In March, the official hashtag #NationalNutritionMonth and ancillary hashtags (such as #NNMchat, #RDNday and variations) were used in more than 42,000 social media posts for a total of 259.5 million impressions. The Academy's National Nutrition Month® social media toolkit received more than 12,000 pageviews and won a Platinum dotCOMM Award from the Association of Marketing and Communication Professionals and PR Daily's 2019 Nonprofit Award in the Social Media Campaign category. The toolkit featured static images in English and Spanish, cover photos and animated gifs with preset messaging for users to easily share with their followers on Facebook, Twitter and Instagram. It also featured a calendar of events, including four Twitter chats hosted by the Academy's profiles.

## PUBLIC AND MEDIA OUTREACH

The Academy continued its successful program of promoting registered dietitian nutritionists and nutrition and dietetics technicians, registered. The Academy and its network of volunteer media Spokespeople remained a trusted source for media across the country and the globe. Media coverage plays a significant role in building awareness and recognition for the Academy and its members. The Academy's Strategic Communications team worked with the news media to raise public awareness of the Academy, the significant contributions of members, scientific research published in the *Journal of the Academy of Nutrition and Dietetics* and the importance of healthful nutrition for everyone. From June 1, 2018, through May 31, 2019, the Academy reached an audience of approximately 21 billion and generated nearly 19,000 media placements.



## NATIONAL NUTRITION MONTH®

National Nutrition Month®, celebrated in March, and Registered Dietitian Nutritionist Day, celebrated on the second Wednesday in March, continued to play a significant role in building awareness and recognition for the Academy and RDNs. The Academy generated significant coverage and interest in National Nutrition Month® from local and national print, online and broadcast media.

In celebration of Registered Dietitian Nutritionist Day and in honor of National Nutrition Month® 2019, members were asked: “How does your work help to solve the greatest food and nutrition challenges now and in the future?” From more than 90 thoughtful and inspirational responses, the winner of the 2019 Registered Dietitian Nutritionist Day contest was Regina Ragone, MS, RD, of Lynbrook, N.Y. Her photo was featured in New York City’s Times Square on Registered Dietitian Nutritionist Day.



## CORPORATE SPONSORSHIP

The Academy’s sponsorship program continued to allow for purposeful collaboration with organizations and helped to advance the Academy’s mission. The Academy recognizes and thanks the following sponsors for their generous support of events and programs that occurred within Fiscal Year 2019:

### Academy National Sponsor

National Dairy Council®

### Premier Sponsors

Abbott

Beneo Institute

### Academy Supporters

Ajinomoto Health & Nutrition North America, Inc.

The a2 Milk Company™

Campbell Soup Company

Cargill

DayTwo

Egg Nutrition Center

Food Allergy Research & Education (FARE)

Global Nutrition & Health Alliance

L-Nutra

Potatoes USA

Quaker

Splenda® Sweeteners

Sunsweet Growers

The Wonderful Company



## JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS

With more than 1.8 million article views in the past year, the *Journal's* app and website, respectively, made the *Journal* one of the most relied-upon publications for the science of food, nutrition and dietetics. The *Journal of the Academy of Nutrition and Dietetics* continued to build its online presence with articles online ahead of print, archived articles, podcasts, educational slides, expanded topics collections, new iOS and Android app features and more. The *Journal's* Impact Factor increased to 4.141, its highest to date.

## HOUSE OF DELEGATES UPDATE



The House of Delegates serves as a voice of Academy members and identifies and develops solutions to some of the challenges facing the profession.

The information from the Council on Future Practice's *Change Drivers and Trends Driving the Profession: A Prelude to the Visioning Report 2017* and the *Visioning Report 2017: A Preferred Path Forward for Nutrition and Dietetics* continue to be used as the foundation

for strategic and professional issues to be addressed by the House of Delegates.

During the HOD's fall 2018 meeting, delegates discussed the topic *Leading Together for Good Governance*. Delegates explored ways to design an engaged HOD to best support and advance the Academy's Strategic Plan now and in the future. The HOD Evolution Designers Team was formed and reviewed members' input and the HOD

meeting outcomes to come up with recommendations. In May 2019, the HOD conducted a dialogue on the report recommendations. Three House motions were approved and the report was sent to the Academy's Board of Directors.

At the spring 2018 meeting, delegates addressed the strategic issue of *Food Systems and Sustainability: Shaping Dietary Guidance*. One motion was approved, with actions to help nutrition and dietetics practitioners and students advance their competencies in education research and practice to address changing food drivers and shape consumers' choices.

The HOD approved three bylaws changes: International Member Qualifications, Student Member Qualifications and the Commission on Dietetic Registration's mission statement.

## ACADEMY OF NUTRITION AND DIETETICS FOUNDATION

The Foundation and its donors empower Academy members to be global leaders in food, nutrition and health. The Foundation is the only charitable organization dedicated exclusively to supporting nutrition and dietetics, funding scholarships, awards, fellowships and health and nutrition research as well as improving the health of communities through public nutrition education programs.

Although affiliated with the Academy, the Foundation is an independent 501(c)(3) public charity and does not receive any portion of members' dues. The success and impact of Foundation programs and services are attributed to the generous support of its donors.

### Special thanks to groups and individuals who supported the Academy's Foundation with gifts of \$10,000 or more from June 1, 2018, to May 31, 2019:

William C. Barkley

Clinical Nutrition Management Dietetic Practice Group

Colgate Palmolive Company

Commission on Dietetic Registration

Crohn's and Colitis Foundation

Diabetes Care and Education Dietetic Practice Group

Dietetics in Healthcare Communities Dietetic Practice Group

Dietitians in Integrative and Functional Medicine Dietetic Practice Group

Dietitians in Nutrition Support Dietetic Practice Group

Judith L. Dodd

Edelman

General Mills Foundation

Karen P. Lacey

Herbert A. Lund Irrevocable Trust

Medical Nutrition Dietetic Practice Group

National Dairy Council

Nutrition and Dietetic Educators and Preceptors

Pharmavite LLC/Nature Made

Renal Nutrition Dietetic Practice Group

Walmart

Weight Management Dietetic Practice Group

Alice A. Wimpfheimer

## COMMISSION ON DIETETIC REGISTRATION

The Commission on Dietetic Registration remained committed to its public protection mission by attesting to the professional competence of more than 100,000 registered dietitian nutritionists and more than 5,300 nutrition and dietetics technicians, registered who have met CDR's standards to enter and continue in nutrition and dietetics practice.

CDR administers 10 separate and distinct credentialing programs:

Registered Dietitian; Dietetics Technician, Registered; Advanced Practitioner in Clinical Nutrition; and Board Certified Specialist certification programs in Renal Nutrition; Pediatric Nutrition; Sports Dietetics; Gerontological Nutrition; Oncology Nutrition; Pediatric Critical Care and an interdisciplinary Obesity and Weight Management certification program available to nurse practitioners, physician assistants, physical therapists, pharmacists, advanced-practice registered dietitian nutritionists and licensed clinical social workers.

During the past year, there were more than 4,200 Board Certified Specialists. CDR's entry-level registration examinations and (with the exception of the two newest programs in weight management and pediatric critical care) its Board Certified Specialist certification programs are accredited by the National Commission for Certifying Agencies. In addition to administering examinations and the recertification systems for these programs, in FY 2019 the Commission on Dietetic Registration:

- Administered a prior approval process for continuing professional education program providers. More than 3,500 programs were reviewed and approved.
- Administered an accreditation process for continuing professional education program providers. During the past year, there were 260 accredited providers.
- Conducted six informational webinars for CDR-credentialed practitioners, students and accredited providers, addressing the essential practice competencies and goal wizard tool for the Professional Development Portfolio recertification system.
- Presented CDR updates at each of the three regional Nutrition and Dietetic Educators and Preceptors meetings.
- Administered the online Assess and Learn courses "Celiac Disease," "Gerontological Nutrition" and "Sports Dietetics: Nutrition for Athletic Performance."
- Updated the "Managing Type 2 Diabetes" module.
- Introduced a new Assess and Learn module "Health Promotion and Disease Prevention."
- Administered two online programs for educators and preceptors "Assessing Prior Learning Online Module" and a "Dietetics Preceptor Training Course."
- Provided funding for ten \$10,000 doctoral scholarships, twenty \$5,000 diversity scholarships and four \$10,000 PhD-to-RD fellowships. All scholarships and fellowships were administered by the Academy's Foundation.
- Provided funding to support the development of two dietetics education simulation programs by the Academy Research team and Pennsylvania State University.
- Administered registration eligibility reciprocity agreements with Ireland, the Netherlands and the Philippines.
- Administered licensure board services including use of CDR's entry-level registration examinations for licensure purposes and continuing professional education tracking for licensed nonregistered dietitians.
- Administered certificates of training in childhood weight management and obesity interventions for adults. Since implementation in April 2001, more than 20,000 members and credentialed practitioners have participated in these programs.

## ACCREDITATION COUNCIL FOR EDUCATION IN NUTRITION AND DIETETICS

The Accreditation Council for Education in Nutrition and Dietetics continues to serve the public and the Academy's members by working with nutrition and dietetics practitioners, educators and others to develop and implement standards for the educational preparation of nutrition and dietetics professionals and by accrediting nutrition and dietetics education programs at colleges, universities and other organizations that meet its standards. ACEND received renewed recognition from the U.S. Department of Education as the accreditor of nutrition and dietetics programs.

Revisions to the 2017 Accreditation Standards became effective for all program types on July 1, 2018. ACEND has begun to accredit demonstration programs under the Future Education Model Accreditation Standards for Associate, Bachelor's and Graduate Degree Programs in Nutrition and Dietetics.

## OPPORTUNITIES TO NETWORK

The Academy offered its members many opportunities to interact and network with those who share geographic, dietetics practice or other areas of common interests and issues. Affiliates, dietetic practice groups and member interest groups continued to support the Academy's diversity and inclusion efforts by participating in the Academy's Diversity Liaison program, appointing a leader within each group. During FY 2019, the Academy approved diversity mini-grants to six affiliates, two dietetic practice groups and two member interest groups to help fund diversity and inclusion outreach events.

### Dietetic Practice Groups

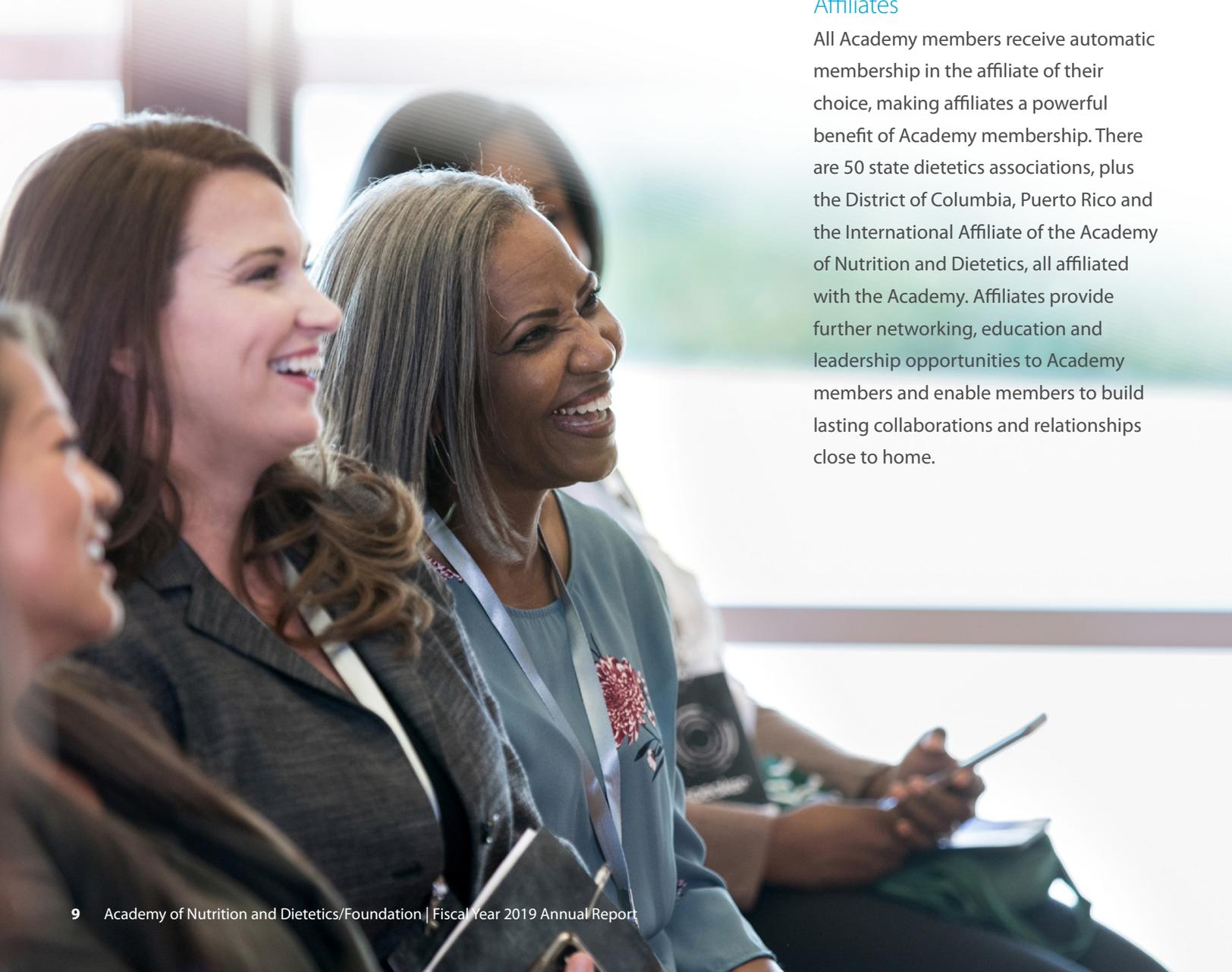
The Academy remained committed to keeping members abreast of trends in food and nutrition and preparing members for the requirements of an ever-changing profession and marketplace. The Academy's 25 dietetic practice groups created opportunities for members to excel and grow through professional development, networking opportunities, leadership development and specialization. In Fiscal Year 2019, membership in dietetic practice groups was approximately 60,000.

### Member Interest Groups

Member interest groups provided a means for Academy members with common interests, issues or backgrounds to connect. Unlike dietetic practice groups and affiliate associations, member interest groups focus on areas other than practice or geographic location. In Fiscal Year 2019, six member interest groups were available to the Academy's membership, spanning cultures, religions, ages and demographics. Member interest group membership totaled more than 3,800.

### Affiliates

All Academy members receive automatic membership in the affiliate of their choice, making affiliates a powerful benefit of Academy membership. There are 50 state dietetics associations, plus the District of Columbia, Puerto Rico and the International Affiliate of the Academy of Nutrition and Dietetics, all affiliated with the Academy. Affiliates provide further networking, education and leadership opportunities to Academy members and enable members to build lasting collaborations and relationships close to home.



## **ACADEMY OF NUTRITION AND DIETETICS/FOUNDATION FOR YEAR ENDING MAY 31, 2019**

For the year ending May 31, 2019, the Foundation and Academy had a combined profit of \$1 million. Peeling back the correlating components, one can see this was driven by the success of the Foundation. In the 2019 Fiscal Year, the Foundation had a profit of nearly \$757,000, driven by strong revenue and controlled expenses. This resulted in the Foundation's net assets increasing to \$27.4 million. These funds provided the necessary resources for the Foundation's support of scholarship programs, awards, research and the nutrition and dietetics profession as a whole.

Further breaking down the financials of the organization, the Commission on Dietetic Registration, dietetic practice groups, member interest groups, Accreditation Council for Education in Nutrition and Dietetics and the Academy's political action committee, ANDPAC, had a combined profit of just under \$601,000. Again, this was driven by strong revenue and controlled expenses. This resulted in the total net assets for these groups in growing to nearly \$19.5 million. This growth will allow these groups to support and continue to impact the profession in their unique way.

The Academy had a small deficit of nearly \$350,000, as the Board continued its investment in new member programs. As was the case with the rest of the organization, revenue was strong while expenses were controlled. The Academy continues to invest into the future of the organization by developing new programs, products and services that will benefit members and the profession now and into the future.

When the budget was developed for Fiscal Year 2020, the Board continued its efforts to invest in programs and services to further position members and the profession as leaders in the fields of food and nutrition. Staff and leadership continually monitor financial results and adjustments are made wherever necessary to generate a positive financial bottom line.

Looking forward to Fiscal Year 2021, the budget will be compiled with a similar approach as in past years. Although current economic factors are good, what lies ahead is unknown and can be a concern. The Board of Directors, however, will continue to look to the future and make necessary investments to develop and promote the profession and all Academy members to be the nation's food and nutrition leaders.

# ACADEMY OF NUTRITION AND DIETETICS FINANCIAL STATEMENTS

## Academy of Nutrition and Dietetics Statement of Financial Position - May 31

<b>Assests</b>	<b>2018</b>	<b>2019</b>
Cash and Cash Equivalents	\$6,007,784	\$7,446,528
Investments	31,349,816	30,366,351
Interest Receivable	107,472	86,204
Accounts Receivable - Net	1,202,371	1,427,718
Prepaid Expenses	1,549,875	1,673,545
Inventories	1,149,499	1,188,896
Investments Held for		
Deferred Compensation	629,736	627,595
Property and Equipment Net	5,794,521	5,497,002
	<u>\$47,791,074</u>	<u>\$48,358,839</u>
<b>Liabilities and Net Assets</b>		
Liabilities		
Accounts Payable	\$1,116,621	\$1,773,787
Accrued Liabilities	1,508,847	1,837,993
Inter-Organizational Balances	(243,396)	(93,394)
Due to State Associations	3,207,641	3,348,506
	<u>\$5,589,713</u>	<u>\$6,865,892</u>
Deferred Revenue		
Membership Dues	\$7,693,673	\$7,660,321
Registration Fees	3,865,989	3,885,655
Subscriptions	2,520,242	2,464,301
Annual Meeting	1,724,875	1,383,436
Sponsorships	363,781	150,000
Other	1,536,525	1,816,309
	<u>\$17,705,085</u>	<u>\$17,360,022</u>
Deferred Compensation	\$629,736	\$672,595
Deferred Rent Incentive	1,309,891	1,278,236
Term Note Payable	1,510,419	884,708
	<u>\$3,450,046</u>	<u>\$2,835,539</u>
	<u>\$26,744,844</u>	<u>\$27,061,453</u>
<b>Net assests</b>		
Unrestricted		
Academy Operations	2,163,262	1,813,731
Related Academy Organizations*	18,882,968	19,483,655
	<u>21,046,230</u>	<u>21,297,386</u>
<b>Total Liabilities and Net Assets</b>	<u>\$47,791,074</u>	<u>\$48,358,839</u>

\*Includes CDR, DPGs, MIGs, ACEND, ANDPAC

**Academy of Nutrition and Dietetics**  
**Statement of Activities - By Object and Fund - Year Ended May 31, 2019**

	<b>Related Academy</b>		
<b>Revenues</b>	<b>Academy</b>	<b>Organizational Units*</b>	<b>Total</b>
Membership Dues - Gross	\$10,996,829	\$1,879,726	\$12,876,555
State Affiliate Allocations	(\$1,848,058)		(\$1,848,058)
Membership Dues - Net	9,148,771	1,879,726	11,028,497
Registration and Examination Fees		8,635,746	8,635,746
Contributions		108,374	108,374
Programs and Meetings	5,181,790	338,016	5,519,806
Publications and Materials	2,550,695	391,869	2,942,564
Subscriptions	2,345,434	340	2,345,774
Advertising	302,237	44,170	346,407
Sponsorships	1,096,432		1,096,432
Grants	163,453	693,255	856,708
Education Program		2,291,890	2,291,890
Other	1,324,931	189,110	1,514,041
<b>Total Revenues</b>	<b>\$22,113,743</b>	<b>\$14,572,496</b>	<b>\$36,686,239</b>
<b>Expenses</b>			
Personnel	\$13,723,032	\$2,818,000	\$16,541,032
Publications	2,343,376	38,699	2,382,075
Travel	914,261	1,698,312	2,612,573
Professional Fees	1,583,888	1,807,616	3,391,504
Postage and Mailing Service	589,858	405,586	995,444
Office supplies and Equipment	221,970	84,459	306,429
Rent and Utilities	908,653	193,854	1,102,507
Telephone and Communications	193,245	90,973	284,218
Commissions	61,610		61,610
Computer Expenses	827,045	133,510	960,555
Advertising and Promotion	97,135	36,675	133,810
Insurance	80,679	151,424	232,103
Depreciation	1,323,835	305,315	1,629,150
Income taxes		11,326	11,326
Bank and Trust Fees	752,598	258,109	1,010,707
Other	(2,278,839)	4,037,825	1,758,986
Donations to the Foundation		448,835	448,835
Examination Administration		852,174	852,174
Meeting Services	1,826,904	1,439,226	3,266,130
Legal and Audit	212,035	63,976	276,011
Printing	137,737	167,634	305,371
	<b>\$23,519,022</b>	<b>\$15,043,528</b>	<b>\$38,562,550</b>
<b>(Decrease) Increase in Net Assets from Operating Activities</b>	<b>(\$1,405,279)</b>	<b>(\$471,035)</b>	<b>(\$1,876,314)</b>
<b>Return on Investments</b>	<b>1,055,749</b>	<b>1,071,721</b>	<b>\$2,127,470</b>
<b>Increase (Decrease) in Net Assets</b>	<b>(\$349,530)</b>	<b>600,686</b>	<b>\$251,156</b>
<b>Net Assets at Beginning of Year</b>	<b>2,163,262</b>	<b>18,882,968</b>	<b>\$21,046,230</b>
<b>Net Assets at End of Year</b>	<b>\$1,813,732</b>	<b>\$19,483,654</b>	<b>\$21,297,386</b>

\*Includes CDR, DPGs, MIGs, ACEND, ANDPAC

**Academy of Nutrition and Dietetics Foundation**  
**Statement of Financial Position - May 31**

<b>Assets</b>	<b>2018</b>	<b>2019</b>
Cash and Cash Equivalents	\$2,486,315	\$2,474,290
Investments	23,732,449	24,545,605
Interest Receivable	84,520	70,230
Pledges Receivable, Net	500,732	340,673
Prepaid Expenses	14,929	3,694
Interorganization Balances	(\$243,396)	(\$94,394)
Property Equipment Net	34,180	23,031
<b>Total Assets</b>	<u>\$26,609,729</u>	<u>\$27,363,129</u>
<b>Liabilities and Net Assets</b>		
Deferred Annual Meeting	\$3,500	\$0
<b>Total Liabilities</b>	<u>\$3,500</u>	<u>\$0</u>
<b>Net assets</b>		
Net assets without Donor Restriction	\$5,847,316	\$5,719,577
Net assets with Donor Restriction	20,758,913	21,643,552
<b>Total Net Assets</b>	<u>\$26,606,229</u>	<u>\$27,363,129</u>
<b>Total Liabilities and Net Assets</b>	<u>\$26,609,729</u>	<u>\$27,363,129</u>

**Academy of Nutrition and Dietetics Foundation**  
**Statement of Activities - Year Ended May 31, 2019**

	<b>Net Assets without Donor Restriction</b>	<b>Net Assets with Donor Restriction</b>	<b>Total</b>
<b>Revenues</b>			
Grants and Donations	212	445,000	445,212
Member Contributions	138,288	397,199	535,487
Corporate Contributions	22,798	837,352	860,150
Sponsorships	50,000	150,000	200,000
Release from Restrictions	2,261,351	(2,261,351)	
<b>Total Foundation Revenues</b>	<u>2,472,649</u>	<u>(431,800)</u>	<u>2,040,849</u>
<b>Expenses</b>			
Personnel	856,557	-	856,557
Travel	125,012	-	125,012
Professional Fees	134,475	-	134,475
Postage and Mailing Service	6,155	-	6,155
Office Supplies and Equipment	5,147	-	5,147
Rent and Utilities	63,084	-	63,084
Telephone and Communications	20,045	-	20,045
Computer Expense	42,437	-	42,437
Insurance	18,024	-	18,024
Depreciation	15,959	-	15,959
Bank and Trust Fees	140,728	-	140,728
Other	35,575	-	35,575
Meeting Services	126,824	-	126,824
Legal and Audit	938	-	938
Printing	1,874	-	1,874
Scholarships and Awards	1,380,374	-	1,380,374
<b>Total Foundation Expenses</b>	<u>2,973,208</u>	<u>0</u>	<u>2,973,208</u>
<b>(Decrease) Increase in Net Assets from Operating Activities before Other Items</b>	(500,559)	(431,800)	(932,359)
<b>Return on Investments</b>	<u>372,820</u>	<u>1,316,439</u>	<u>1,689,259</u>
<b>Increase in Net Assets</b>	(127,739)	884,639	756,900
<b>Net Assets</b>			
Beginning of Year	5,847,316	20,758,913	26,606,229
End of Year	<u><b>\$5,719,577</b></u>	<u><b>\$21,643,552</b></u>	<u><b>\$27,363,129</b></u>