Scope of practice in nutrition and dietetics encompasses the range of roles, activities and regulations within which credentialed nutrition and dietetics practitioners perform. The Academy of Nutrition and Dietetics (Academy) Standards of Practice (SOP) in Nutrition Care and Standards of Professional Performance (SOPP) serve as guides for self-evaluation and to determine the education and skills needed to advance an individual’s level of practice. The SOP and SOPP companion documents are consensus standards, a group opinion based on expert knowledge and experience; and may be used for competence verification and maintaining excellence in performance of credentialed nutrition and dietetics practitioners.

Documents listed in this resource reflect the Academy’s mission and vision to accelerate improvements in global health and well-being through food and nutrition. Regular reviews are conducted to reflect the credentialed nutrition and dietetics practitioner’s expanded scope of practice due to changes in health care and business segments; population health initiatives; consumer interests; quality indicators and performance measurement; new or revised evidence-based practice guidelines and research; technological advances; emerging service delivery options; and practice environments.

**Timeline of Scope and Standards Published**

**History:**

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**Scope of practice in nutrition and dietetics:**

- Includes roles and activities of credentialed nutrition and dietetics practitioners.
- Guides self-evaluation and advancement of education and skills.
- Consensus standards reflecting expert knowledge and experience.
- Reflects advancements in health care, business, population health initiatives, consumer interests, quality indicators, and technological changes.

**Academy of Nutrition and Dietetics Standards of Practice (SOP) and Standards of Professional Performance (SOPP):**

- SOP defines practices for clinical dietitians and SOPP provides definitions for practitioner's roles.
- SOPp is used for practitioners performing nutrition care.