Scope/Standards of Practice for Nutrition and Dietetics Practitioners

Locate the Resources:

**Journal of the Academy of Nutrition and Dietetics**
Scope/Standards of Practice
www.eatrightPRO.org/scope
jandonline.org/content/core
- Revised 2017 Scope/Standards of Practice Resources for the Registered Dietitian Nutritionist
- Revised 2017 Scope/Standards of Practice Resources for the Nutrition and Dietetics Technician, Registered

Focus-Area Standards of Practice/Standards of Professional Performance
www.eatrightPRO.org/sop
jandonline.org/content/credentialed
jandonline.org/content/focus
- Adult Weight Management
- Clinical Nutrition Management
- Diabetes Care
- Disordered Eating and Eating Disorders
- Education of Nutrition and Dietetics Practitioners
- Intellectual and Developmental Disabilities
- Management of Food and Nutrition Systems
- Mental Health and Addictions
- Nephrology Nutrition
- Nutrition in Integrative and Functional Medicine
- Nutrition Support
- Oncology Nutrition
- Pediatric Nutrition
- Post-Acute and Long-Term Care Nutrition
- Public Health and Community Nutrition
- Sports Nutrition and Dietetics
- Sustainable, Resilient, and Healthy Food and Water Systems

**Academy Store**
www.eatrightSTORE.org
- Quality Management:
  - Case Studies
  - Practice Tips
  - Consultative Services

**Scope of Practice**
www.eatrightPRO.org/scope
- Scope of Practice Decision Algorithm

**Definition of Terms**
www.eatrightPRO.org/scope
- Definition of Terms List
- Journal Article

**Learning Modules**
Learn about the Scope and Standards for RDNs and NDTRs
www.eatrightPRO.org/scope
- Academy Scope of Practice Learning Module:
  - Part 1: What Every RDN and NDTR Practitioner Needs to Know
  - Part 2: Case Studies for RDNs and NDTRs
- Academy Standards Learning Module:
  - Part 1: Guiding RDN and NDTR Practitioner Competence and Advancement
  - Part 2: Case Studies for RDNs and NDTRs
2 CPEUs Available!

**Realm of Quality: Moving Toward RDN/NDTR Excellence**
Are You an RDN or NDTR with Scope/Standards of Practice Questions About…

- Taking blood pressure?
- Writing patient diet orders, tube feeding orders or lab orders?
- Accepting delegated orders?
- An NDTR not working under the supervision of an RDN?
- An NDTR writing PES Statements?
- Co-signing in the medical records for NDTRs and support staff?

If there is a new opportunity or change in job functions, do you have questions such as:

- Am I competent to practice in this focus area?
- Do I need to have special credentials to educate on insulin injection?
- How many years of experience do I need to work in Nephrology Nutrition?
- How do I demonstrate and document my competence?

The Academy has valuable resources to aid RDNs and NDTRs in assessing their individual scope of practice. The Core Scope of Practice Resources provide minimum standards and tools for demonstrating competence and safe practice, and are used collectively to guide an RDN’s or NDTR’s performance and advancement in nutrition and dietetics practice.

Core Scope/Standards of Practice Resources Include:

**Scope of Practice for the Registered Dietitian Nutritionist** describes the roles and activities within which the RDN performs. For RDNs, scope of practice focuses on food and nutrition and related services developed, directed, and provided by RDNs to protect the public, community and populations, enhance health and well-being of patients/clients, and deliver quality products, programs, and services including Medical Nutrition Therapy.

**Standards of Practice in Nutrition Care and Standards of Professional Performance for Registered Dietitian Nutritionists** reflect the minimum competent level of nutrition and dietetics practice and professional performance for RDNs. The Standards of Practice in Nutrition Care and Standards of Professional Performance provide a rationale for the RDN standards, detail quality indicators and review the role delineation and relationship between the RDN and NDTR.

**Scope of Practice for the Nutrition and Dietetics Technician, Registered** describes the roles and activities within which the NDTR performs. For NDTRs, scope of practice focuses on food and nutrition and related services provided by NDTRs who work under the supervision of an RDN when in direct patient/client nutrition care, and who may work independently in providing general nutrition education to healthy populations, consulting to food service business and industry, conducting nutrient analysis, data collection and research, and managing food and nutrition services in a variety of settings.

**Standards of Practice in Nutrition Care and Standards of Professional Performance for Nutrition and Dietetics Technicians, Registered** reflect the minimum competent level of nutrition and dietetics practice and professional performance for NDTRs. The Standards of Practice in Nutrition Care and Standards of Professional Performance provide a rationale for the NDTR standards, detail quality indicators and review the relationship between the RDN and NDTR.

**Scope of Practice Decision Algorithm** is a self-evaluation resource that provides a series of questions for RDNs and NDTRs to answer to determine if a desired activity is within his or her individual scope of practice.

**Case Studies and Practice Tips** are tools for nutrition and dietetics practitioners to use for reference in regards to the scope of practice and quality nutrition and dietetics practice.

**Definition of Terms** is a list of definitions that are broad based, have implications for use across the nutrition and dietetics profession, and are consistent with the regulatory and legal needs of the profession.