

# Academy of Nutrition and Dietetics: Revised 2021 Standards of Professional Performance for RDNs (Competent, Proficient, and Expert) in Management of Food and Nutrition Systems

## What are the Standards of Professional Performance (SOPP)?

SOPP are consensus standards for RDNs to use for professional development and to assure competence.

The standards provide a guide for self-evaluation; determine education and skills needed for advancing practice levels; and may be used by employers or regulatory agencies to determine competence for credentialed nutrition and dietetics practitioners.

## SOPP

### 6 Domains of Professionalism

Quality in Practice  
Competence and Accountability  
Provision of Services

Application of Research  
Communication and Application of Knowledge  
Utilization and Management of Resources



## WHAT?

What is a Focus Area?

- A focus area of nutrition and dietetics practice is a defined field of practice that requires specialized knowledge, skills and experience.
- It relates to how a practitioner specializes in a specific area of practice (e.g., diabetes care, post-acute and long-term care).<sup>1</sup>
  - The SOP in Nutrition Care and SOPP for RDNs<sup>2</sup> serves as the blueprint for the SOPP in Management of Food and Nutrition Systems (MFNS) in competent, proficient, and expert levels of practice.



## WHEN?

When is a Focus Area SOP SOPP updated?

- Seven-year review process
- Indicated by changes in
  - healthcare and other business segments
  - public health initiatives
  - new research that guides evidence-based practice and best practices
  - consumer interests
  - technological advances
  - emerging practice environments



## HOW?

How were the MFNS Standards updated?

The article, indicators, and figures were revised with input and consensus of content experts representing diverse MFNS practice areas/settings and geographic perspectives.

Reviewed and approved by the Executive Committee of the Management in Food and Nutrition Systems Dietetic Practice Group and the Academy Quality Management Committee.

#### Sources:

<sup>1</sup> Definition of Terms List. Academy of Nutrition and Dietetics. Accessed May 20, 2021. <https://www.eatrightpro.org/definitions>.

<sup>2</sup> Academy of Nutrition and Dietetics. Quality Management Committee. Academy of Nutrition and Dietetics: Revised 2017 Standards of Practice in Nutrition Care and Standards of Professional Performance for Registered Dietitian Nutritionists. *J Acad Nutr Diet*. 2018;118(1): 132-140.

# Management of Food and Nutrition Systems Overview and Application



Leadership



Collaboration



Customer-Centered



Food Service

## Overview

Management of Food and Nutrition Systems (MFNS) encompasses the varied roles of registered dietitian nutritionists (RDNs) with administrative responsibilities for food and nutrition services. RDNs in MFNS are frequently employed in acute care, but also expand into a multitude of other settings where management of nutrition and food service is required, such as, foodservice departments in assisted living and post-acute and long-term care; universities, kindergarten-12<sup>th</sup> grade and pre-kindergarten schools and childcare; retail foodservice operations; correctional facilities; and companies that produce, distribute and sell food products.

The RDN in MFNS is responsible for the provision of various food and nutrition services for specific populations; the management and leadership of individuals who implement these services; the quality, outcomes, and cost of these services; and adhering to all applicable rules, regulations, accreditation standards, policies and laws related to the services provided.<sup>1</sup>

## Practice Setting Example – Schools, kindergarten through 12<sup>th</sup> grade



Expert-level school food service/nutrition director registered dietitian nutritionists (RDNs) provide oversight of all aspects of management of food service operations in schools or feeding sites in the district, administering the school meal program in accordance with local, state, and federal policies. An expert-level RDN may advocate for public policy changes to mitigate barriers to access nutritious meals for their population. The RDN uses the SOPP in Management of Food and Nutrition Systems to identify further areas of education in order to enhance advocacy for policy change.<sup>1</sup>

## Additional Information and Resources

Academy of Nutrition and Dietetics

- Scope of Practice: <https://www.eatrightpro.org/scope>
- Standards of Practice: <https://www.eatrightpro.org/sop>
- Foodservice: <https://www.eatrightpro.org/practice/practice-resources/foodservice>

*Journal of the Academy of Nutrition and Dietetics*

- Scope and Standards for RDNs and NDTRs Collection: <https://jandonline.org/content/core>
- Focus Area Standards for CDR Specialist Credentials Collection: <https://jandonline.org/content/credentialed>
- Focus Area Standards for RDNs Collection: <https://jandonline.org/content/focus>

Management in Food and Nutrition Systems Dietetic Practice Group (MFNS): <https://www.rdmanager.org/>

Sources:

<sup>1</sup> Roseman M, Miller S. Academy of Nutrition and Dietetics: Revised 2021 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Management of Food and Nutrition Systems. *J Acad Nutr Diet.* 2021; 121(6): 1157-1174e29.