What are the Standards of Practice (SOP) and Standards of Professional Performance (SOPP)?

- SOP and SOPP are consensus standards for RDNs to use for professional development and to assure competence.
- The standards provide a guide for self-evaluation; determine education and skills needed for advancing practice levels; and may be used by employer or regulatory agencies to determine competence for credentialed nutrition and dietetics practitioners.

**SOP – Direct care to patient/client/customer**
- Nutrition Assessment
- Nutrition Diagnosis
- Nutrition Intervention/Plan of Care
- Nutrition Monitoring and Evaluation

**SOPP – 6 Domains of Professionalism**
- Quality in Practice
- Competence and Accountability
- Provision of Services
- Application of Research
- Communication and Application of Knowledge
- Utilization and Management of Resources

**WHAT?**

What is a Focus Area?

- A focus area of nutrition and dietetics practice is a defined field of practice that requires specialized knowledge, skills and experience.
- It relates to how a practitioner specializes in a specific area of practice (i.e., diabetes care, pediatric nutrition, public health and community nutrition).
  - The SOP in Nutrition Care and SOPP for RDNs serves as the blueprint for the SOP SOPP in Oncology Nutrition in competent, proficient, and expert levels of practice.

**WHEN?**

When is a Focus Area SOP SOPP updated?

- Seven-year review process
- Indicated by changes in
  - healthcare and other business segments
  - public health initiatives
  - new research that guides evidence-based practice and best practices
  - consumer interests
  - technological advances
  - emerging practice environments

**HOW?**

How were the Oncology Nutrition Standards updated?

The article, indicators, and figures were revised with input and consensus of content experts representing diverse oncology practice areas/settings and geographic perspectives.

Reviewed and approved by the Executive Committee of the Oncology Nutrition Dietetic Practice Group and the Academy Quality Management Committee.

Sources:


Overview

• There are more than 200 different types of cancer, each with its own etiology, set of potential treatment regimens, and likelihood of response to treatment.

• RDNs working in oncology practice settings must have the appropriate knowledge, skills, and competence to provide safe and effective nutrition care across the lifespan and the cancer continuum (prevention, treatment, and survivorship).

• Oncology practice RDNs work in a variety of settings with a full range of roles and responsibilities, e.g., clinician, manager, and program director in healthcare and community setting; academia, research; and federal, state, and local agencies.1

Role Example – Clinical Practitioner (ambulatory care)

“An RDN working in an ambulatory medical clinic notices an increase in the number of clients with cancer. The RDN recognizes limited experience with this diagnosis and reviews available medical and medical nutrition therapy resources to identify knowledge and skills for continuing education. The RDN uses the SOP and SOPP in Oncology Nutrition to evaluate expected outcomes and the level of competence needed to provide quality oncology nutrition care to these individuals. While expertise is developed, the RDN identifies mentors for consultation when patients have complex management needs beyond the RDN’s experience/level of competence.”1

Additional Information and Resources

Academy of Nutrition and Dietetics:
- Scope of Practice: https://www.eatrightpro.org/scope
- Standards of Practice: https://www.eatrightpro.org/sop

Journal of the Academy of Nutrition and Dietetics
- Scope and Standards for RDNs and NDTRs Collection: https://jandonline.org/content/core
- Focus Area Standards for CDR Specialist Credentials Collection: https://jandonline.org/content/credentialed
- Focus Area Standards for RDNs Collection: https://jandonline.org/content/focus

Oncology Nutrition Dietetic Practice Group: https://www.oncologynutrition.org/

Sources: