

Quality Strategy QIP Examples

The Academy’s Quality Strategies Workgroup are sharing some examples of quality and process improvement projects. These abstracts support the efforts of encouraging RDNs to conduct quality improvement projects at their organizations. In these examples, you will gain insight into quality improvement processes you can use in your practice. The examples were chosen from projects submitted by members of the Clinical Nutrition Managers Dietetic Practice Group (CNM DPG) for the annual [CNM DPG Quality Improvement Process Improvement award](#).

The National Quality Strategy

The National Quality Strategy establishes three aims, six priorities, and nine levers for quality improvement that chart a course for improved health and health care. Key measures indicate that health and health care quality of Americans in the health care system. These advances are paving the way for a delivery system reform goals championed by the U.S. Department of Health and Human Services that will result in better care, smarter spending, and healthier people¹.



Quality Improvement Project Examples

The following projects showcase a variety of clinical and management areas. They are good examples of how to focus on the various aims, priorities, and levers of the National Quality Strategy (NQS).

Author	Title	NQS Component
Rachel Riddiford, MS, RD, LD	Increasing percent of healthier cafeteria choices sold at breakfast during Monday-Friday	Lever: Consumer Incentives and Benefit Designs
Emily Collins, RD, MHA, CNSC	Implementation of a new health care infrastructure: University of Michigan Milk Room – an evolution of our human milk practice model resulting in improved patient safety and financial outcomes	Priority: Affordable Care
Katie Szymona, MPH, RD, CDN, CHES	Golden Spoons Patient Feeding Program to Assist Patients in Achieving Adequate Oral Intake to Optimize Nutrition Outcomes	Priority: Effective Communication and Care Coordination

Malnutrition Quality Improvement Projects

The following are examples of conducting malnutrition related quality improvement projects. These projects also involve the utilization of health information technology which is one of the key levers of the National Quality Strategy.

Author	Title	NQS Component
Mary Shapero MS RD CNSC LDN	Malnutrition Incidence and Physician Compliance to Registered Dietitians’ Malnutrition Diagnosis in a Large Trauma Center	Lever: Payment
P. Susan Chapman MS, RD, LD	Identify Malnutrition, Bring Value to Your Organization	Lever: Payment

References:

- 2015 Annual Progress Report to Congress: National Strategy for Quality Improvement in Health Care: The Agency for Healthcare Research and Quality. <https://www.ahrq.gov/workingforquality/reports/2015-annual-report.html#fig>. Accessed March 29, 2017.