Quality nutrition and dietetics practice is built on a solid foundation of education and credential assessment processes to assure the competence of the RDN and NDTR.

The six pillars represent the six areas of quality practice as outlined by the National Academies of Science, Engineering, Medicine: Health and Medicine Division:

- Follows a consistent process and model based on practice knowledge, evidence, research and science
- Exists within an individual’s scope of practice, state licensure and statutory scope of practice, regulations and standards
- Provides for self-evaluation and used by regulatory agencies to determine competence for credentialed nutrition and dietetics practitioners
- Aims for compensated, equitable and reimbursable services
- Evaluates and measures outcomes through data sources
- Enables lifelong learning with career ladder through credentialing, certification and advanced practice standards

Code of Ethics

This Code applies to nutrition and dietetics practitioners who act in a wide variety of capacities, provides general principles and specific ethical standards for situations frequently encountered in daily practice. The primary goal is the protection of the individuals, groups, organizations, communities, or populations with whom the practitioner works and interacts. (https://www.eatrightpro.org/practice/code-of-ethics/what-is-the-code-of-ethics)
## Check Your Quality IQ

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do you know your Scope of Practice? The current trends in practice?</td>
<td>✔</td>
</tr>
<tr>
<td>How do you know you are competent to perform what you are asked to do?</td>
<td>✔</td>
</tr>
<tr>
<td>How are you maintaining your competence?</td>
<td>✔</td>
</tr>
<tr>
<td>What is your state licensure law for Nutrition and Dietetics?</td>
<td>✔</td>
</tr>
<tr>
<td>Are you participating in the organization’s quality and interprofessional meetings?</td>
<td>✔</td>
</tr>
<tr>
<td>How are you collecting measures data and reporting outcomes?</td>
<td>✔</td>
</tr>
<tr>
<td>Performing Quality Assurance &amp; Performance Improvement-QAPI?</td>
<td>✔</td>
</tr>
<tr>
<td>How do you use the evidence-based resources in your practice? Academy Evidence Analysis Library; Toolkits, Position and Practice Papers?</td>
<td>✔</td>
</tr>
<tr>
<td>Do you utilize the Nutrition Care Process and Standardized Terminology in your current practice?</td>
<td>✔</td>
</tr>
<tr>
<td>What is the cost-effectiveness of your practice?</td>
<td>✔</td>
</tr>
</tbody>
</table>

### Individual Scope of Practice

- **Academy Scope of Practice**
  - Scope of Practice for the RDN
  - Scope of Practice for the NDTR

- **State Laws**
  - Licensure
  - Certification
  - Title Protection

- **Accreditation Organizations**
  - Standards and Elements of Performance/Explanation
  - Standards and Measures
  - Examples:
    - The Joint Commission
    - Healthcare Facilities Accreditation Program
    - Public Health Accreditation Board

- **Federal and State Regulations and Interpretable Guidelines**
  - Federal Final Rules
  - Conditions of Participation
  - Conditions for Coverage
  - Surveyor Guidance
  - State Administrative and Occupational Codes

- **Additional Individual Training/Credentials/Certifications**
  - Examples:
    - Board Certified Specialist Credentials
    - School Nutrition Specialist
    - National Board Certified Health & Wellness Coach
    - Certificate of Training in Adult Weight Management

- **Education and Credentials**
  - Complete academic requirements and supervised practice experience specified by the Accreditation Council for Education in Nutrition and Dietetics (ACEND: www.eatrightpro.org/acend).
  - Achieve and maintain the Commission on Dietetic Registration’s (CDR: www.cdrnet.org) Registered Dietitian Nutritionist (RDN) credential or the Nutrition and Dietetics Technician, Registered (NDTR) credential.

This figure describes the intersection point for Individual Scope of Practice, which includes:
- Academy Scope of Practice; State Laws; Education and Credentials; Federal and State Regulations and Interpretable Guidelines; Accreditation Organizations; Organizational Policies and Procedures; and Additional Individual Training/Credentials/Certifications.

Source: [https://jandonline.org/article/S2212-2672(17)31624-6/pdf](https://jandonline.org/article/S2212-2672(17)31624-6/pdf)
Visit the Academy
Quality Management WebPages:
www.eatright.org/quality

- Competence, Case Studies and Practice Tips
- Quality Improvement
- Scope of Practice
- Standards of Practice
- Standards of Excellence
- National Quality Accreditation and Regulations

Advance Your Practice with Career Planning Tools

Use the Standards of Practice and Standards of Professional Performance to self-evaluate knowledge, skill and judgment. Review quality indicators in Competent, Proficient and Expert levels for drafting professional development portfolio.