

Nestlé Health Science
Allergen Ingredients in Nestlé Health Science Nutritional Products

Potential Allergens by Product	Milk	Soy	Wheat	Fish	Shellfish	Eggs	Peanuts	Tree Nuts
Alfamino™ Infant								
Alfamino™ Jr.								
Arginaid®								
Arginaid Extra®	v							
Benecalorie®	v							
Beneprotein®	v	v						
BOOST®	v	v						
BOOST® Calorie Smart®	v	v						
BOOST Breeze®	v							
BOOST Glucose Control®	v	v						
BOOST® High Protein	v	v						
BOOST® High Protein Powder	v	v	v*					
BOOST® Kid Essentials	v	v						
BOOST® Kid Essentials 1.5	v	v						
BOOST® Kid Essentials 1.5 Fiber	v	v						
BOOST® Max	v							
BOOST® Nutritional Pudding	v							
BOOST Optimum™	v	v						
BOOST Plus®	v	v						
BOOST® Simply Complete™	v							
BOOST® VHC	v	v						
Carnation Breakfast Essentials® Powder	v	v	v*					
Carnation Breakfast Essentials® Ready To Drink	v	v						
Carnation Breakfast Essentials® High Protein	v	v						
Carnation Breakfast Essentials® Light Start Powder	v	v	v*					
Carnation Breakfast Essentials® Light Start Ready to Drink	v	v						
Compleat®	v							
Compleat® Pediatric	v							
Compleat® Pediatric Reduced Calorie	v							
Compleat® Organic Blends Plant-Based								
Compleat® Organic Blends Chicken-Garden								
Compleat® Pediatric Organic Blends Plant-Based								
Compleat® Pediatric Organic Blends Chicken-Garden								
Diabetishield®	v							
Diabetisource® AC		v						
Fibersource® HN	v	v						
Glutasolve®								
Glytrol®	v	v						
Impact®	v	v						
Impact Advanced Recovery®	v							
Impact® Peptide 1.5	v	v						
Isosource® 1.5 Cal	v	v						
Isosource® HN	v	v						
MCT Oil®								
Microlipid®		v						
Novasource® Renal	v	v						
Nutren® 1.0	v	v						
Nutren® 1.0 Fiber	v	v						
Nutren® 1.5	v	v						
Nutren® 2.0	v	v						
Nutren® Junior	v	v						
Nutren® Junior Fiber	v	v						
Nutren® Pulmonary	v	v						
NutriHep®	v	v						

v = Contains v* = May Contain

Based on information as of April 2018. Ingredients are subject to change. The information provided, although accurate at the time of preparation, may change due to product reformulation and/or change in ingredients suppliers. The most accurate information can be obtained by referring to the most recent product labels.

This information is for comparison purposes only and is not intended as a substitute for clinical judgment or facility protocols.

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Nutrisource® Fiber	√*	√*				√*		
Optifast 800® Bars	√	√	√*			√*	√*	√*
Optifast 800® Ready to Drink	√	√						
Optifast 800® Shake Mix	√	√						
Optifast 800® Soup Mix	√	√						
Optifast HP® Shake Mix	√							
Optisource® Chewable Vitamins & Mineral Supplement								
Optisource® Very High Protein Drink	√	√						
Peptamen®	√	√						
Peptamen® 1.5	√	√						
Peptamen® 1.5 with Prebio ¹ ™	√	√						
Peptamen AF®	√	√						
Peptamen® Intense VHP	√	√						
Peptamen® with Prebio ¹ ™	√	√						
Peptamen Junior®	√	√						
Peptamen Junior® Fiber	√	√						
Peptamen Junior® 1.5	√	√						
Peptamen Junior® with Prebio ¹ ™	√	√						
Peptamen Junior® HP	√	√						
ProNourish™	√	√						
RenalCal®	√	√						
Replete®	√							
Replete® Fiber	√	√						
Resource® 2.0	√	√						
Resource® ThickenUp®	√*	√*	√*			√*		
Resource® ThickenUp® Clear	√*							
Tolerex®								
Vivonex® Pediatric								
Vivonex® Plus								
Vivonex® RTF								
Vivonex® T.E.N.								

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