

Infant Formula and Feeding Recipe Tables for Discharge Instruction: Breast Milk

Please note the following recipes may be within 1 kcal/oz difference.

Expressed Breast Milk:

using the powdered formulas listed below each chart

Please note these recipes do not include displacement.

Kcal/oz	3 oz Breast Milk	6 oz Breast Milk	12 oz Breast Milk
22	½ teaspoon	1 teaspoon	2 teaspoons
24	1 teaspoon	2 teaspoons	1 tablespoon plus 1 teaspoon
27	2 teaspoons	1 tablespoon plus 1 teaspoon	2 tablespoons plus 2 teaspoons
30	2 ¾ teaspoons	1 tablespoon plus 2 ½ teaspoons	3 tablespoons plus 2 teaspoons

Enfamil A.R., Enfamil EnfaCare, Enfamil NeuroPro Gentlease, Enfamil NeuroPro Gentlease, Enfamil Newborn, Enfamil ProSobee, Gerber Good Start Gentle Pro, Gerber Good Start Gentle Soothe Pro, Gerber Good Start Soy, Nutramigen with Enflora LGG, Similac Advance, Similac Advance 20, Similac Pro Advance, Similac Alimentum, Similac for Spit-Up, Similac for Supplementation, Similac NeoSure, Similac Organic, Similac Sensitive, Similac Pro Sensitive, Similac Soy Isomil, Similac Soy Isomil 20, Similac Total Comfort, Similac Pro Total Comfort

Kcal/oz	3 oz Breast Milk	6 oz Breast Milk	12 oz Breast Milk
22	½ teaspoon	1 teaspoon	2 teaspoons
24	1 teaspoon	2 teaspoons	1 tablespoon plus 1 teaspoon
27	1 ½ teaspoons	1 tablespoon	2 tablespoons
30	2 ¼ teaspoons	1 tablespoon plus 1 ½ teaspoons	3 tablespoons

**Gerber Extensive HA, Pregestimil

Kcal/oz	3 oz Breast Milk	6 oz Breast Milk	12 oz Breast Milk
22	½ teaspoon	1 teaspoon	2 teaspoons
24	1 teaspoon	2 teaspoons	1 tablespoon plus 1 teaspoon
28	2 teaspoons	1 tablespoon plus 1 teaspoon	2 tablespoons plus 2 teaspoons
30	2 ¼ teaspoons	1 tablespoon plus 1 ½ teaspoons	3 tablespoons

***Alfamino Infant, Enfamil Infant, Enfamil NeuroPro Infant, Enfamil Reguline, Neocate Infant, PurAmino

**Infant Formula and Feeding Recipe Tables
for Discharge Instruction:
Liquid Concentrates**

Liquid Concentrates:

1.35 kcal/ml

Kcal/oz	8 oz bottle liquid concentrate ^a	12.1 oz box liquid concentrate ^b	13 oz bottle liquid concentrate ^c
22	Add 6 ½ oz water	Add 10 oz water	Add 10 ½ oz water
24	Add 5 ½ oz water	Add 8 oz water	Add 8 ½ oz water
27	Add 4 oz water	Add 6 oz water	Add 6 oz water
30	Add 2 ½ oz water	Add 4 oz water	Add 4 ½ oz water

a Enfamil Infant, Enfamil ProSobee, Nutramigen

b Gerber Good Start Gentle, Gerber Good Start Soy

c Enfamil Infant, Enfamil ProSobee, Nutramigen, Similac Advance, Similac Soy Isomil

Enfaport Ready-to-Use Liquid:

1 kcal/ml

Kcal/oz	6 oz bottle ready-to-use liquid	Final Volume
22	Add 2 oz water	8 oz
24	Add 1 ½ oz water	7 ½ oz
27	Add ½ oz water	6 ½ oz
30	Use as is	6 oz