Connect
Collaborate
Cultivate

Pathways to Academy Membership 2019–2020
About Us

The Academy of Nutrition and Dietetics is the world’s largest organization of food and nutrition professionals

The Academy was founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public’s health and nutrition during World War I. Today, the Academy has members in over 80 countries throughout the globe—registered dietitian nutritionists; nutrition and dietetic technicians, registered; other dietetics professionals holding undergraduate and advanced degrees in nutrition and dietetics; and students—and is committed to empowering a global workforce to accelerate improvements in health through food and nutrition.

The work of the Academy and our members is guided by five key principles:

• Amplify the contribution of nutrition and dietetics practitioners and expand workforce capacity and capability
• Integrate research, professional development, technology and practice to stimulate innovation and discovery
• Collaborate to solve the greatest food and nutrition challenges now and in the future
• Focus on system-wide impact across the food, well-being and health care sectors
• Have a global impact in eliminating all forms of malnutrition. Learn more about how you can become a member of the Academy, and how Academy membership can help you promote nutritional health.

Join us and support initiatives that make a global impact on health through food and nutrition. Learn more about how you can become a member of the Academy, and how Academy membership can help you promote nutritional health.
The Academy is committed to advancing the profession of nutrition and dietetics through research, science and quality.

**Active** .............................................................. p. 4–5
The Academy’s main, professional membership category encompasses:
• Individuals who have completed an ACEND accredited program
• Individuals with advanced degrees in an approved area of concentration
• RDNs and NDTRs

**Associate** .............................................................. p. 6–7
Practitioners in a wide variety of fields related to health care, sports and fitness, agriculture, and food, culinary and school nutrition.

**International** ......................................................... p. 8–9
Individuals who have completed, or are completing, formal training in food, nutrition and dietetics outside the United States.

**Retired** ..................................................................... p. 10–11
Individuals who qualify for the Active category and who are no longer gainfully employed in dietetics practice and are at least 62 years of age.

**Student** ..................................................................... p. 12–13
The Academy’s membership category for pre-professionals enrolled in (or stating their intent to enroll in) an approved dietetics education program.
Active Membership

The Active category is the Academy’s largest membership category. Active members can enjoy all the benefits the Academy has to offer, including career, professional and continuing education resources. The Academy’s main, professional membership category encompasses:

- Individuals who have completed an ACEND accredited dietetics program
- Individuals with advanced degrees in an approved area of concentration
- RDs/RDNs and DTRs/NDTRs

If you can answer YES to any of the questions below, you qualify for Academy membership in the Active category:

<table>
<thead>
<tr>
<th>Question</th>
<th>Verification documents you will need to submit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have you ever established eligibility for the Registration Examination for Dietitians or Dietetic Technicians, both administered by the Commission on Dietetic Registration (CDR)?</td>
<td>None</td>
</tr>
<tr>
<td>Have you earned a bachelor’s degree and completed a dietetics program approved/accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)?</td>
<td>Verification Statement identifying ACEND Program Completion</td>
</tr>
<tr>
<td>Have you completed an associate degree program for dietetic technicians approved/accredited by ACEND?</td>
<td>Verification Statement identifying ACEND Program Completion</td>
</tr>
<tr>
<td>Do you hold a master’s or doctoral degree, and, if so, are any of your degrees (bachelor’s, master’s or doctoral) in the following specified concentrations: dietetics, food and nutrition, nutrition, community/public health nutrition, food science or food service systems management?</td>
<td>Original Transcript or Confirming Statement of highest degree earned and the original transcript confirming your degree in one of the specified concentrations. If the highest degree you obtained was in one of the specified concentrations, submit that transcript only.</td>
</tr>
</tbody>
</table>
Member Benefits

Professional Development
Select from a variety of free and member-preferred priced resources. With topics ranging from nutrition counseling to obesity and breastfeeding to sports nutrition, the Academy offers the professional development you need.

Nutrition Research
Members receive complimentary and member-preferred pricing on the latest research, including:

- Evidence Analysis Library*: Access the Academy’s online research library for the latest in food and nutrition-related science for free as a member.
- Journal of the Academy of Nutrition and Dietetics: The Academy’s flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics.

Continuing Professional Education (CPE)
Over 60 free CPEU opportunities are included in one year of Academy membership.

Networking
Stay connected to your colleagues, either face-to-face or electronically, by joining the many dietetic practice groups in areas ranging from pediatric nutrition to nutrition research to weight management. Only Academy members are eligible to join dietetic practice groups (DPGs).

Food and Nutrition Publications

Professional Recognition
Demonstrate your commitment to the field of food, nutrition and dietetics by applying to become a Fellow of the Academy of Nutrition and Dietetics (FAND). Only current members in the Active or Retired categories may apply for this prestigious life-time designation.

Ainsley Malone, MS, RDN, LD, CNSC, FAND, FASPEN

Joined in 1980

“I have grown as a practice specialist and a leader from all the Academy has offered and provided over my many years of practice. From gaining clinical expertise to developing leadership skills, I’ve had great opportunities for professional growth as an Academy member.”
Academic members have access to extensive benefits, including the Evidence Analysis Library®, professional publications, networking opportunities and preferred pricing on resources and conferences. Associates practice in a wide variety of fields related to food, culinary and school nutrition, health care, sports and fitness, agriculture, and biochemistry and microbiology.

If you can answer YES to any of the questions below, you qualify for Academy membership in the Associate category:

Do you hold a bachelor’s, master’s or doctoral degree from a U.S. regionally accredited college/university in agriculture, biochemistry, computer science, family and consumer science, home economics, hospitality and tourism, hotel restaurant and institutional management or microbiology?

Do you hold a valid U.S. license or certification in one of these specified professions?

- Certified Culinary Professional*
- Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP)*
- Certified in Comprehensive Food Safety (CCFS)*
- Certified Health Education Specialist (CHES)*
- Certified Midwife (CM or CMN)
- Certified Professional–Food Safety (CP-FS)*
- Certified Sports Medicine Practitioner*
- Clinical Psychologist (LCP or CP)
- Clinical Social Worker (CSW, LSW or LCSW)
- Dental Hygienist (BS-DH, RDH or LDH)*
- Dentist (DDS or DMD)
- Nurse Practitioner (NP)
- Occupational Therapist (OT)
- Pharmacist (RPh or PharmD)
- Physical Therapist (PT)
- Physician (MD or DO)
- Physician Assistant (PA)
- Registered Environmental Health Specialist or Registered Sanitarian (REHS or RS)
- Registered Nurse (RN)*
- School Nutrition Specialist (SNS)*
- Speech-Language Pathologist (CCC-SLP)

Verification documents you will need to submit:

Requires submission of original transcripts or confirming statements from the registrar, including major concentration for the qualifying degree.

Proof of license, training or certification in one of these specified professions is required. For those marked * proof of a related degree is also required.*
Member Benefits

Access Information and Community
Access a variety of scientific and practice-based resources to keep you on the cutting-edge of food, nutrition and dietetics, such as:

Evidence Analysis Library® (EAL®)
This web-based tool provides members free access to research, evidence-based nutrition practice guidelines, toolkits and educator modules.

Journal of the Academy of Nutrition and Dietetics
The Academy’s flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics. Access is free to all Academy members.

Food & Nutrition Magazine®
The Academy’s award-winning magazine emphasizes breaking news and trends in nutrition, diet, health, culinary arts, food service, sports nutrition, fitness, integrative nutrition, food safety and other professional services. Mailed bi-monthly and available online, Food & Nutrition also delivers practice tips, as well as resources for professional and personal growth.

Food & Nutrition Conference & Expo™ (FNCE®)
Receive preferred pricing at the Academy’s annual conference where members gather to connect with peers and broaden their professional skills. This event offers over 130 educational sessions covering the hottest topics from obesity, integrative medicine and culinary trends, to life-cycle nutrition and medical nutrition therapy.

Dietetic Practice Groups (DPGs)
Join one or more of the Academy’s many professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world, including:

• Food and Culinary Professionals (FCP)
• Management in Food and Nutrition Systems (MFNS)
• School Nutrition Services (SNS)
• Oncology Nutrition (ON)

Deanna Pucciarelli, PhD
Joined in 2017

“All organizations are made up of people who share a vision of that organization. The value of Academy membership is that members collaborate on projects, within the society or through work, and that act of sharing builds community and purpose. Passion feeds passion.”
International Membership

Individuals who have completed, or are completing, formal training in food, nutrition or dietetics outside the United States qualify for membership with the Academy. The Academy’s International category extends membership worldwide, providing a network of food, nutrition and dietetics professionals worldwide.

The International Student classification carries a six-year limit and is available for international students who are enrolled in formal training in food, nutrition or dietetics outside the United States and US Territories.

Emerging Economy Dues: Individuals qualifying for International membership residing in countries classified as lower middle income or low income by The World Bank are eligible for an emerging economy dues adjustment. Email membership@eatright.org for additional information.

Note: In accordance with US sanctions laws, the Academy of Nutrition and Dietetics cannot accept as members persons from the countries embargoed by the United States, including Iran, Syria, Cuba, North Korea and the Crimea region of Ukraine, or who are subject to any US list-based sanctions.

If you can answer YES to any of the questions below, you qualify for Academy membership in the International category:

- Have you completed formal training outside of the United States and US territories in food, nutrition or dietetics?
- Are you a student enrolled in a food, nutrition or dietetics education program outside the United States which is not a US regionally accredited institution and is not accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)?

Verification documents you will need to submit:

- The Academy’s International Membership Verification Form signed by your country’s professional dietetics association and/or national regulatory body or by provision of other documents verifying education and/or training in food, nutrition or dietetics completed outside of the United States.
- The Academy’s International Membership Verification Form signed by your educational program.
Member Benefits

Position Papers
Familiarize yourself with the Academy’s stance on issues that affect the nutritional status of the public. Position papers are published in the Journal of the Academy of Nutrition and Dietetics and on the Academy’s website. As of 2019, all Academy position papers will be generated from EAL® systematic reviews.

Evidence Analysis Library® (EAL®)
Developed to provide members with research, evidence-based nutrition practice guidelines, toolkits and educator modules, the EAL® is a web-based tool free for Academy members.

Distance Learning
The Center for Lifelong Learning offers a number of online certificate of training programs, live and recorded webinars, as well as virtual FNCE®, which are available in group and self-study options. Over 250 programs are available for free or at a reduced rate for members.

Dietetic Practice Groups (DPGs)
Join one or more of the Academy’s professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world.

International Affiliate of the Academy of Nutrition and Dietetics (IAAND)
As a member of the international affiliate of the Academy, share knowledge and expertise with other food and nutrition experts from around the world. Affiliate membership is included with your Academy membership.

Member Interest Groups (MIGs)
Find members with common interests, issues or backgrounds by joining one of the Academy’s MIGs, focusing on areas other than practice or geographic location. New in 2019, the Global Member Interest Group will focus on improving the nutritional status in regions with high burdens of malnutrition or with nutritional crises through the sharing of information, resources, and ideas among Academy members, students, governmental and non-profit aid organizations, and health workers within these countries.

Virginia Tijerina Walls,
MS, NC
Joined in 2008

“Membership provides so many resources to advance in your career, help to be in touch with dietitians not only in US but in the world. For me has been an important element for success in my career and my life.”
Retired Membership

Individuals who qualify for the Active category and who are no longer gainfully employed in dietetics practice and are at least 62 years of age qualify for reduced membership dues so they may maintain their Academy membership to remain connected to their profession and colleagues.

If you qualify for Active category membership and can answer YES to any of the questions below, you qualify for Academy membership in the Retired category:

<table>
<thead>
<tr>
<th>Question</th>
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</thead>
<tbody>
<tr>
<td>Are you currently 62 years of age or older and are you no longer gainfully employed in dietetics practice or education?</td>
<td>Date of birth verification. (Gainfully employed is defined as making equal to, or more than, the current Federal poverty level for an individual.)</td>
</tr>
<tr>
<td>Are you on total (permanent) disability?</td>
<td>Copy of the Social Security Determination of Disability Form or a statement from a medical doctor attesting to your disability and its permanence.</td>
</tr>
</tbody>
</table>
Member Benefits

Become a Mentor
With the Academy’s eMentoring program, you can set up a virtual profile to mentor anytime and anywhere.

Networking
The Academy offers many ways to network within the profession. Connect with others face-to-face by becoming active in your local affiliate or by attending the Food & Nutrition Conference & Expo™ (FNCE®).

Journal of the Academy of Nutrition and Dietetics
The premier source for the practice and science of food, nutrition and dietetics, the monthly Journal offers in-depth research and practice information. In addition, it provides members opportunities for free CPEU.

50-Year Members
Those with 50 years or more of membership in the Academy receive special pricing on Academy dues and FNCE® registration to honor their commitment to the Academy and the profession.

Volunteer
Committee leadership positions at the national, affiliate and DPG/MIG level provide opportunities to influence and stay connected to the field.

Professional Recognition
Demonstrate your commitment to the food, nutrition and dietetics field by applying to become a Fellow of the Academy of Nutrition and Dietetics (FAND). Only current members in the Active or Retired category may apply for this prestigious lifetime designation.

Elaine Long,
PhD, RDN, LD, FAND
Joined in 1975

“I would not have achieved the success and respect that I have today without being an Academy member. And also the opportunities for professional and career advancement.”
## Student Membership

The Academy’s membership category for pre-professionals enrolled in (or stating their intent to enroll in) an approved dietetics education program. Student category members enjoy reduced dues while gaining access to the vast majority of benefits Active members enjoy, including career resources and scholarships.

The Student classification carries an eight-year limit.

### If you can answer YES to any of the questions below, you qualify for Academy membership in the Student category:

<table>
<thead>
<tr>
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<th>Verification documents you will need to submit:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are you enrolled in a dietetics education program approved/accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)?</td>
<td>Statement of Student Status (transcript, confirming statement or acceptance letter)</td>
</tr>
<tr>
<td>Do you intend to enroll in a dietetics education program approved/accredited by ACEND?</td>
<td>Statement of Student Status</td>
</tr>
<tr>
<td>Are you enrolled in a regionally accredited advanced degree program (master’s or doctoral) that ACEND has not accredited or approved but will qualify you for Active category Academy membership upon completion?</td>
<td>Statement of Student Status</td>
</tr>
<tr>
<td>Are you currently an Active category member returning to school on a full-time basis to complete a bachelor’s degree, advanced degree or to complete an ACEND accredited or approved dietetics program?</td>
<td>Annual submission of the Academy’s Returning Student Application Form and Statement of Student Status. (Student membership as a returning student is not included in the eight year term limit.)</td>
</tr>
</tbody>
</table>

### Graduating soon? You may be eligible for reduced membership dues!

The Academy’s Career Starter Dues Program helps you get established in the profession by offering reduced dues rates for members in their first five years of Active category membership eligibility. Call the Academy Member Service Center at 800/877-1600, ext. 5000 for more information.
Member Benefits

Get Involved
Student members are integral to the Academy—you represent the future of the food, nutrition and dietetics profession. Sign up to become a Student Liaison at your school or program and connect with national level leaders, access special resources and help support the profession.

Apply for Scholarships
The Academy Foundation offers nearly $500,000 in scholarships annually to qualifying dietetics Student members at all levels of study.

Refine Your Job Search
The Academy’s online job board, EatRight Careers, features newly posted positions monthly and allows you to create custom e-mail alerts, respond directly to job listings, post your résumé for employer searches and target your search by specialty or geographic location—all for free for job seeking members.

Stay Informed
Enjoy complimentary subscriptions to the Academy’s award-winning publications, which help you stay on top of breaking news and learn about your future profession:

- **Food & Nutrition Magazine**: This bi-monthly magazine emphasizes breaking news and trends in nutrition, diet, health, culinary arts, food service, sports nutrition, fitness, integrative nutrition, food safety and other professional services.

- **Journal of the Academy of Nutrition and Dietetics**: Your premier source for information on the practice and science of food, nutrition and dietetics. Available online and in the Journal app (iOS and Android).

- **Student Scoop**: The Academy’s exclusive Student member e-newsletter. Learn about trends in the profession and gain insight into starting your career.

Justin Pascual
Joined in 2017

“Academy membership is what provides us with the opportunity to excel as students and practitioners in nutrition and dietetics and is critical to the success of each and every one of us.”
For the Academy of Nutrition and Dietetics:

**Academy of Nutrition and Dietetics**
Prompt, courteous and professional staff are here to assist you in the Academy’s Member Service Center. Membership representatives are available weekdays from 8 a.m. – 5 p.m., Central Time, at membership@eatright.org or by calling 800/877-1600, ext. 5000. International callers may call +1-312/899-0040, ext. 5000.

**Academy of Nutrition and Dietetics Foundation**
The Foundation is the philanthropic arm of the Academy and the only public charity devoted exclusively to nutrition and dietetics. The Foundation is the world’s largest provider of dietetic scholarships and awards, providing academic scholarships and awards for Academy members at all levels of study. The Foundation also funds nutrition research and provides public education programs like Kids Eat Right and Future of Food that develop tools and resources for Academy members to use in their communities. For more information on how to get involved with the Foundation, visit www.eatrightFoundation.org.

**Eat Right Store**
The Academy offers an array of peer-reviewed and practice-related professional materials as well as client and consumer education publications. Preferred member pricing on print and electronic formats make these publications available throughout every stage in your career. Log in at www.eatrightSTORE.org to shop.

**Nutrition Information Services**
Your source for information and resources on food, nutrition and dietetics-related topics. Send your questions to our staff RDNs at nis@eatright.org or call 800/877-1600, ext. 4853 or 4784.
For those pursuing an RDN/NDTR credential:

**Accreditation Council for Education in Nutrition and Dietetics (ACEND)**
ACEND is the accrediting agency for education programs preparing students for careers in nutrition and dietetics. Visit [www.eatrightPRO.org/acend](http://www.eatrightPRO.org/acend) for more information.

**Commission on Dietetic Registration (CDR)**
For those interested in pursuing the RDN or NDTR credential, CDR is the credentialing agency with sole and independent authority in all matters pertaining to certification, including, but not limited to, standard setting, establishment of fees, finances and administration. CDR also offers Board Certified Specialist credentials in a number of specialties. Visit [www.cdrnet.org](http://www.cdrnet.org) for more information.

**Applying for Membership:**

1. Contact the Academy’s Member Service Center at membership@eatright.org or by calling 800/877-1600, ext. 5000. International callers can reach us at +1-312/899-0040, ext. 5000. Our dedicated Membership Representatives are available weekdays from 8 a.m. – 5 p.m., Central Time.

2. Visit [www.eatrightPRO.org/join](http://www.eatrightPRO.org/join) to join the Academy online.

3. Download a membership application at [www.eatrightPRO.org/membershipinfo](http://www.eatrightPRO.org/membershipinfo) and return your completed application to the address indicated on the application.
The Academy of Nutrition and Dietetics is the largest organization of food and nutrition professionals. The Academy is committed to improving the public’s health and advancing the profession of dietetics through research, education and advocacy.