About Us

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals.

The Academy was founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public’s health and nutrition during World War I. Today, the Academy has members in over 80 countries throughout the globe—registered dietitian nutritionists (RDN); nutrition and dietetic technicians, registered (NDTR); and other dietetics professionals holding undergraduate and advanced degrees in nutrition and dietetics; and students—and is committed to improving the public’s health and advancing the profession of nutrition and dietetics through research, education and advocacy.

Members of the Academy play a key role in shaping the public’s food choices, thereby improving its nutritional status, and in treating persons with illnesses or injuries. Members offer preventive and medical nutrition therapy services in a variety of settings.

Nutrition and dietetics professionals work in health care systems, home health care, foodservice, business, research and educational organizations, as well as in private practice. As vital members of medical teams in hospitals, long-term care facilities and health maintenance organizations, they provide medical nutrition therapy—using specific nutrition services to treat chronic conditions, illnesses or injuries. Community-based dietetics practitioners provide health promotion, disease prevention and wellness services.

As a leader in food and nutrition issues, the Academy provides expert testimony at hearings, lobbies Congress and other governmental bodies, comments on proposed federal and state regulations, and develops position statements on critical food and nutrition issues.

Learn more about the benefits of Academy membership and how the Academy supports both you and the nutrition and dietetics profession.

Practice, Science & Quality

The Academy is committed to advancing the profession of nutrition and dietetics through research, science and quality.

**Academy of Nutrition and Dietetics Health Informatics Infrastructure (ANDHII)**

This online tool is designed to guide nutrition and dietetics practitioners through each step of the Nutrition Care Process while building a national quality improvement database with patient outcomes. In addition, it offers customizable charts, reports and visit summaries.

**Code of Ethics for the Nutrition and Dietetics Profession**

The Academy and the Commission on Dietetic Registration (CDR) believe it is in the best interest of the profession—and the public it serves—to have a Code of Ethics that guides professional practice and conduct. The updated Code of Ethics recognizes the changes in nutrition and dietetics practice and is responsive to trends related to digital health care, social media and the evolving use of other technologies.
Practice, Science & Quality

Nutrition Research Network (NRN)
Make your practice part of meaningful nutrition and dietetics research. This network brings practitioners and researchers together to identify and design research for real-world practice settings. NRN is open to all Academy members and no research experience is required to participate.

Evidence Analysis Library® (EAL®)
The EAL® is a synthesis of the best, most relevant nutritional research on important dietetic practice questions housed within an accessible, online, user-friendly website. With over 40 systematic review topics and 20 evidence-based nutrition practice guidelines, the EAL® is free for Academy members.

Nutrition Care Process (NCP)
Assessment, diagnosis, intervention and monitoring/evaluation—NCP is a systematic approach to providing high-quality nutrition care using the most current evidence available. The eNCP: electronic Nutrition Care Process Terminology Reference Manual provides definitions, application resources for each term, matrices for PES statement development and links to the newly revised EHR Toolkit 2.0. Subscribers to eNCP can access the terminology in English, Swedish, German, Norwegian, Chinese (Traditional), Chinese (Simplified) and French. Members receive preferred pricing.

Position Papers
An Academy of Nutrition and Dietetics’ position paper is a critical analysis of current facts, data and research literature on a specific issue. A key feature of the paper is the position statement, which presents the Academy’s stance on the specific issue that impacts the public’s nutritional status and is controversial, confusing, or requires professional clarification. As of 2019, all Academy position papers will be generated from EAL® systematic reviews.

Quality Management
The Academy assists members by providing quality tools for safe, effective, person-centered care. These include the Standards of Excellence Metric Tool, which helps RDNs and NDTRs evaluate their organization’s programs, services and initiatives. Additional resources are competence, case studies and practice tips on topics such as ordering privileges, delegated orders, quality care, laboratory ordering and when to cosign.

Malnutrition Quality Improvement Initiative (MQii)
The MQii aims to advance evidence-based, high-quality malnutrition care for patients who are malnourished or at-risk for malnutrition. The MQii is a project of the Academy of Nutrition and Dietetics, Avalere Health, and other stakeholders who provide expert input through a nation-wide collaborative partnership. The MQii offers a toolkit and a set of malnutrition electronic clinical quality measures (eCQMs) that together provide tools and resources to help organizations understand malnutrition care best practices and identify quality improvement opportunities.

Scope of Practice
The Academy has designed resources to help members understand and describe the Scope of Practice for nutrition and dietetics practitioners, including the revised 2017 Scope of Practice for the RDN, revised 2017 Scope of Practice for the NDTR, online Scope of Practice Decision Tool, Learning Modules where practitioners can earn Continuing Professional Education Units (CPEUs), and a Definition of Terms list. Scope of Practice in nutrition and dietetics encompasses the range of roles, activities and regulations within which practitioners perform.

Standards of Practice (SOP) and Standards of Professional Performance (SOPP)
The Academy offers SOP and SOPP articles and resources to help RDNs and NDTRs assess their individual performance needs. These tools describe competent levels of practice related to nutrition and dietetics care and services. They also serve as guides for self-evaluation and practice advancement, and, although not regulations, they can be used by regulatory agencies to determine competence for credentialed nutrition and dietetics practitioners. In addition to the Revised 2017 SOP in Nutrition Care and SOPP for RDNs, Revised 2017 SOP in Nutrition Care and SOPP for NDTRs, and learning modules, there are 17 focus area SOP and/or SOPP for RDNs.
Quality Strategies
The Academy established a Quality Leader Alliance (QLA) network to educate food and nutrition professionals on quality management concepts and resources. The Academy developed a Quality Improvement (QI) Practice Tip that provides guidance to RDNs and NDTRs and includes: six 30 minute Quickinars or virtual huddles recorded by QLA members showcasing their QI project; the Quality Resource Collection, which lists over 100 resources to assist with quality management knowledge; and Quality Strategies learning modules with CPEUs that describe the National Quality Strategy.

Telehealth
The Academy has developed a telehealth practice resource webpage. It contains resources related to practicing telehealth, including a practice tip; information on policy, regulation, and payment; and information on technology and telehealth documentation.

Educational Opportunities
The Academy offers an impressive array of resources to cultivate your skills through multi-disciplinary learning opportunities and enhanced technology. Select from a variety of free and member-priced resources to best fit your professional development needs.

Distance Learning
Learn at your own pace and convenience through various online Continuing Professional Education (CPE) offerings such as live and recorded webinars discounted for Academy members, as well as certificate of training programs. Additionally, FNCE® On-Demand offers discounted member access to synchronized recordings of sessions, available to view for both group and individual learning.

Nutrition Focused Physical Exam Hands-on Training Workshop
The Academy offers a hands-on training workshop designed to provide RDNs with the skills to perform a nutrition focused physical exam (NFPE), empowering the RDN to accurately identify patients with malnutrition. Workshops are available across the country, with a focus on either adult or pediatric populations. By attending a workshop, you’ll gain the knowledge and skills needed to recognize the role of NFPE in identifying malnutrition, assessing muscle-waste and fat.

Virginia Tijerina Walls, MS, NC
Joined in 2008

“Academy membership provides so many resources to advance your career and put you in touch with dietitians not only in the US, but around the world. For me, it has been an important element for success in my career and life.”
loss, identifying clinical signs of micronutrient deficiencies and toxicities, evaluating the presence of edema or fluid accumulation, and demonstrate basic NFPE skills with actual patients.

**Food & Nutrition Conference & Expo™ (FNCE®)**
The Academy’s annual convention is the world’s largest educational program and exhibition for food and nutrition experts. Join us in Philadelphia, Pa., and enjoy reduced registration rates, earn CPEUs, build professional relationships, mingle with colleagues and browse the latest products and services. FNCE® 2019 will feature advanced-level education on the hottest topics, including emerging integrative nutrition approaches, culinary trends, food security issues, cultural competencies and medical nutrition therapy.

**2020**: Indianapolis, Ind. | October 17-20

**Food & Nutrition Magazine® CPE**
Food & Nutrition Magazine® offers Academy members 2 CPEUs per issue for free via online self-study quizzes.

**Journal CPE**
Take advantage of 54 or more free CPEUs annually in the Journal of the Academy of Nutrition and Dietetics. Access quizzes online and automatically log CPE to your Professional Development Portfolio.

**Online Certificate of Training Programs**
Enjoy member-preferred discounts on 13 Online Certificate of Training programs consisting of four or five separate modules. Each program offers 8 to 12.5 hours of CPEUs and comes with a certificate that can be framed and displayed in your home or office. New program: Health and Wellness Coaching.

**eatrightPREP™**
This updated, comprehensive and convenient new resource for students and educators includes an exam study plan with over 900 questions and unlimited access to three full-length practice exams (updated per CDR’s latest 2017 test specifications). Personalized performance statistics target strengths and weaknesses in exam content. Individual and group pricing is available with reduced costs for Academy members and free previews are available to educators and program directors.

“Look at the many opportunities membership provides compared to the annual rate—it’s more than you think—use it!”

Sarah Krieger, MPH, RDN
*Joined in 1993*

“Through the Academy, I’ve become more adept at networking and understand why it is so important. Last year at FNCE® was the first time I really tried to network, and I understood the value of relationships among dietetics professionals. Now, I attend as many events as I am able to and have pushed myself to meet other dietitians. It has been wonderful to hear the experiences and valuable advice of those who have come before me.”

Rachel Macam, RD
*Joined in 2016*
Policy Initiatives & Advocacy

The Academy’s office in Washington, D.C. advocates for better nutrition policies, represents your interests in legislative and regulatory issues and promotes you as the leading source of food and nutrition information.

Academy of Nutrition and Dietetics Political Action Committee (ANDPAC)
Among health care political action committees, ANDPAC is the only one dedicated exclusively to food, nutrition and health issues. Funded entirely by voluntary contributions, ANDPAC is a non-partisan entity that supports pro-nutrition candidates for federal office. In addition, it provides the Academy the ability to work with candidates and Congress to advance the Academy’s public policy priorities and raise our members’ profiles.

Education and Training
Academy membership gives members access to educational webinars, talking points and resources on cutting-edge public policy issues. You can also access tools and training to help you effectively communicate with elected officials about the policy issues that matter most to you.

Enhancing Your Voice in State Capitals
The Academy works closely with state affiliates and state public policy panels to coordinate legislative and regulatory strategies for a variety of timely issues. These issues include consumer protection and state licensure, implementation of health care reform and enhanced coverage for RDN-provided nutrition care services.

Policy Initiatives and Advocacy (PIA)
The Academy’s PIA leaders provide a link between you, Congress and government agencies. Public policy teams in both the state affiliates and dietetic practice groups (DPGs) are in place to discuss current and upcoming policy issues specific to your area of expertise.

Public Policy Workshop (PPW)
Join hundreds of members at the Academy’s food and nutrition advocacy summit in Washington, D.C. Attendees will learn about key legislative and regulatory issues while receiving top-notch leadership and communications training. Then, put your knowledge into action as PPW participants visit Capitol Hill and meet with members of Congress.

“I teach a nutrition and food policy course at the graduate level. The efforts that the Academy places on shaping policy are critical to my curriculum. Students need to understand that change only occurs when people actively participate. Most will engage in behavior change-related careers, and they need to know that nutrition, food and agricultural policies affect their clients’ food consumption habits.”

Deanna Pucciarelli, PhD
Joined in 2001
Publications & Subscriptions

Academy membership includes subscriptions to peer-reviewed and award-winning publications. In addition, members receive preferred pricing on scientific and practical information resources in print, electronic and web-based formats.

Books and Resources
A range of books and resources, including professional reference books, textbooks, pocket guides, client education materials and consumer books, are available for purchase in the eatrightSTORE. All Academy-published materials are written and reviewed by RDNS, NDTRs and other health professionals. Academy members receive a 20-30% discount off retail price on most publications. Many books and resources are also available as eBooks. Download the free eatright eReader app, purchase the eBook in the eatrightSTORE and then access the eBook version using the eReader app. Academy eBooks include the research and evidence-based content found in our print publications, plus the ability to add bookmarks, notes and highlights.

Eat Right Weekly
A weekly e-newsletter providing members with access to career resources, research briefs, CPE opportunities, Academy updates, policy information, advocacy issues and a variety of other news.

electronic Nutrition Care Process Terminology (eNCPT)
The electronic Nutrition Care Process Terminology (eNCPT) is an online publication containing a narrative explanation of the Nutrition Care Process. eNCPT subscribers have access to the most current terminology used in nutrition care as well as reference sheets that provide clear definitions and explanations of all terms, including indicators, criteria for evaluation, etiologies, and signs and symptoms. Preferred pricing is available for Academy members.

Food & Nutrition Magazine®
The Academy’s award-winning magazine emphasizes breaking news and trends in nutrition, diet, health, culinary arts, food service, sports nutrition, fitness, integrative nutrition, food safety and other professional topics. Mailed bi-monthly and available online, Food & Nutrition Magazine® also delivers practice tips, resources for professional and personal growth, CPE opportunities, Academy news and more.

Journal of the Academy of Nutrition and Dietetics
The Academy’s flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics. The monthly, peer-reviewed Journal presents original articles prepared by researchers and practitioners, offers free CPE opportunities and is the most widely read professional publication in the field. The Journal features web-based archives dating back to 1993, online articles ahead of print, and an iOS and Android app, as well as exclusive online material, including Topic Collections, educational PowerPoint slides for selected articles, audio and video podcasts and much more.

MNT Provider
This free, monthly newsletter is one of the Academy’s essential practice management resources and includes articles on topics such as billing, coding and coverage, practice and business management, changes in health care delivery and payment, Medicare, Medicaid and private insurance reimbursement.

Nutrition Care Manual® Products
Nutrition Care Manual® Products are comprehensive online diet manuals and professional practice resources for RDNs, NDTRs, allied health professionals and healthcare facilities. The manuals are purchased by annual subscription with preferred pricing for Academy members.

Nutrition Care Manual® (NCM®)
Created and peer-reviewed by specialty experts, the NCM® contains information and resources for over 200 conditions. Features include a customizable diet manual, client education handouts, menu customization and analysis, calculators and much more.

Pediatric Nutrition Care Manual® (PNCM®)
PNCM® covers over 80 major topics, including normal nutrition for all pediatric life stages, food allergies, nutrition support, neonatal care, developmental disabilities and weight management.

Sports Nutrition Care Manual® (SNCM®)
SNCM® provides easy access to research-based sports nutrition information on many topics such as vegetarian athletes, managing weight, hydration, meal-planning and nutrition for injury recovery and rehabilitation.

Nutrition and Dietetics SmartBrief
The daily SmartBrief email curates news from major media outlets, regional newspapers, trade publications and blogs, providing Academy members with the most relevant news in food and nutrition. News and editorial content for this brief is curated by SmartBrief editors, and is not selected by the Academy of Nutrition and Dietetics, with the exception of the Academy News section.

Student Scoop e-Newsletter
Student Scoop is the Academy’s exclusive Student member e-newsletter. Discover what students are doing to gain nutrition and dietetics experience, read about preparing for internships and learn about member benefits available to you.
Career Resources

Academy membership provides access to a variety of resources that help take your career to the next level at any stage—from student to seasoned professional.

2017 Compensation & Benefits Survey of the Dietetics Profession
This comprehensive report details the compensation for dozens of core RDN and NDTR jobs, segmented by region, education, experience, supervisory responsibility and much more. In addition, the online interactive Salary Calculator offers users an estimate of what practitioners with similar characteristics and in similar situations earn. These essential resources are free to members.

Dietetics Career Development Guide
This guide illustrates how students, educators and practitioners, regardless of focus area, can attain increasing levels of knowledge and skill throughout a career. Members can access a collection of resources, including examples of educators and practitioners and their career decisions, videos of RDNs and their career pathways, scenarios for career development and advancement, and various Career Toolbox resources from the Academy’s website.

EatRight Careers
The Academy’s online job board allows you to post your résumé, target your search by specialty or geographic location, respond directly to employer job listings and receive email alerts about new positions—all for free. When recruiting practitioners for your own organization, Academy members receive preferred pricing.

Find an Expert
The Academy’s online referral service is free for any Active category member representing their own private practice, group practice or employer. Consumers and businesses search this site often to connect with members who provide expertise in food and nutrition.

Marketing Center
The Academy developed the online Marketing Center to provide you with the resources needed to improve your brand. It includes communication tips, ready-to-use presentations, Eat Right tip videos for your website, radio scripts, free stock photography, downloadable promotion flyers, information on enhancing your online presence and much more.

Honors & Awards

The Academy offers a variety of programs in recognition of the service and dedication of members to the nutrition and dietetics profession.

Fellow of the Academy of Nutrition and Dietetics (FAND)
The Academy’s prestigious Fellow recognition program acknowledges your professional accomplishments, valuable service to the public and pursuit of life-long learning. By earning the right to include the FAND designation among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world’s largest organization of food and nutrition experts.

National Honors and Awards
The Academy of Nutrition and Dietetics honors individuals who have advanced the nutrition and dietetics profession, exhibited leadership and shown devotion to serving others in both nutrition and dietetics, as well as allied fields. The Academy’s national honors and awards include the Copher Award, Honorary Membership, the Medallion Awards and the Excellence in Practice Awards.

Scholarships and Grants
Through the Academy Foundation, members have access to a variety of scholarships and grants, including over $500,000 to qualifying dietetics students at all levels of study, more than $200,000 in awards to educators and established dietetics practitioners, and $450,000 in research grants on an annual basis.

Elaine M. Long, PhD, RDN, LD, FAND
Joined in 1975
“Innovate! Elevate! Inspire! Academy membership will enable you to make a difference throughout your career. I would not have achieved the success and respect that I have today without being an Academy member, as well as the opportunities for professional and career advancement.”
Networking

The Academy is an active community of professionals sharing knowledge, skills and ideas. Get ahead by connecting with practitioners in your specialty area or from other food and nutrition fields.

Affiliates of the Academy of Nutrition and Dietetics
Your state-level association sponsors local education programs, networking opportunities, scholarship fundraising efforts and more. Membership in an affiliate is included in your Academy membership.

Dietetic Practice Groups (DPG)
Join one or more of the Academy’s professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world.

Member Interest Groups (MIG)
Find members with common interests, issues or backgrounds by joining one of the Academy’s MIGs, focusing on areas other than practice or geographic location.

Nutrition and Dietetics Educators and Preceptors (NDEP)
This Academy group addresses the broad needs of the dietetics education community. Join NDEP and help educators and preceptors move nutrition and dietetics forward.

eMentoring
This online system is designed to match Academy mentees to mentors easily and accurately, while flexibly fitting around their unique schedules and communication styles.

Social Networks
Get updates in your favorite format and join the conversation by becoming a part of the Academy’s social network. “Like” one of our Facebook pages, follow us on Twitter and Instagram, add us to your circles on Google+, join our group on LinkedIn or subscribe to our EatRightTV and EatRightTVPro YouTube channels. Plus, check out Kids Eat Right on YouTube and Pinterest, or Food & Nutrition Magazine® on Instagram and Pinterest.

Branding Your Services

The Academy provides a number of resources and programs designed to promote the RDN and NDTR brand in the marketplace. Position yourself as the food and nutrition expert to a wide variety of audiences — from the public and media to health care payers and Congress.

Kids Eat Right
The Academy Foundation’s Kids Eat Right initiative is a two-tiered campaign aimed to mobilize our members to participate in community and school childhood obesity prevention efforts, and also to educate families, communities and policy makers about the importance of quality nutrition. Kids Eat Right campaign members are able to access a variety of downloadable toolkits containing customizable presentations for adults and kids, suggested 10-minute activities and handouts.

Food & Nutrition Guest Blogs
Stay abreast of the latest in diet and culinary trends with Stone Soup, the rapidly changing environment of digital data with The Feed, and gain insight from current dietetics students with the Student Scoop blog—all on Foodandnutrition.org and written by Academy members.

National Nutrition Month® and Registered Dietitian Nutritionist Day
Highlight your expertise and spread the word about the importance of developing healthy eating habits during National Nutrition Month® in March. Registered Dietitian Nutritionist Day, celebrated each year on the second Wednesday in March, serves as an occasion to recognize both RDNs and NDTRs for their commitment to helping people enjoy healthy lives.

Nutrition Services Coverage
The Academy supports members by providing resources to be successful at delivering and getting paid for nutrition services. Whether working with public or private payers, tools are available to market and support the business case for services provided by RDNs and NDTRs; to understand changes in health care delivery and payment; and to address essential information for compliance, business operations and coding, billing, and payment for nutrition services.
Additional Member Benefits

Take advantage of even more benefits, such as discounts on professional resources and insurance.

**Academy Credit Card**
Apply for the Academy Elan™ MasterCard® and take advantage of low, competitive interest rates and rewards points. Card subject to approval.

**Corporate Sponsorship**
The Academy’s sponsorship program allows for purposeful collaboration with food and nutrition organizations and helps to advance the Academy’s mission of accelerating improvements in global health and well-being through food and nutrition. Through structured, Academy-directed relationships, the objectives of the Academy’s sponsorship program are to work with industry to build awareness of the Academy and its members and to share science-based information, new research and industry trends in food and nutrition with members.

**Personal Insurance Discounts**
As a member of the Academy, you now have access to exclusive savings on auto, home, condo and renters insurance from Travelers. In addition, Mercer Consumer, a service of Mercer Health & Benefits Administration LLC, offers long-term care, pet and other personal insurance discounts for Academy members.

**Professional Insurance Discounts**
Administered by Mercer Consumer, professional liability insurance is available for private practice or traditional employment at reduced member rates, and will protect you against claims arising from real or alleged errors or omissions in the course of your professional duties.

Key Contact Information

**Academy of Nutrition and Dietetics Foundation**
The Foundation is the philanthropic arm of the Academy, focusing on four key initiatives—food and nutrition research, scholarships, awards and public education—and is the only 501(c)3 charity dedicated to nutrition and dietetics. The Foundation’s public education initiatives include Kids Eat Right, Guide for Effective Intervention and Education (GENIE) and the Future of Food Initiative. Visit [www.eatrightFoundation.org](http://www.eatrightFoundation.org) for more information.

**Accreditation Council for Education in Nutrition and Dietetics (ACEND)**
ACEND is the Academy’s accrediting agency for education programs preparing students for careers as RDNs or NDTRs. Visit [www.eatrightACEND.org](http://www.eatrightACEND.org) for more information.

**Commission on Dietetic Registration (CDR)**
CDR is the credentialing agency for the Academy with sole and independent authority in all matters pertaining to certification, including, but not limited to, standard setting, establishment of fees, finances and administration. CDR also offers Board Certified Specialist credentials in seven specialist areas and an advanced practice credential in clinical nutrition, as well as certificate programs in Obesity Intervention and Childhood and Adolescent Weight Management. Visit [www.cdrnet.org](http://www.cdrnet.org) for more information.

**eatrightPRO.org**
The Academy’s member site focuses on our mission: empowering members to be food and nutrition leaders, providing individuals with 24/7 access to scientific and evidence-based publications, articles and tools to stay at the forefront of dietetic research, career trends and leadership opportunities.

**eatrightSTORE.org**
Find Academy publications, professional development opportunities, education materials, gifts and more.

**Nutrition Information Services**
Your source for information and resources on food, nutrition and dietetics-related topics. Send your questions to our staff RDNs at nis@eatright.org or call 800/877-1600, ext. 4853 or 4784.

**Member Service Center**
Prompt, courteous and professional membership representatives are here to assist you weekdays, from 8 a.m.–5 p.m., Central Time, at membership@eatright.org or by calling 800/877-1600, ext. 5000.