Academy Membership

Unlock the Potential

Member Benefits Guide 2022–2023
About Us

The Academy of Nutrition and Dietetics is the world’s largest organization of food and nutrition professionals.

The Academy was founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public’s health and nutrition during World War I. Today, the Academy has members in over 80 countries throughout the globe—registered dietitian nutritionists (RDN); nutrition and dietetic technicians, registered (NDTR); and other professionals holding undergraduate and advanced degrees in nutrition and dietetics; and students—and is committed to improving the public’s health and advancing the profession of nutrition and dietetics through research, education and advocacy.

Members of the Academy play a key role in shaping the public’s food choices, thereby improving its nutritional status, and in treating persons with illnesses or injuries. Members offer preventive and medical nutrition therapy services in a variety of settings.

Nutrition and dietetics practitioners work in health care systems, home health care, foodservice, business, research and educational organizations, as well as in private practice. As essential members of medical teams in hospitals, post-acute and long-term care facilities, and health maintenance organizations, they provide medical nutrition therapy—using specific nutrition-related services to treat chronic conditions, illnesses or injuries. Community-based practitioners provide health promotion, disease prevention and wellness services.

As a leader in food and nutrition, the Academy provides expert testimony at hearings, lobbies Congress and other governmental bodies, comments on proposed federal and state regulations, and develops position statements on critical issues.

Learn more about the benefits of Academy membership and how the Academy supports both you and the nutrition and dietetics profession.
Practice, Science & Quality

The Academy is dedicated to setting the direction for the profession of nutrition and dietetics through practice, science and quality.

Academy of Nutrition and Dietetics Health Informatics Infrastructure (ANDHII)
This online tool is designed to guide nutrition and dietetics practitioners through each step of the Nutrition Care Process while building a national quality improvement database with patient outcomes. In addition, it offers customizable charts, reports and visit summaries.

Code of Ethics for the Nutrition and Dietetics Profession
The Academy and the Commission on Dietetic Registration (CDR) believe it is in the best interest of the profession—and the public it serves—to have a Code of Ethics that guides professional practice and conduct. The updated Code of Ethics recognizes the changes in nutrition and dietetics practice and is responsive to trends related to digital health care, social media and the evolving use of other technologies.

Definition of Terms
The Academy’s Definition of Terms List is a resource that houses terms, definitions and key considerations to support the profession of nutrition and dietetics. The terms and definitions are used in a variety of ways including organization requirements, public policy development, regulations related to professional licensure and, as needed, by academia, research, professional publications, employers, industry, practitioners and members. As a reference document, the definitions serve as standardized language for consistent application in practice settings and Academy documents. The Definition of Terms webpage also includes a webinar, article, policy and form to suggest a new term or modification to an existing term.
Evidence Analysis Library® (EAL®)
The EAL® is a synthesis of the best, most relevant nutritional research on important dietetic practice questions housed within an accessible, online, user-friendly website. With over 40 systematic review topics and 20 evidence-based nutrition practice guidelines, the EAL® is free for Academy members.

Malnutrition Quality Improvement Initiative (MQii)
The MQii is a project of the Academy, Avalere Health, and other stakeholders who provide expert input through a nation-wide collaborative partnership. This Academy initiative encompasses several work streams to advance evidence-based, high-quality malnutrition care for patients who are malnourished or at-risk for malnutrition. The Academy, as measure steward and developer, supports RDN participation in the Centers for Medicare and Medicaid Services (CMS) quality payment incentive programs. The set of measures now continues as the Global Malnutrition Composite Score (Composite Measure) promotes appropriate screening, assessment, diagnosis, and intervention with development of a care plan for malnourished adults. Together with the MQii Toolkit, the Learning Collaborative, a community of hospitals and health systems, uses these tools and resources to transform quality standards and performance of malnutrition delivery through shared learning of real-world approaches, best practices and data to identify remaining care gaps, reduce costs and improve patient outcomes.

Nutrition Care Process (NCP)
The NCP, consisting of assessment, diagnosis, intervention, monitoring and evaluation, is a systematic multidirectional approach to support critical thinking and timely high-quality nutrition care using the best available evidence. The RDN uses the NCP to make decisions when addressing medical nutrition therapy and providing nutrition-related services.

Nutrition Research Network® (NRN)
Make your practice part of meaningful nutrition and dietetics research. This network brings practitioners and researchers together to identify and design research for real-world practice settings. NRN is open to all Academy members and no research experience is required to participate.

Position Papers
An Academy of Nutrition and Dietetics position paper is a critical analysis of current facts, data and research literature on a specific issue. A key feature of the paper is the position statement, which presents the Academy’s stance on the
specific issue that impacts the public’s nutritional status and is controversial, confusing, or requires professional clarification. All Academy position papers are generated from EAL® systematic reviews.

**Quality Improvement**

The Academy focuses on paralleling efforts with major players in the national quality arena to educate and empower members to be RDN and NDTR leaders in all healthcare delivery models and quality improvement strategies. To advance member knowledge, an Infographic as well as the Quality Resource Collection with over 100 sources was developed. Quality Strategies Learning Modules with Continuing Professional Education (CPE) units provide insight on national quality strategy trends with Quality Improvement Project examples available to RDNs and NDTRs to conduct quality improvement projects at their organizations. The Quality Improvement 101 Education Package assists educators, preceptors and practitioners with learning and teaching quality improvement basics.

**Quality Management**

The Academy assists members by providing quality management tools for safe, effective, person-centered care. Resources include national quality organization and accreditation updates for the Joint Commission, Accreditation Commission for Health Care, Commission on Cancer, and the Public Health Accreditation Board. The Standards of Excellence Metric Tool helps RDNs and NDTRs evaluate their organization’s programs, services and initiatives. Case Studies and Practice Tips explain steps for ordering privileges, health and wellness coaching, telehealth, cultural competence, laboratory ordering, and when to cosign in medical records.

**Scope of Practice**

The Academy has designed resources to help members understand and describe the Scope of Practice for credentialed nutrition and dietetics practitioners, including the Revised 2017 Scope of Practice for the RDN, Revised 2017 Scope of Practice for the NDTR, Scope of Practice Decision Algorithm, Learning Modules where practitioners can earn CPE units, and a brochure. Scope of Practice in nutrition and dietetics encompasses the range of roles, activities and regulations within which practitioners perform.
Standards of Practice (SOP) and Standards of Professional Performance (SOPP)
The Academy offers SOP and SOPP articles and resources to help RDNs and NDTRs assess their individual performance needs. These tools describe competent levels of practice related to nutrition and dietetics care and services. They also serve as guides for self-evaluation and practice advancement, and, although not regulations, they can be used by regulatory agencies to determine competence for credentialed nutrition and dietetics practitioners. In addition to the Revised 2017 SOP in Nutrition Care and SOPP for RDNs, Revised 2017 SOP in Nutrition Care and SOPP for NDTRs, and learning modules, there are 17 focus area SOP and/or SOPP for RDNs on topics such as nutrition in integrative and functional medicine, diabetes care, eating disorders, and education of nutrition and dietetics practitioners.

Telehealth
The Academy has developed a telehealth practice resource webpage. It contains resources related to practicing telehealth, including a practice tip; information on policy, regulation and payment; and guidance on technology and telehealth documentation. There is also a quick guide for RDNs about practicing telehealth in the context of the COVID-19 national public health emergency.

Antoinette “Toni” Watkins, MS, RDN
Joined in 1984

I value being a member of the Academy. Membership has provided great networking opportunities as my career pivoted from clinical dietetics to food service management. I loved being able to transition in my career while also maintaining my credentials.
Educational Opportunities

The Academy offers an impressive array of resources to cultivate your skills through multi-disciplinary learning opportunities and enhanced technology. Select from a variety of free and member-priced resources to best fit your professional development needs. Academy members enjoy significant discounts on educational products and programs.

Distance Learning
Learn at your own pace and convenience through various online CPE offerings such as live and recorded webinars, free self-study modules, and the Certificate of Training program. Additionally, FNCE® On-Demand offers discounted member access to complete recordings of educational sessions, available to view for both group and individual learning, and FNCE® Collections provide convenient bundles of FNCE® sessions curated by topic.

eatrightCPE
The Academy's online learning management system, eatrightCPE, houses over 400 products, including FNCE® session recordings, webinar recordings and certificate of training programs, with new products available on a monthly basis. Members can conveniently manage continuing education coursework within a single Academy platform and access study guides, practice exams, tracked course completion progress, CPE certificates (administered and saved automatically) plus much more.
The relationships I have been able to build have not only helped me to land new opportunities, but have served as valuable resources and mentors throughout the years. These connections also helped me to understand how best to navigate the abundance of tools, resources, and support programs the Academy offers -- especially scholarships, CPE, and opportunities to serve.

**eatrightPREP™**
This updated, comprehensive and convenient resource for students and educators includes an exam study plan with more than 1300 test questions, 450-plus flashcards and unlimited access to six full-length practice exams (updated per CDR’s latest test specifications). Personalized performance statistics target strengths and weaknesses in exam content. Individual and group pricing is available with reduced costs for Academy members and free previews are available to educators and program directors.

**Food & Nutrition Conference & Expo™ (FNCE®)**
The Academy’s annual conference is the world’s largest educational program and exhibition for food and nutrition experts. Members enjoy reduced registration rates, earn CPE, build professional relationships, mingle with colleagues and browse the latest products and services. FNCE® features advanced-level education on the hottest topics, challenges, controversies and breakthroughs in the profession. Virtual and on-demand options make FNCE® more accessible than ever. 2022: Orlando, Fla.

**Journal CPE**
Take advantage of 24 or more free CPE units annually in the *Journal of the Academy of Nutrition and Dietetics*. Access quizzes online and automatically log CPE units to your Professional Development Portfolio.
Leadership Institute
Leadership Institute is a comprehensive professional development program designed to help current and future leaders in nutrition, health and wellness to develop a range of leadership, communication and career development skills, including executive presence, project management and decision-making, interpersonal communication, strategic planning and team building. Through a combination of self-directed study, in-person training, networking opportunities, small group projects and virtual learning, participants will gain hands-on experience to become more effective leaders.

Nutrition Focused Physical Exam Training Workshop
The Academy offers a nutrition focused physical exam training workshop designed to provide RDNs with the skills to perform a nutrition focused physical exam (NFPE), empowering the RDN to accurately identify patients with malnutrition. By attending a live, highly interactive workshop, you will learn to recognize the role of NFPE in identifying malnutrition, assess muscle-waste and fat loss, identify clinical signs of micronutrient deficiencies and toxicities, evaluate the presence of fluid accumulation, assess reduced grip strength via a dynamometer, and demonstrate basic NFPE skills.

Online Certificate of Training Programs
The Certificate of Training programs consist of multiple cohesive modules that provide in-depth instruction on broad areas of interest in the realm of nutrition and dietetics, with the goal of expanding knowledge, skills and competencies. Each Certificate of Training program takes a deep dive into specific aspects of a topic area. Taken collectively, they provide the most comprehensive overview of the topic. Learners must complete all modules to receive the final Certificate. New program: Policy and Advocacy Certificate of Training.
The Academy’s office in Washington, D.C. advocates for better nutrition policies, represents your interests in legislative and regulatory issues and promotes you as the leading source of food and nutrition information.

Academy of Nutrition and Dietetics Political Action Committee (ANDPAC)
Among health care political action committees, ANDPAC is the only one dedicated exclusively to food, nutrition and health issues. Funded entirely by voluntary contributions, ANDPAC is a non-partisan entity that supports pro-nutrition candidates for federal office. In addition, it provides the Academy the ability to work with candidates and Congress to advance the Academy’s public policy priorities and raise our members’ profiles.

Stephanie Schacher, MS, RD
Joined in 2014

The Academy has helped me every step of the way to become a dietitian and start my career. As a student I would use the Academy resources to look into graduate programs, advanced certifications, utilize the EAL, and even find recipes. Now as a practitioner I continue to utilize the Academy’s website to find Eat Right handouts, discounts on CPE units, policy information, reference materials and toolkits. Each time I visit the website I find something new to explore and learn from.
I continue my membership because I believe the Academy is the most powerful body to represent and advocate on behalf of our profession. While members have a broad range of interests, the Academy has a proven record of integrity and respect for the diverse voices of its membership.

Education and Training
Academy membership gives members access to educational webinars, talking points and resources on cutting-edge public policy issues. You can also access tools and training to help you effectively communicate with elected officials about the policy issues that matter most to you.

Enhancing Your Voice in State Capitals
The Academy works closely with state affiliates and state public policy panels to coordinate legislative and regulatory strategies for a variety of timely issues. These issues include consumer protection and state licensure, implementation of health care reform and enhanced coverage for RDN-provided nutrition care services.

Nutrition and Dietetics Advocacy Summit
Formerly known as the Public Policy Workshop, the Nutrition and Dietetics Advocacy Summit brings together hundreds of food and nutrition advocates in our nation’s capital to sharpen their communication skills, take a deep-dive into key policy issues that impact the health of the nation and the dietetics profession, and develop new high-level personal and professional relationships.

Policy Initiatives and Advocacy (PIA)
The Academy's PIA leaders provide a link between you, Congress and government agencies. Public policy teams in both the state affiliates and dietetic practice groups (DPGs) are in place to discuss current and upcoming policy issues specific to your area of expertise.
Publications & Subscriptions

Academy membership includes subscriptions to essential professional publications, as well as preferred pricing on scientific and practical information resources in print, electronic and web-based formats.

Books and Resources
A range of books and resources, including professional reference books, textbooks, pocket guides, client education materials and consumer books are available for purchase in the eatrightSTORE. All Academy-published materials are written and reviewed by RDNs, NDTRs and other health professionals. Academy members receive a 20-30% discount off retail price on most publications. Many books and resources are also available as eBooks. Download the free eatright eReader app, purchase the eBook in the eatrightSTORE and then access the eBook version using the eReader app. Academy eBooks include the research and evidence-based content found in our print publications, plus the ability to add bookmarks, notes and highlights.

Eat Right Weekly
A weekly e-newsletter providing members with access to career resources, research briefs, CPE opportunities, Academy updates, policy information, advocacy issues and a variety of other news.

electronic Nutrition Care Process Terminology (eNCPT)
The electronic Nutrition Care Process Terminology (eNCPT) is an online publication containing the most current terminology used in nutrition care and a narrative explanation of the Nutrition Care Process. eNCPT subscribers have access to term definitions, application resources for each term, matrices for PES statement development and the EHR Toolkit 2.0. The terminology is available in English, Spanish, Swedish, German, Norwegian, Danish, Chinese (Traditional), Chinese (Simplified) and French. Preferred pricing is available for Academy members.

Journal of the Academy of Nutrition and Dietetics
The Academy’s flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics. The monthly, peer-reviewed Journal presents original articles prepared by researchers and practitioners, offers free CPE opportunities and is the most widely read professional publication in the field. The Journal, a hybrid access journal
offering subscription and open access content, features web-based archives dating back to the first Journal issue in 1925 and online articles ahead of print, as well as exclusive online material, including Topic Collections, educational PowerPoint slides for selected articles, audio and video podcasts and much more.

**MNT Provider**
This free, monthly newsletter is one of the Academy’s essential practice management resources and includes articles on topics such as billing, coding and coverage, practice and business management, changes in health care delivery and payment, Medicare, Medicaid and private insurance reimbursement.

**Nutrition Care Manual® Products**
*Nutrition Care Manual® Products* are comprehensive online diet manuals and professional practice resources for RDNs, NDTRs, allied health professionals and healthcare facilities. The manuals are purchased by annual subscription with preferred pricing for Academy members.

**Adult Nutrition Care Manual® (NCM®)**
Created and peer-reviewed by specialty experts, the *NCM®* contains information and resources for over 200 conditions. Features include a customizable diet manual, client education handouts, menu customization and analysis, calculators and much more.

**Pediatric Nutrition Care Manual® (PNCM®)**
*PNCM®* covers over 80 major topics, including normal nutrition for all pediatric life stages, food allergies, nutrition support, neonatal care, developmental disabilities and weight management.

**Sports Nutrition Care Manual® (SNCM®)**
*SNMC®* provides easy access to research-based sports nutrition information on many topics, such as vegetarian athletes, managing weight, hydration, meal-planning and nutrition for injury recovery and rehabilitation.

**SmartBrief**
SmartBrief curates news from major media outlets, regional newspapers, trade publications and blogs, providing Academy members with the most relevant news in food, nutrition and dietetics. Two days each week, the brief includes a journal review, linking to emerging research, systematic reviews and case studies. News and editorial content for this brief is curated by SmartBrief editors, and is not selected by the Academy of Nutrition and Dietetics, with the exception of the Academy News section.

**Student Scoop e-Newsletter**
*Student Scoop* is the Academy’s exclusive Student member e-newsletter. Discover what students are doing to gain nutrition and dietetics experience, read about preparing for internships and learn about member benefits and opportunities available to you.
Career Resources

Academy membership provides access to a variety of resources that help take your career to the next level at any stage—from student to seasoned professional.

2021 Compensation & Benefits Survey of the Dietetics Profession
This comprehensive report details the compensation for dozens of core RDN and NDTR jobs, segmented by region, education, experience, supervisory responsibility and much more. In addition, the online interactive Salary Calculator offers users an estimate of what practitioners with similar characteristics and in similar situations earn. These essential resources are free to members.

Dietetics Career Development Guide
This guide illustrates how students, educators and practitioners, regardless of focus area, can attain increasing levels of knowledge and skill throughout a career. Members can access a collection of resources, including examples of educators and practitioners and their career decisions, videos of RDNs and their career pathways, scenarios for career development and advancement, and various Career Toolbox resources from the Academy’s website.

EatRight Careers
The Academy’s online job board allows you to post your résumé, target your search by specialty or geographic location, respond directly to employer job listings and receive email alerts about new positions—all for free. When recruiting practitioners for your own organization, Academy members receive preferred pricing.

Find a Nutrition Expert
The Academy’s online referral service is free for Active category members representing their own private practice, group practice or employer for both in-person and telehealth consultations. Consumers and businesses search this site often to connect with members who provide expertise in food and nutrition.

Marketing Center
The Academy developed the online Marketing Center to provide you with the resources needed to improve your brand. It includes communication tips, ready-to-use presentations, Eat Right tip videos for your website, radio scripts, free stock photography, downloadable promotion flyers, information on enhancing your online presence and much more.
The Academy offers a variety of programs in recognition of the service and dedication of members to the nutrition and dietetics profession.

Fellow of the Academy of Nutrition and Dietetics (FAND)
The Academy’s prestigious Fellow recognition program acknowledges your professional accomplishments, valuable service to the public and pursuit of life-long learning. By earning the right to include the FAND designation among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world’s largest organization of food and nutrition experts.

National Honors and Awards
The Academy of Nutrition and Dietetics honors individuals who have advanced the nutrition and dietetics profession, exhibited leadership and shown devotion to serving others in both nutrition and dietetics, as well as allied fields. The Academy’s national honors and awards include the Lifetime Achievement Award, the Distinguished Lecture Award, Honorary Membership, the Medallion Awards and the Excellence in Practice Awards.

Scholarships and Grants
Through the Academy Foundation, members have access to a variety of scholarships and grants, including over $500,000 to qualifying dietetics students at all levels of study, and more than $200,000 in awards and grants to educators and established nutrition and dietetics practitioners on an annual basis.
Networking

The Academy is an active community of professionals sharing knowledge, skills and ideas. Get ahead by connecting with practitioners in your specialty area or from other food and nutrition fields.

Affiliates of the Academy of Nutrition and Dietetics
Your state-level association sponsors local education programs, networking opportunities, scholarship fundraising efforts and more. Membership in an affiliate is included in your Academy membership.

Dietetic Practice Groups (DPG)
Join one or more of the Academy’s professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world.

Member Interest Groups (MIG)
Find members with common interests, issues or backgrounds by joining one of the Academy’s MIGs, focusing on areas other than practice or geographic location.

Nutrition and Dietetics Educators and Preceptors (NDEP)
This Academy group addresses the broad needs of the dietetics education community. Join NDEP and help educators and preceptors move nutrition and dietetics forward.

Mentor Match
Enroll in the Academy’s online Mentor Match and get matched to a mentor or mentee according to similarities in your profile interests and communication styles. You can even search for other participants by Academy DPG or MIG, geographic location and name.

Social Media
Get updates via your favorite social media platforms and join the conversation by becoming a part of the Academy’s social network. “Like” one or more of our Facebook pages; follow us on Twitter, Instagram and Pinterest; join our member-only group and follow the Academy’s company page on LinkedIn; and subscribe to our eatrightTV, KidsEatRight and eatrightPROtv YouTube channels.
Branding Your Services

The Academy provides a number of resources and programs designed to promote the RDN and NDTR brand in the marketplace. Position yourself as the food and nutrition expert to a wide variety of audiences — from the public and media to health care payers and Congress.

**Kids Eat Right**
The Academy Foundation’s Kids Eat Right initiative is a two-tiered campaign aimed to mobilize our members to participate in community and school childhood obesity prevention efforts, and also to educate families, communities and policy makers about the importance of quality nutrition. Kids Eat Right campaign members are able to access a variety of downloadable toolkits containing customizable presentations for adults and kids, suggested 10-minute activities and handouts.

**National Nutrition Month® and Registered Dietitian Nutritionist Day**
Highlight your expertise and spread the word about the importance of developing healthy eating habits during National Nutrition Month® in March. Registered Dietitian Nutritionist Day, celebrated each year on the second Wednesday in March, serves as an occasion to recognize both RDNs and NDTRs for their commitment to helping people enjoy healthy lives.

**Nutrition Services Coverage**
The Academy supports members by providing tools and resources to be successful at delivering high quality nutrition services and getting paid. Whether it is public or private payers, tools are available to market and support the business case for services provided by RDNs and NDTRs; understand changes in health care delivery and payment; and address essential information for compliance, business operations and coding, billing, and payment for nutrition services.
Additional Member Benefits

Take advantage of even more benefits, such as discounts on professional resources and insurance.

**Academy Credit Card**
Apply for the Academy Elan™ MasterCard® and take advantage of low, competitive interest rates and rewards points. Card subject to approval.

**Corporate Sponsorship**
The Academy’s sponsorship program allows for purposeful collaboration with food and nutrition organizations and helps to advance the Academy’s mission of accelerating improvements in global health and well-being through food and nutrition. Through structured, Academy-directed relationships, the objectives of the Academy’s sponsorship program are to work with industry to build awareness of the Academy and its members and to share science-based information, new research and industry trends in food and nutrition with members.

**Personal Insurance Discounts**
As a member of the Academy, you now have access to exclusive savings on auto, home, condo and renters insurance from Travelers. In addition, Mercer Consumer, a service of Mercer Health & Benefits Administration LLC, offers long-term care, pet and other personal insurance products for Academy members.

**Professional Insurance Discounts**
Administered by Mercer Consumer, professional liability insurance is available for private practice or traditional employment at reduced member rates, and will protect you against claims arising from real or alleged errors or omissions in the course of your professional duties.
Key Contact Information

Academy of Nutrition and Dietetics Foundation
The Foundation is the only charitable organization dedicated exclusively to supporting nutrition and dietetics professionals by empowering them to help consumers live healthier lifestyles. The Foundation makes an impact individually with Academy members and collectively throughout the profession and around the globe with its scholarships, awards, fellowships, research grants, public nutrition education programs and disaster relief efforts. Visit www.eatrightfoundation.org to learn more.

Accreditation Council for Education in Nutrition and Dietetics (ACEND)
ACEND is the Academy’s accrediting agency for education programs preparing students for careers as RDNs or NDTRs. Visit www.eatrightACEND.org for more information.

Commission on Dietetic Registration (CDR)
CDR is the credentialing agency for the Academy with sole and independent authority in all matters pertaining to certification, including, but not limited to, standard setting, establishment of fees, finances and administration. CDR also offers Board Certified Specialist credentials in seven areas and an advanced practice credential in clinical nutrition, as well as the Certificate of Training in Obesity (in Pediatrics and/or Adults). Visit www.cdrnet.org for more information.

eatrightCPE.org
The Academy’s online learning management system allows members to conveniently manage continuing education coursework within a single Academy platform, and houses over 400 products, including FNCE® session recordings, webinar recordings and certificate of training programs, with new products available on a monthly basis.

eatrightPRO.org
The Academy’s member site focuses on our mission: empowering members to be food and nutrition leaders, providing individuals with 24/7 access to scientific and evidence-based publications, articles and tools to stay at the forefront of dietetic research, career trends and leadership opportunities.

eatrightSTORE.org
Find Academy publications, professional development opportunities, education materials, gifts and more.

Nutrition Information Services
Your source for information and resources on food, nutrition and dietetics-related topics. Send your questions to our staff RDNs at nis@eatright.org or call 800/877-1600, ext. 4853 or 4784.

Member Service Center
Prompt, courteous and professional membership representatives are here to assist you weekdays, from 8 a.m.–5 p.m., Central Time, at membership@eatright.org or by calling 800/877-1600, ext. 5000. International callers can call +1-312/899-0040, ext. 5000.