The Academy of Nutrition and Dietetics is the world’s largest organization of food and nutrition professionals.

The Academy was founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public’s health and nutrition during World War I. Today, the Academy has members in over 80 countries throughout the globe—registered dietitian nutritionists (RDN); nutrition and dietetic technicians, registered (NDTR); and other professionals holding undergraduate and advanced degrees in nutrition and dietetics; and students—and is committed to improving the public’s health and advancing the profession of nutrition and dietetics through research, education and advocacy.

Members of the Academy play a key role in shaping the public’s food choices, thereby improving its nutritional status, and in treating persons with illnesses or injuries. Members offer preventive and medical nutrition therapy services in a variety of settings.

Nutrition and dietetics practitioners work in health care systems, home health care, foodservice, business, research and educational organizations, as well as in private practice. As essential members of medical teams in hospitals, post-acute and long-term care facilities, and health maintenance organizations, they provide medical nutrition therapy—using specific nutrition-related services to treat chronic conditions, illnesses or injuries. Community-based practitioners provide health promotion, disease prevention and wellness services.

As a leader in food and nutrition, the Academy provides expert testimony at hearings, lobbies Congress and other governmental bodies, comments on proposed federal and state regulations, and develops position statements on critical issues.

Learn more about the benefits of Academy membership and how the Academy supports both you and the nutrition and dietetics profession.
Evidence Analysis Library® (EAL®)
The EAL® is a synthesis of the best, most relevant nutritional research on important dietetic practice questions housed within an accessible, online, user-friendly website. With over 40 systematic review topics and 20 evidence-based nutrition practice guidelines, the EAL® is free for Academy members.

Malnutrition Quality Improvement Initiative (MQii)
The MQii aims to advance evidence-based, high-quality malnutrition care for patients who are malnourished or at-risk for malnutrition. The MQii is a project of the Academy of Nutrition and Dietetics, Avalere Health, and other stakeholders who provide expert input through a nation-wide collaborative partnership. The MQii offers a toolkit and a set of malnutrition electronic clinical quality measures (eCQMs) that together provide tools and resources to transform quality standards and performance of malnutrition delivery through shared learning of real-world approaches, best practices and data to identify remaining care gaps, reduce costs and improve patient outcomes.

Nutrition Care Process (NCP)
The NCP, consisting of assessment, diagnosis, intervention, monitoring and evaluation, is a systematic multidirectional approach to support critical thinking and timely high-quality nutrition care using the best available evidence. The RDN uses the NCP to make decisions when addressing medical nutrition therapy and providing nutrition-related services.

Nutrition Research Network® (NRN)
Make your practice part of meaningful nutrition and dietetics research. This network brings practitioners and researchers together to identify and design research for real-world practice settings. NRN is open to all Academy members and no research experience is required to participate.

Position Papers
An Academy of Nutrition and Dietetics position paper is a critical analysis of current facts, data and research literature on a specific issue. A key feature of the paper is the position statement, which presents the Academy’s stance on the specific issue that impacts the public’s nutritional status and is controversial, confusing, or requires professional clarification. All Academy position papers are generated from EAL® systematic reviews.

Quality Leader Alliance (QLA)
The members of the QLA network to educate food and nutrition professionals on quality management concepts and resources. Through the QLA’s efforts, the Academy developed Quality Improvement (QI) and Change Management Practice Tips that provide guidance to RDNs and NDTRs and include 30-minute virtual and pivot huddles or Quickinars recorded by QLA participants showcasing QI and Change Management projects.

Quality Management
The Academy assists members by providing quality tools for safe, effective, person-centered care. These include the Standards of Excellence Metric Tool, which helps RDNs and NDTRs evaluate their organization’s programs, services and initiatives. Additional resources include Case Studies and Practice Tips to explain steps for ordering privileges, health and wellness coaching, telehealth, cultural competence, laboratory ordering and when to cosign in medical records.

Quality Strategies
The Academy’s Quality Strategies focus on paralleling efforts with major players in the national quality arena to educate and empower members to be RDN and NDTR leaders in all healthcare delivery models. To advance member knowledge, an Infographic, as well as the Quality Resource Collection with over 100 sources, was developed. Quality Strategies Learning Modules with CPEU provide insight on national quality strategy trends with Quality Improvement Project examples available to RDNs and NDTRs to conduct quality improvement projects at their organizations. The Quality Improvement 101 Education Package assists educators, preceptors and practitioners with learning and teaching quality improvement basics.

Scope of Practice
The Academy has designed resources to help members understand and describe the Scope of Practice for credentialed nutrition and dietetics practitioners, including the revised 2017 Scope of Practice for the RDN, revised 2017 Scope of Practice for the NDTR, Scope of Practice Decision Algorithm, Learning Modules where practitioners can earn Continuing Professional Education Units (CPEUs), and a Definition of Terms list. Scope of Practice in nutrition and dietetics encompasses the range of roles, activities and regulations within which practitioners perform.
Standards of Practice (SOP) and Standards of Professional Performance (SOPP)
The Academy offers SOP and SOPP articles and resources to help RDNs and NDTRs assess their individual performance needs. These tools describe competent levels of practice related to nutrition and dietetics care and services. They also serve as guides for self-evaluation and practice advancement, and, although not regulations, they can be used by regulatory agencies to determine competence for credentialed nutrition and dietetics practitioners. In addition to the Revised 2017 SOP in Nutrition Care and SOPP for RDNs, Revised 2017 SOP in Nutrition Care and SOPP for NDTRs, and learning modules, there are 17 focus area SOP and/or SOPP for RDNs on topics such as nutrition in integrative and functional medicine, diabetes care, eating disorders, and education of nutrition and dietetics practitioners.

Telehealth
The Academy has developed a telehealth practice resource webpage. It contains resources related to practicing telehealth, including a practice tip; information on policy, regulation and payment; and guidance on technology and telehealth documentation. There is also a quick guide for RDNs about practicing telehealth in the context of the COVID-19 national public health emergency.

Educational Opportunities
The Academy offers an impressive array of resources to cultivate your skills through multi-disciplinary learning opportunities and enhanced technology. Select from a variety of free and member-priced resources to best fit your professional development needs.

Distance Learning
Learn at your own pace and convenience through various online Continuing Professional Education (CPE) offerings, such as live and recorded webinars discounted for Academy members, free self-study modules and the Certificate of Training program. Additionally, FNCE® On-Demand offers discounted member access to complete recordings of educational sessions, available to view for both group and individual learning.

eatrightCPE
The Academy’s online learning management system, eatrightCPE, houses over 400 products, including FNCE® session recordings, webinar recordings and certificate of training programs, with new products available on a monthly basis. Members can conveniently manage continuing education coursework within a single Academy platform and access study guides, practice exams, tracked course competition progress, CPE certificates (administered and saved automatically) plus much more.

Maria Virginia Tijerina Walls, MS, NC
Joined in 2008
Academy membership has been an important resource to advance my career, stay up-to-date in food and nutrition, develop leadership skills and have the opportunity to meet amazing dietitians that have become very close friends.
Jillian Griffith, MSPH, RDN, LDN

*Joined in 2015*

Academy membership is as valuable as you make it and provides tons of professional development opportunities and additional resources to help me in my professional setting. It is also an avenue to connect with like-minded dietitians who share similar interests.

**eatrightPREP® for the RDN Exam, 2nd edition**

This comprehensive and convenient resource for students and educators includes flashcard sets and 3 full-length practice tests, plus 2 timed tests to simulate the RDN Exam experience. All tests are aligned with CDR’s current test specifications. Performance statistics capture individual strengths and weaknesses across all tests. Individual and group pricing is available with reduced costs for Academy members. A free demo course is available to students, educators and program directors who want to get a preview of the course.

**Food & Nutrition Conference & Expo™ (FNCE®)**

The Academy’s annual conference is the world’s largest educational program and exhibition for food and nutrition experts. Members enjoy reduced registration rates, earn CPEUs, build professional relationships, mingle with colleagues and browse the latest products and services. FNCE® features advanced-level education on the hottest topics, challenges, controversies and breakthroughs in the profession.

**Food & Nutrition Magazine® CPE**

*Food & Nutrition Magazine®* offers Academy members 2 CPEUs per issue for free via online self-study quizzes.

**Journal CPE**

Take advantage of 54 or more free CPEUs annually in the *Journal of the Academy of Nutrition and Dietetics*. Access quizzes online and automatically log CPE to your Professional Development Portfolio.

**Nutrition Focused Physical Exam Training Workshop**

The Academy offers a nutrition focused physical exam training workshop designed to provide RDNs with the skills to perform a nutrition focused physical exam (NFPE), empowering the RDN to accurately identify patients with malnutrition. By attending a workshop, you will gain the knowledge and skills needed to recognize the role of NFPE in identifying malnutrition, assessing muscle-waste and fat loss, identifying clinical signs of micronutrient deficiencies and toxicities, evaluating the presence of edema or fluid accumulation, and demonstrate basic NFPE skills.

**Online Certificate of Training Programs**

Enjoy member-preferred discounts on Certificate of Training programs consisting of multiple cohesive modules. Each program offers 8 to 12.5 hours of CPEUs and comes with a certificate that can be framed and displayed in your home or office. Recently released programs include Treating Gluten Related Diseases, Diabetes, and Chronic Kidney Disease.

Jacqueline Tien, CHES

*Joined in 2017*

When I first joined the Academy as a student, I wanted to find more opportunities to learn about the field of nutrition and dietetics, and I wanted to be engaged. I believe that engagement and opportunities are pillars for being a successful student and nutrition professional.
**Policy Initiatives & Advocacy**

The Academy’s office in Washington, D.C. advocates for better nutrition policies, represents your interests in legislative and regulatory issues and promotes you as the leading source of food and nutrition information.

**Academy of Nutrition and Dietetics Political Action Committee (ANDPAC)**

Among health care political action committees, ANDPAC is the only one dedicated exclusively to food, nutrition and health issues. Funded entirely by voluntary contributions, ANDPAC is a non-partisan entity that supports pro-nutrition candidates for federal office. In addition, it provides the Academy the ability to work with candidates and Congress to advance the Academy’s public policy priorities and raise our members’ profiles.

**Education and Training**

Academy membership gives members access to educational webinars, talking points and resources on cutting-edge public policy issues. You can also access tools and training to help you effectively communicate with elected officials about the policy issues that matter most to you.

**Enhancing Your Voice in State Capitals**

The Academy works closely with state affiliates and state public policy panels to coordinate legislative and regulatory strategies for a variety of timely issues. These issues include consumer protection and state licensure, implementation of health care reform and enhanced coverage for RDN-provided nutrition care services.

**Nutrition and Dietetics Advocacy Summit**

Formerly known as the Public Policy Workshop, the Nutrition and Dietetics Advocacy Summit brings together hundreds of food and nutrition advocates in our nation’s capital to sharpen their communication skills, take a deep-dive into key policy issues that impact the health of the nation and the dietetics profession, and develop new high-level personal and professional relationships.

**Policy Initiatives and Advocacy (PIA)**

The Academy’s PIA leaders provide a link between you, Congress and government agencies. Public policy teams in both the state affiliates and dietetic practice groups (DPGs) are in place to discuss current and upcoming policy issues specific to your area of expertise.

**Carl Barnes, MS, RDN**  
*Joined in 2013*

*I continue my membership because I believe the Academy is the most powerful body to represent and advocate on behalf of our profession. While members have a broad range of interests, the Academy has a proven record of integrity and respect for the diverse voices of its membership.*
Publications & Subscriptions

Academy membership includes subscriptions to peer-reviewed and award-winning publications. In addition, members receive preferred pricing on scientific and practical information resources in print, electronic and web-based formats.

Books and Resources
A range of books and resources, including professional reference books, textbooks, pocket guides, client education materials and consumer books are available for purchase in the eatrightSTORE. All Academy-published materials are written and reviewed by RDNs, NDTRs and other health professionals. Academy members receive a 20-30% discount off retail price on most publications. Many books and resources are also available as eBooks. Download the free eatright eReader app, purchase the eBook in the eatrightSTORE and then access the eBook version using the eReader app. Academy eBooks include the research and evidence-based content found in our print publications, plus the ability to add bookmarks, notes and highlights.

Eat Right Weekly
A weekly e-newsletter providing members with access to career resources, research briefs, CPE opportunities, Academy updates, policy information, advocacy issues and a variety of other news.

electronic Nutrition Care Process Terminology (eNCPT)
The electronic Nutrition Care Process Terminology (eNCPT) is an online publication containing the most current terminology used in nutrition care and a narrative explanation of the Nutrition Care Process. eNCPT subscribers have access to term definitions, application resources for each term, matrices for PES statement development and the EHR Toolkit 2.0. The terminology is available in English, Spanish, Swedish, German, Norwegian, Danish, Chinese (Traditional), Chinese (Simplified) and French. Preferred pricing is available for Academy members.

Food & Nutrition Magazine®
The Academy’s award-winning magazine, available online, emphasizes breaking news and trends in nutrition, diet, health, culinary arts, foodservice, sports nutrition, fitness, integrative nutrition, food safety and other professional topics. Food & Nutrition® also delivers practice tips, resources for professional and personal growth, CPE opportunities, Academy news and more.

Journal of the Academy of Nutrition and Dietetics
The Academy’s flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics. The monthly, peer-reviewed Journal presents original articles prepared by researchers and practitioners, offers free CPE opportunities and is the most widely read professional publication in the field. The Journal, a hybrid access journal offering subscription and open access content, features web-based archives dating back to 1993 and online articles ahead of print, as well as exclusive online material, including Topic Collections, educational PowerPoint slides for selected articles, audio and video podcasts and much more.

MNT Provider
This free, monthly newsletter is one of the Academy’s essential practice management resources and includes articles on topics such as billing, coding and coverage, practice and business management, changes in health care delivery and payment, Medicare, Medicaid and private insurance reimbursement.

Nutrition Care Manual® Products
Nutrition Care Manual® Products are comprehensive online diet manuals and professional practice resources for RDNs, NDTRs, allied health professionals and healthcare facilities. The manuals are purchased by annual subscription with preferred pricing for Academy members.

Nutrition Care Manual® (NCM®)
Created and peer-reviewed by specialty experts, the NCM® contains information and resources for over 200 conditions. Features include a customizable diet manual, client education handouts, menu customization and analysis, calculators and much more.

Pediatric Nutrition Care Manual® (PNCM®)
PNCM® covers over 80 major topics, including normal nutrition for all pediatric life stages, food allergies, nutrition support, neonatal care, developmental disabilities and weight management.

Sports Nutrition Care Manual® (SNCF®)
SNCM® provides easy access to research-based sports nutrition information on many topics, such as vegetarian athletes, managing weight, hydration, meal-planning and nutrition for injury recovery and rehabilitation.

SmartBrief
SmartBrief curates news from major media outlets, regional newspapers, trade publications and blogs, providing Academy members with the most relevant news in food, nutrition and dietetics. Two days each week, the brief includes a journal review, linking to emerging research, systematic reviews and case studies. News and editorial content for this brief is curated by SmartBrief editors, and is not selected by the Academy of Nutrition and Dietetics, with the exception of the Academy News section.

Student Scoop e-Newsletter
Student Scoop is the Academy’s exclusive Student member e-newsletter. Discover what students are doing to gain nutrition and dietetics experience, read about preparing for internships and learn about member benefits and opportunities available to you.
Career Resources

Academy membership provides access to a variety of resources that help take your career to the next level at any stage—from student to seasoned professional.

2021 Compensation & Benefits Survey of the Dietetics Profession
This comprehensive report details the compensation for dozens of core RDN and NDTR jobs, segmented by region, education, experience, supervisory responsibility and much more. In addition, the online interactive Salary Calculator offers users an estimate of what practitioners with similar characteristics and in similar situations earn. These essential resources are free to members.

Dietetics Career Development Guide
This guide illustrates how students, educators and practitioners, regardless of focus area, can attain increasing levels of knowledge and skill throughout a career. Members can access a collection of resources, including examples of educators and practitioners and their career decisions, videos of RDNs and their career pathways, scenarios for career development and advancement, and various Career Toolbox resources from the Academy’s website.

EatRight Careers
The Academy’s online job board allows you to post your résumé, target your search by specialty or geographic location, respond directly to employer job listings and receive email alerts about new positions—all for free. When recruiting practitioners for your own organization, Academy members receive preferred pricing.

Find a Nutrition Expert
The Academy’s redesigned and improved online referral service is free for any Active category member representing their own private practice, group practice or employer. Consumers and businesses search this site often to connect with members who provide expertise in food and nutrition.

Marketing Center
The Academy developed the online Marketing Center to provide you with the resources needed to improve your brand. It includes communication tips, ready-to-use presentations, Eat Right tip videos for your website, radio scripts, free stock photography, downloadable promotion flyers, information on enhancing your online presence and much more.

Honors & Awards

The Academy offers a variety of programs in recognition of the service and dedication of members to the nutrition and dietetics profession.

Fellow of the Academy of Nutrition and Dietetics (FAND)
The Academy’s prestigious Fellow recognition program acknowledges your professional accomplishments, valuable service to the public and pursuit of life-long learning. By earning the right to include the FAND designation among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world’s largest organization of food and nutrition experts.

National Honors and Awards
The Academy of Nutrition and Dietetics honors individuals who have advanced the nutrition and dietetics profession, exhibited leadership and shown devotion to serving others in both nutrition and dietetics, as well as allied fields. The Academy’s national honors and awards include the Copher Award, Honorary Membership, the Medallion Awards and the Excellence in Practice Awards.

Scholarships and Grants
Through the Academy Foundation, members have access to a variety of scholarships and grants, including over $500,000 to qualifying dietetics students at all levels of study, more than $200,000 in awards to educators and established dietetics practitioners, and $450,000 in research grants on an annual basis.

Elaine M. Long, PhD, RDN, LD, FAND
Joined in 1975

In my experience, if you value your profession and work to support it by being active, you will see the value of being a member. This value will most likely change throughout your career, but it will always be part of who you are as a professional.
Networking

The Academy is an active community of professionals sharing knowledge, skills and ideas. Get ahead by connecting with practitioners in your specialty area or from other food and nutrition fields.

Affiliates of the Academy of Nutrition and Dietetics
Your state-level association sponsors local education programs, networking opportunities, scholarship fundraising efforts and more. Membership in an affiliate is included in your Academy membership.

Dietetic Practice Groups (DPG)
Join one or more of the Academy’s professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world.

Member Interest Groups (MIG)
Find members with common interests, issues or backgrounds by joining one of the Academy’s MIGs, focusing on areas other than practice or geographic location.

Nutrition and Dietetics Educators and Preceptors (NDEP)
This Academy group addresses the broad needs of the dietetics education community. Join NDEP and help educators and preceptors move nutrition and dietetics forward.

Mentor Match
Enroll in the Academy’s online Mentor Match and get matched to a mentor or mentee according to similarities in your profile interests and communication styles. You can even search for other participants by Academy DPG or MIG, geographic location and name.

Social Media
Get updates via your favorite social media platforms and join the conversation by becoming a part of the Academy’s social network. “Like” one or more of our Facebook pages; follow us on Twitter, Instagram and Pinterest; join our member-only group and follow the Academy’s company page on LinkedIn; and subscribe to our eatrightTV, KidsEatRight and eatrightPROtv YouTube channels.

Branding Your Services

The Academy provides a number of resources and programs designed to promote the RDN and NDTR brand in the marketplace. Position yourself as the food and nutrition expert to a wide variety of audiences — from the public and media to health care payers and Congress.

Kids Eat Right
The Academy Foundation’s Kids Eat Right initiative is a two-tiered campaign aimed to mobilize our members to participate in community and school childhood obesity prevention efforts, and also to educate families, communities and policy makers about the importance of quality nutrition. Kids Eat Right campaign members are able to access a variety of downloadable toolkits containing customizable presentations for adults and kids, suggested 10-minute activities and handouts.

Food & Nutrition Guest Blogs
Stay abreast of the latest in diet and culinary trends with Stone Soup, the rapidly changing environment of digital data with The Feed, and gain insight from current dietetics students with the Student Scoop blog—all on Foodandnutrition.org and written by Academy members.

National Nutrition Month® and Registered Dietitian Nutritionist Day
Highlight your expertise and spread the word about the importance of developing healthy eating habits during National Nutrition Month® in March. Registered Dietitian Nutritionist Day, celebrated each year on the second Wednesday in March, serves as an occasion to recognize both RDNs and NDTRs for their commitment to helping people enjoy healthy lives.

Nutrition Services Coverage
The Academy supports members by providing tools and resources to be successful at delivering high quality nutrition services and getting paid. Whether it is public or private payers, tools are available to market and support the business case for services provided by RDNs and NDTRs; understand changes in health care delivery and payment; and address essential information for compliance, business operations and coding, billing, and payment for nutrition services.
Additional Member Benefits

Take advantage of even more benefits, such as discounts on professional resources and insurance.

Academy Credit Card
Apply for the Academy Elan™ MasterCard® and take advantage of low, competitive interest rates and rewards points. Card subject to approval.

Corporate Sponsorship
The Academy’s sponsorship program allows for purposeful collaboration with food and nutrition organizations and helps to advance the Academy’s mission of accelerating improvements in global health and well-being through food and nutrition. Through structured, Academy-directed relationships, the objectives of the Academy’s sponsorship program are to work with industry to build awareness of the Academy and its members and to share science-based information, new research and industry trends in food and nutrition with members.

Personal Insurance Discounts
As a member of the Academy, you now have access to exclusive savings on auto, home, condo and renters insurance from Travelers. In addition, Mercer Consumer, a service of Mercer Health & Benefits Administration LLC, offers long-term care, pet and other personal insurance products for Academy members.

Professional Insurance Discounts
Administered by Mercer Consumer, professional liability insurance is available for private practice or traditional employment at reduced member rates, and will protect you against claims arising from real or alleged errors or omissions in the course of your professional duties.

Key Contact Information

Academy of Nutrition and Dietetics Foundation
The Foundation is the philanthropic arm of the Academy, focusing on four key initiatives—food and nutrition research, scholarships, awards and public education—and is the only 501(c)3 charity dedicated to nutrition and dietetics. The Foundation’s public education initiatives include Kids Eat Right, Guide for Effective Intervention and Education (GENIE) and the Future of Food Initiative. Visit www.eatrightFoundation.org for more information.

Accreditation Council for Education in Nutrition and Dietetics (ACEND)
ACEND is the Academy’s accrediting agency for education programs preparing students for careers as RDNs or NDTRs. Visit www.eatrightACEND.org for more information.

Commission on Dietetic Registration (CDR)
CDR is the credentialing agency for the Academy with sole and independent authority in all matters pertaining to certification, including, but not limited to, standard setting, establishment of fees, finances and administration. CDR also offers Board Certified Specialist credentials in seven areas and an advanced practice credential in clinical nutrition, as well as the Certificate of Training in Obesity (in Pediatrics and/or Adults). Visit www.cdrnet.org for more information.

eatrightCPE.org
The Academy’s online learning management system allows members to conveniently manage continuing education coursework within a single Academy platform, and houses over 400 products, including FNCE® session recordings, webinar recordings and certificate of training programs, with new products available on a monthly basis.

eatrightPRO.org
The Academy’s member site focuses on our mission: empowering members to be food and nutrition leaders, providing individuals with 24/7 access to scientific and evidence-based publications, articles and tools to stay at the forefront of dietetic research, career trends and leadership opportunities.

eatrightSTORE.org
Find Academy publications, professional development opportunities, education materials, gifts and more.

Nutrition Information Services
Your source for information and resources on food, nutrition and dietetics-related topics. Send your questions to our staff RDNs at nis@eatright.org or call 800/877-1600, ext. 4853 or 4784.

Member Service Center
Prompt, courteous and professional membership representatives are here to assist you weekdays, from 8 a.m.–5 p.m., Central Time, at membership@eatright.org or by calling 800/877-1600, ext. 5000. International callers can call +1-312/899-0040, ext. 5000.
The Academy of Nutrition and Dietetics is the largest organization of food and nutrition professionals. The Academy is committed to improving the public’s health and advancing the profession of dietetics through research, education and advocacy.