The House of Delegates (HOD) conducted a dialogue on March 30-31, 2019. The purpose of the dialogue session was to:

1. Determine how to best support evidence-based practice when addressing sustainable food systems with clients, including best practices when there is insufficient evidence.
2. Identify actions that can be taken to position the Academy and its members as trusted sources of dietary guidance around sustainable food systems.
3. Identify actions that can be taken by the Academy and its members to shape and deliver dietary guidance around food systems and sustainability.

Based on the dialogue, a series of guiding principles were identified to help nutrition and dietetics practitioners and students advance competencies in food and nutrition education, research, and practice to address changing food drivers and shape consumer food choices:

1. The Academy and its members are in a prime position to be viewed as trusted sources of dietary guidance around sustainable food systems.
2. The Academy must provide and promote readily available resources for members and the public on dietary guidance around sustainable food systems.
3. Nutrition and dietetics practitioners must support evidence-based practice when providing dietary guidance around sustainable food systems with clients, including best practices when there is insufficient evidence.
4. Ongoing collaboration and alignment of efforts is needed across Academy organizational units and with external stakeholders to prepare and position the Academy and its members to shape and deliver dietary guidance around food systems and sustainability.
5. The Academy and its Foundation’s work in food systems and sustainability needs to continue, as it is critical to achieving goals in this area.
6. Efforts on this front will accelerate progress toward impacting the Academy’s Strategic Plan Focus Area: “Food and Nutrition Safety and Security” and must be supported by work under all strategies (food and nutrition research; advocacy and communications; professional development; and workforce capacity and opportunities).

Therefore, be it resolved that the House of Delegates requests the following actions:

- **Delegates** communicate calls to action, updates, and current and future resources on shaping dietary guidance in food systems and sustainability to their constituents, including dissemination and member education on the Council on Research’s Evidence-Based Criteria Task Force final report and its associated products, once it is released.
- **The Academy’s Strategic Communications Team** work with HOD subject matter experts and those from the Agriculture, Sustainability and Health Round Table and Forum to enhance, maintain, and promote an online resource hub for food systems and sustainability for both health professionals and consumers (considering the needs of all socioeconomic demographics).
will include a dissemination plan to be promoted and highlighted across Academy print and digital properties as well as Delegates.

- **The Council on Research’s Evidence-Based Criteria Task Force** incorporate examples related to shaping dietary guidance in food systems and sustainability in their final report and associated products.

- **The Academy’s Evidence Analysis Center** perform a scoping process on food systems and sustainability research.

- **The Research, International and Scientific Affairs team** identify and pursue collaborative research opportunities related to shaping dietary guidance in food systems and sustainability.

- **The Commission on Dietetic Registration (CDR)** evaluate the feasibility of creating a self-assessment tool in the area of evidence-based practice related food systems and sustainability.

- **The Academy Foundation** continue to make work in food systems and sustainability a priority.

- **The Academy Foundation** develop or support development by **relevant Dietetic Practice Groups** and subject matter experts in food systems and sustainability, an innovative professional toolkit with a focus on shaping dietary guidance, which includes guiding principles for consumers (considering the needs of all socioeconomic demographics).

- **All Academy committees, DPGs, MIGs, Foundation, CDR, ACEND and NDEP** identify opportunities to strengthen competencies in food and nutrition education, research, and practice to address changing food drivers and shape consumer food choices by supporting activities in and alignment across their programs of work. The HOD Workbooks and survey results will be shared with these organizational units to support this action. The organizational units will include activities and outcomes in their year-end reports to the HOD and BOD starting May 2020.

- The HOD Workbooks and survey results be shared with the **Academy’s Healthy and Sustainable Food Systems Fellow** to help inform the *Sustainable Food Systems: Creating a Nutrition-Focused Framework for Action* paper.

**Originator:** HOD Leadership Team

**Approved May 30, 2019**