

### FACILITATION DESIGN FOR DIALOGUE SESSION

**Goal of a HOD Meeting:** Engage in conversation that will lead us to action that permeates and advances the profession.

**Critical Issue Question:** How can the Academy and its members accelerate nutrition and health equity?

**Meeting Objectives:**

1. Recognize the impact of racial and social injustices on the health choices made by the Black, Latinx, and Native American communities.
2. Review nutrition equity framework and identify any gaps.
3. Discuss potential roles for the HOD, in the critical issue plan, to address social determinants of health and accelerate health equity.
4. Assess individual cultural humility to establish a baseline and determine opportunities for self-improvement.
5. Formulate actions for the Academy and their members to address the key impact areas of nutrition and health disparities- individual, interpersonal, organizational, community, and public policy.
  - a. Delegates will select an area of interest for dialogue, deliberation, and action planning in the impact areas of Communications/Advocacy, Grassroots Efforts/Community, and Research.
6. Develop a list of feasible actions and tools that meeting participants can become involved in and share with their organizational units and membership to promote grassroots efforts.

**Pre-Meeting Activities:**

Required	Optional
<ul style="list-style-type: none"><li>• <a href="#">HOD Backgrounder Accelerating Nutrition and Health Equity</a></li><li>• <a href="#">Combatting Unconscious Bias and Preventing Microaggressions: A Professional Duty</a></li><li>• <a href="#">Understanding and Promoting Nutrition and Health Equity</a></li><li>• <a href="#">Practicing Cultural Competence and Cultural Humility in the Care of Diverse Patients</a></li><li>• <a href="#">Inequity and the Disproportionate Impact of COVID-19 on Communities of Color in the United States: The Need for a Trauma-Informed Social Justice Response</a></li><li>• <a href="#">Academy of Nutrition and Dietetics Strategic Plan</a></li></ul>	<ul style="list-style-type: none"><li>• <a href="#">Academy's Second Annual Nutrition and Health Equity Summit recording</a></li><li>• <a href="#">Health Equity, Food Security, and Malnutrition recording</a></li></ul>

**Facilitation Team:** Sharon Cox and Ainsley Malone

**Day 1**

<b>Time Allotment</b>	<b>Session</b>	<b>Presenter</b>	<b>Notes</b>
2:00 pm <i>Large Group</i>	<b>Call to Order</b>	Lauri Wright	
10 minutes 2:05 - 2:15 pm <i>Large Group</i>	Overview of the Topic-Critical Issues Question and learning objectives.  Introduction of Mary Lee Chin	Lauri Wright	
10 minutes 2:15-2:25 pm <i>Large Group</i>	D&I Committee Update	Mary Lee Chin	

Time Allotment	Session	Presenter	Notes
20 minutes 2:25 - 2:45 pm <b>Small Group</b>	Introduction of the Icebreaker Introduction of Table Members: Name, Representation and Day Job If time allows after the initial introductions you may ask one of these two questions: <ul style="list-style-type: none"> <li>• What's one positive thing you've learned about yourself during the pandemic?</li> <li>• What have you done to help others during the pandemic?</li> </ul>	Lauri Wright TF	
5 minutes 2:45 - 2:50 pm <b>Large Group</b>	Tee up Cultural Humility Discussion and Introduce Winona Bynum	Ainsley Malone	
15 minutes 2:50-3:05 pm <b>Large Group</b>	Spark Session What is Cultural Humility?	Winona Bynum	

Time Allotment	Session	Presenter	Notes
30 minutes 3:05-3:35 pm On Own	On own, take Project Implicit® – Race IAT, Self-Reflection + Break  <a href="https://implicit.harvard.edu/implicit/takeatest.html">https://implicit.harvard.edu/implicit/takeatest.html</a>	Ainsley Malone	
40 minutes 3:35-4:15 pm Small Group	Cultural Humility tee up  Question 1 Thinking about the article <i>Practicing Cultural Competence and Cultural Humility in the Care of Diverse Patients</i> , the Spark session by Winona and the self-reflection on the Race IAT, what are the guiding principles that should be included in an Academy of Nutrition and Dietetics cultural humility tool for members? <ul style="list-style-type: none"> <li>• Come to consensus at the table on one guiding principle to report out.</li> </ul>	Ainsley Malone  TF	
10 minutes 4:15- 4:25 pm Large Group	Report Out <ul style="list-style-type: none"> <li>• Each table has one minute to report your table’s guiding principle. Repeats allowed</li> <li>• Tables 10→1 report top one guiding principle</li> </ul>	TF	
10 minutes 4:25-4:35 pm Large Group	Review of the nutrition equity model, highlight the impact areas  Introduction of Cordialis Msora-Kasago	Sharon Cox	

Time Allotment	Session	Presenter	Notes
15 minutes 4:35-4:50 pm <i>Large Group</i>	Spark Session-Understanding and Promoting Nutrition and Health Equity	Cordialis Msora-Kasago	
10 minutes 4:50-5:00 pm <i>Large Group</i>	Wrap Up/Selection of Day 2 Impact Areas (through the individual Survey Monkey)	Lauri Wright	
15 minutes 5:05-5:20 pm	Table Facilitator Debrief	HLT Table Facilitators	

**Day 2**

<b>Time Allotment</b>	<b>Session</b>	<b>Presenter</b>	
<p>11:00 am</p> <p><i>Large Group</i></p>	<p><b>Reconvene meeting</b></p>	<p>Lauri Wright</p>	
<p>15 minutes</p> <p>11:05-11:20 am</p> <p><i>Large Group</i></p>	<p>Introduction Evolving Roles for the HOD</p> <p>Test Polling Question</p> <p>Actual Polling Question: What role would you like to play as a delegate? Advisor, Communicator, Execution Partner, All</p> <p>Introduction of Spark Speakers</p>	<p>Lauri Wright</p>	
<p>45 minutes</p> <p>11:20 am-12:05 pm</p> <p><i>Large Group</i></p>	<p>Spark Sessions</p> <p>Advocacy/Communication</p> <p>Research</p> <p>Grassroots Efforts/Community</p>	<p>Kristen Gradney</p> <p>Francois Kazimierczuk</p> <p>Roniece Weaver</p>	

Time Allotment	Session	Presenter	
<p>40 minutes</p> <p>12:05-12:45pm</p> <p><i>Small Group</i></p>	<p>What Else?</p> <p>Tables will answer the following question based on their table selection: Grassroots Efforts/Community, Communications/Advocacy and Research</p> <p>Question 1 After reading the background information and listening to the spark sessions, what else do we need to know to inform the issue?</p>	<p>Sharon Cox</p> <p>TF</p>	
<p>20 minutes</p> <p>12:45- 1:05 pm</p>	<p>Break</p>		
<p>15 minutes</p> <p>1:05-1:20 pm</p> <p><i>Large Group</i></p>	<p>Pop Up Report Out on the “What else do we need to know to inform the issue”</p> <p>Limit 1 minute per person</p>	<p>Sharon Cox</p> <p>Delegates</p>	<p>Delegates will raise hands or type in the chat box</p>

Time Allotment	Session	Presenter	
<p>75 minutes</p> <p>1:35- 2:50 pm</p> <p><b>Small Group</b></p>	<p>Tools and Actions</p> <p>Question 1 What actions or tools need to be created to accelerate nutrition equity?</p> <p>Determine two actions or tools that the table agrees to report</p>	<p>Ainsley Malone</p> <p>TF</p>	
<p>25 minutes</p> <p>2:50-3:15 pm</p> <p><b>Large Group</b></p>	<p>Report Out</p> <p>Each table reports the two actions or tools We will start with Table 1 and go in consecutive order.</p> <p>Post Polling Question Polling Question: What role would you like to play as a delegate: Advisor, Communicator, Execution Partner, All</p>	<p>Ainsley Malone</p> <p>TF</p>	<p>Report Out approximately 2 minutes (dependent on how many tables are formed overnight)</p>
<p>20 minutes</p> <p>3:15-3:35 pm</p> <p><b>Small Group</b></p>	<p>Communication</p> <p>Question 1 What are the key messages for this topic we want to communicate to constituents?</p>	<p>Lauri Wright</p>	<p>Utilize what was learned in the recent Communications training</p>



Time Allotment	Session	Presenter	
	No report out. Items in the HOD Workbook only		
10 minutes 3:35-3:45 pm <b>Large Group</b>	MIG Task Force Introduction and Other Announcements	Lauri Wright	
10 minutes 3:45 -3:55 pm <b>Large Group</b>	What's Next after the Meeting	Lauri Wright	
5 minutes 3:55- 4:00 pm <b>Large Group</b>	Adjournment	Lauri Wright	
15 minutes 4:05-4:20 pm	Table Facilitator Debrief	HLT Table Facilitators	