

Academy of Nutrition and Dietetics Strategic Plan

Vision: A world where all people thrive through the transformative power of food and nutrition

Mission: Accelerate improvements in global health and well-being through food and nutrition

Principles: The Academy of Nutrition and Dietetics and our members:

- Amplify the contribution of nutrition and dietetics practitioners and expand workforce capacity and capability
- Integrate research, professional development, technology and practice to stimulate innovation and discovery
- Collaborate to solve the greatest food and nutrition challenges now and in the future
- Focus on system-wide impact across the food, well-being and health care sectors
- Have a global impact in eliminating all forms of malnutrition.

Focus Areas:

The Strategic Plan includes three areas where the Academy will focus efforts to accelerate progress towards achieving the vision and mission through impact goals in Prevention and Well-being, Health Care and Health Systems and Food and Nutrition Safety and Security. The Plan, goals and strategies correlate to the principles. Through 2025, the Academy will prioritize programs and initiatives to demonstrate significant impact in:

FOCUS AREAS	Prevention and Well-being	Health Care and Health Systems	Food and Nutrition Safety and Security
IMPACT GOALS	<ul style="list-style-type: none"> • Develop and advocate for policies that support prevention and well-being initiatives • Increase equitable access to nutrition and lifestyle services • Reduce prevalence of overweight and obesity and associated chronic diseases • Reduce all forms of malnutrition 	<ul style="list-style-type: none"> • Elevate the role of nutrition status in quality health care throughout the lifecycle • Identify and treat all forms of malnutrition • Leverage data to demonstrate effectiveness of dietetic and nutrition interventions • Improve health equity through access to medical nutrition therapy services 	<ul style="list-style-type: none"> • Increase equitable access to and utilization of safe nutritious food and water • Advance sustainable nutrition and resilient food systems • Leverage innovations in the reduction of food waste and loss • Champion legislation and regulations that increase food and nutrition security throughout the lifecycle

STRATEGIES

Strategies build on our core organizational strengths in food and nutrition research; advocacy and communications; professional development; and workforce capacity and opportunities.

STRATEGIES	
Research	<ul style="list-style-type: none"> • Expand prospective food and nutrition research • Conduct systematic reviews and develop evidence based practice guidelines and position papers in collaboration with key stakeholders • Advance global practice based research network of practitioners and partners to collect data • Develop and enhance platforms to host data on evidence-based interventions • Collaborate to provide evidence on the effectiveness of food- and nutrition-related interventions using internationally accepted processes and terms • Collaborate to advance basic science research related to malnutrition and well-being
Advocacy and Communications	<ul style="list-style-type: none"> • Impact food and nutrition policies and advocate through participation in the legislative and regulatory processes and funding to support nutrition research at local, state, federal and global levels • Advocate for health care delivery and payment systems that maximize nutrition services across clinical and community settings • Advance global influence through effective alliances • Serve as a trusted resource and utilize all media outlets to educate and promote evidence-based practices and science-based resources to practitioners, the public, policy makers and all stakeholders
Professional Development	<ul style="list-style-type: none"> • Provide tiered, progressive education and career advancement to support practitioners' needs • Engage practitioners at all levels through recognition programs, certificates of training and certifications • Serve as primary resource for professional experiential training opportunities for traineeships and fellowships, practitioner networking, mentoring and information sharing • Collaborate in developing products and services to positively influence practice outcomes • Create interprofessional training and professional development opportunities through strategic partnerships and partner organizations
Workforce Capacity and Opportunities	<ul style="list-style-type: none"> • Build a global nutrition collaborative to accelerate progress in improving health • Increase the pool of educators, including those who are doctorate prepared • Develop and advance innovative delivery models for degree and non-degree education and training • Increase the diversity and cultural competence of the workforce to reflect the communities they serve • Expand public health and community nutrition programs and initiatives • Promote leadership self-efficacy and instill behavioral leadership skills at all levels of professional competency, including for students, through expanded and varied learning opportunities