

## Journal Club Directions

### CPE Requirements

The [CDR Professional Development Portfolio \(PDP\) Guide](#) defines the requirements for CPE Activity Type 160: Journal Club as follows:

“The Journal Club must be preplanned, provide for group participation, include 3 or more professionals and include in-depth discussion of a single dietetics-related topic from pre-assigned articles/papers in professional, peer-reviewed journals (materials should not be older than five years). Online journal clubs, in which interactive posts by dietetics professionals are read by and responded to by dietetics professionals, are also creditable. A system or program administrator should be able to provide verification of participation in the event of an audit.

One CPEU is equivalent to 1 contact hour.

Maximum CPEUs per 5 Years: No Maximum

Description for Activity Log: Program Title, Provider, Date Completed, CPEUs Requested

Documentation to Retain: Certificate of Completion or agenda/timing outline. Provider contact information.”

### Getting Started - Articles and Tips:

- ACEND has put together suggested articles and discussion agendas to make it easier to get started at the [ACEND Journal Club Information](#). Feel free to use or modify the ACEND suggestions or select articles and create your own discussion agendas. Keep in mind:
  - ✓ The same article should not be used for two CPE submissions. Some of the *Journal of the Academy of Nutrition and Dietetics* articles provide a quiz to obtain CPE credits. If you have taken the quiz associated with an article, do not use that article for Journal Club CPE credits.
  - ✓ Copyright law restricts distributing actual articles. In your discussion agenda, include the URL of online articles or the name and the publication in which the article can be found. If suggesting an article from a journal that requires membership, include the membership requirements in the discussion agenda. Your institution may provide you with membership to peer-reviewed professional journals.
- To connect with distant colleagues, virtual meetings can be conducted via Web-Ex™, Join.Me™, Google Groups™, as well as the chat features available on many institutions’ Learning Management System (LMS).
- After completing a journal club session, update the discussion agenda you used to reflect the actual questions discussed to meet the CPE requirements described above. The ACEND discussion agendas provide a CPE Log section to complete for this purpose. To receive your CPE credit, remember to submit your CPE credit in your PDP log.
- We would appreciate your comments. Please complete the ACEND survey at [ACEND-Journal-Club-Survey](#) to let us know what you thought of this experience