

The Accreditation Council for Education in Nutrition and Dietetics (ACEND)

Presents:

**Supporting and Building Resilience
in BIPOC Students and Dietetic Interns**

**September 14, 2021
5:00 pm – 6:30 pm CT**

Presented by:

**Tamara S. Melton, MS, RDN
Co-Founder and Executive Director
Diversify Dietetics, Inc.**

ACEND continues its series of webinars to assist nutrition faculty in addressing diversity, equity, and inclusion in their programs. Successfully navigating a dietetic internship is a challenge for any student but can prove to be especially challenging for students and interns who are black, indigenous and people of color (BIPOC). Lack of role models, feelings of isolation, and coping with the consequences of unconscious biases from faculty members, preceptors, and fellow classmates can be extremely stressful and can have a negative effect on a BIPOC student or intern's experience and career outlook. This session will explore experiences that may create barriers for diverse individuals in dietetics education programs and ways that faculty members, program directors, and preceptors can support students. Special attention will be given during this session to provide diverse students and interns with strategies they can use to maintain their resilience, mental and emotional health. The speaker will provide resources that students and interns can use to advocate for themselves in their education programs. All ACEND stakeholders (faculty, administrators, preceptors, students, interns, etc.) are invited to attend.

Click [here](#) to register.

Requested for 1.5 CPE



Tamara S. Melton is the co-founder and Executive Director of Diversify Dietetics, a nonprofit organization with a mission to increase the racial and ethnic diversity in the field of nutrition by empowering nutrition leaders of tomorrow. Tamara spent several years at Georgia State University working in as an advisor and admission counselor and a nutrition faculty member. She was then promoted to be the inaugural program director of the Lewis College's Health Informatics undergraduate and graduate programs. As program director, Tamara implemented several unique strategies to attract and retain BIPOC and first-generation college students in the health informatics programs. Tamara lives in Atlanta, Georgia with her husband and two young daughters.