The Academy of Nutrition and Dietetics is the world’s largest organization of nutrition and dietetics professionals founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public’s health and nutrition during World War I.

Today, the Academy has over 100,000 credentialed practitioners — registered dietitian nutritionists, dietetic technicians, registered, and other dietetics professionals holding undergraduate and advanced degrees in nutrition and dietetics, and students — and is committed to improving the nation’s health and advancing the profession of dietetics through research, education and advocacy.

Why Collaborate with the Academy?

**We Empower Members to be Food and Nutrition Leaders**
Members are kept current on key issues and trends in the food, nutrition and health industries. They are well equipped to achieve both the Academy’s mission and vision dedicated to improving health and well-being.

- Continuing Education Resources
- Networking Opportunities
- Research
- Professional Publications and Resources

**We Provide Reliable, Evidence-based Nutrition Information**
The Academy’s dynamic website, eatright.org, eatrightPRO.org and eatrightSTORE.org contain a wealth of trusted nutrition information for members and health care professionals.

2019 Year in Review

- **6.8 million unique visitors to eatright.org and eatrightPRO.org**
- **eatright.org**
  - 5.5 million visitors
  - 15 thousand average daily visitors
- **eatrightPRO.org**
  - 1.3 million visitors
  - 3.5 thousand average daily visitors

The Academy’s 20 social media pages spanned six platforms: Facebook, Twitter, LinkedIn, Pinterest, Instagram and YouTube. Each maintained a strong presence, with nearly **1 million total followers**.

The Academy’s Spokesperson Program responds to the public’s need for credible and objective food and nutrition information through media outreach. The program seeks to establish the RDN as the nutrition expert and increases the visibility of the Academy and the nutrition and dietetics profession. The Academy’s news coverage totals more than 19,000 media stories every year.
Registered Dietitian Nutritionists

Optimizing Health through Food and Nutrition

Registered dietitian nutritionists (RDNs) are nutrition and dietetics professionals who translate the science of nutrition into practical solutions for healthy living. Working in a number of practice settings, RDNs advance the nutritional status of their patients and clients.

RDNs receive extensive training that combines academic preparation with hands-on, practical patient experience. They must complete a minimum of a bachelor’s degree, participate in an accredited practice program involving direct patient interaction, and pass a national registration exam. RDNs are also required to complete continuing professional education to maintain their credential. In addition:

• Over half of RDNs hold a graduate degree (50% Master’s and 3% Doctoral)
• 23% of RDNs indicated holding one or more specialty certifications

Source: Compensation and Benefits Survey of the Dietetics Profession, 2019

Improved health outcomes using medical nutrition therapy (MNT) have been published in diabetes, hypertension, disorders of lipid metabolism, HIV infection, pregnancy, chronic kidney disease and unintended weight loss in older adults.

In addition, RDNs have demonstrated improved outcomes related to weight management:

• Studies show MNT provided by an RDN to overweight and obese adults for less than 6 months yields significant weight losses of approximately 1 to 2 pounds per week.
• MNT provided from 6 to 12 months yielded significant mean weight losses of up to 10% of body weight with maintenance of this weight loss beyond one year.

Physicians, clients, patients, industry and government agencies value and trust the contributions of RDNs.

• Over 77% of RDNs have direct interaction with clients or patients.
• 70% indicated that RDNs are the most trusted source for information about what types of food to eat.
• 63% of RDNs believe their clients follow their advice closely.

Source: Academy RDN Reach and Influencer Survey 2018
Registered Dietitian Nutritionists

RDNs are Influential

Registered dietitian nutritionists are everywhere and touch the lives of many. Estimates show that RDNs counsel approximately 1.5 billion contacts with clients/patients per year. RDNs are a major influence in purchasing, recommending and specifying products and services.

- **76%** of respondents confirmed that they “speak with groups about nutrition or food choices.”
- **70%** of clients frequently ask about products and services.
- **63%** of RDNs speak to groups/classes about nutrition or food choices.
- **70%** of RDNs find that recipes are helpful to share with clients.
- **60%** of RDNs if provided with coupons “would regularly hand them out”.

Source: Academy RDN Reach and Influence Survey 2018

Practice Area of Primary Position

- **Clinical Nutrition (Ambulatory Care)**: 14%
- **Community**: 9%
- **Food and Nutrition Management**: 9%
- **Consultation and Business**: 7%
- **Clinical Nutrition (Long-Term Care)**: 6%
- **Education and Research**: 6%
- **Clinical Nutrition (Acute Care/Inpatient)**: 40%
- **Other**: 9%

Source: Compensation and Benefits Survey of the Dietetics Profession 2019

Over 77% of RDNs have direct interactions with clients or patients. 23% of RDNs reported managing a median budget size of $287,000. About 9% of RDNs report managing budgets of $500,000 or more.

Engagement Opportunities

The Academy of Nutrition and Dietetics offers a number of ways to connect with its members.

**Journal of the Academy of Nutrition and Dietetics**

Circulation: 75,000

The Journal of the Academy of Nutrition and Dietetics is the most widely read peer-reviewed periodical in the dietetics field.

Each monthly issue brings original research articles, critical reviews and reports, and expert commentaries on a range of subjects, including nutrition, clinical dietetics, counseling, health care policies, and foodservice and management practices.

Learn more >>

**Food & Nutrition Magazine**

Circulation: 75,000

Food & Nutrition is the magazine of the world's largest organization of food and nutrition professionals.

Mailed to Academy members and Associates and available for free online, Food & Nutrition emphasizes breaking news and trends in nutrition, diet and health; culinary arts and foodservice; sports nutrition and fitness; integrative nutrition; food safety; and other professional topics.

Learn more >>

**CPE On-Demand**

The Academy now offers free CPE On-Demand through the support of funders. Developing a self-study module with free CPE allows you to showcase your organization’s expertise, knowledge, abilities and skills to influential Academy members.

If you have a science-based topic the food and nutrition community would value, we invite you to learn more about CPE On-Demand.

Learn more >>
Sponsorship

The Academy’s sponsorship program allows for purposeful collaboration with food and nutrition organizations and helps to advance the Academy’s mission of accelerating improvements in global health and well-being through food and nutrition.

Through structured, Academy-directed relationships, the objectives of the Academy’s sponsorship program are:

• To work with industry to build awareness of the Academy and its members
• To share science-based information, new research and industry trends in food and nutrition with members

The Academy offers a number of sponsorship opportunities for organizations looking for meaningful engagement with experts in nutrition and health. Programs offer access to Academy members, leaders and spokespeople through face-to-face meetings, educational modules, communication channels and more.

Learn more >>

List Rental Program

The Academy’s mail and email lists offer direct access to thousands of nutrition and dietetics professionals.

What’s more, multiple selections and regular updates make it easy to deliver your message to your exact target audience, maximizing response rates.

Learn more >>

Food & Nutrition Conference & Expo™

Each fall, the Academy of Nutrition and Dietetics sponsors the world’s largest meeting of nutrition and dietetics professionals.

FNCE® provides an unmatched resource for gathering the latest information and innovations related to food, nutrition and dietetics — an exclusive, once-a-year opportunity for nutrition and dietetics professionals and the food and nutrition industry to participate in live demonstrations, meet face-to-face and collaborate.

The event continues to expand. Attendees represent a number of employment settings including clinical nutrition, consultation and private practice, education/research, community/public health and more.

Build business relationships, increase brand awareness and highlight innovative products and services at the Food & Nutrition Conference & Expo™ (FNCE®).

Learn more >>

Academy of Nutrition and Dietetics Foundation

The Academy of Nutrition and Dietetics Foundation is the only charitable organization devoted exclusively to supporting nutrition and dietetics.

The Foundation funds people and innovative nutrition solutions through scholarships, awards, fellowships and research grants.

The Academy and Foundation’s programs make a significant impact on our members in the areas of prevention and well-being, health care and health systems and food and nutrition safety and security. Accelerating these efforts through partnerships and collaboration provides opportunities for credentialed food, nutrition and dietetics professionals throughout the world. Partner with the Academy Foundation and invest in making a difference.

For more information on Foundation opportunities, contact Susie Burns at 312-899-4752 or sburns@eatright.org.

Learn more >>