

ICD-9-CM/ICD-10-CM Codes for MNT

ICD (International Classification of Diseases) codes are used by physicians and medical coders to assign medical diagnoses to individual patients. It is not within the scope of practice of a registered dietitian nutritionist (RDN) to make a medical diagnosis. The only exception is in the case of BMI codes which represent a mathematical calculation based on measurements that are within the RDN’s scope of practice to perform. RDNs may use this list to customize paper and electronic forms within their MNT practices to facilitate referrals for MNT services and the development of super bills.

Due to the large increase in the number of diagnosis codes in the ICD-10-CM code set as compared to the ICD-9-CM code set, mapping is not a straightforward correlation between codes of the two classification systems. In certain circumstances, the relationships and linkages between code sets are fairly close – at times a one-to-one correlation. However, in many cases, this direct linkage is not possible.

The ICD-9-CM and ICD-10-CM codes listed below are a representative list of diagnosis codes for which individuals may be referred to a registered dietitian nutritionist (RDN) for care. Diagnoses were chosen for inclusion based on data collected through the Academy’s 2013 Coding Survey on diagnoses for which RDNs most frequently receive reimbursement. The list is not meant to be all-inclusive. Additional ICD-10-CM codes can be found at <https://www.cms.gov/Medicare/Coding/ICD10/2017-ICD-10-CM-and-GEMs.html>.

All of the ICD-10-CM codes listed below have additional digits available to provide more specificity to the diagnosis. In designing forms for use in an MNT practice, RDNs should add space for the physician/physician office to include additional digits at the end of the ICD-10-CM codes as they are required to be used when they are provided in the code set. RDNs may also want to include a place for them to write in additional ICD-10-CM codes.

Medicare Part B MNT Benefit

ICD-9-CM		ICD-10-CM	
Diabetes			
250.00	diabetes mellitus, type II or unspecified type, without mention of complication, not stated as uncontrolled	E10.____	Type 1 diabetes mellitus
		E10.1	Type 1 diabetes mellitus with ketoacidosis
250.01	diabetes mellitus, type I [juvenile type], without mention of complications, not stated as uncontrolled	E10.2	Type 1 diabetes mellitus with kidney complications
		E10.3	Type 1 diabetes mellitus with ophthalmic complications
250.02	diabetes mellitus, type II or unspecified type, without mention of complication, uncontrolled	E10.4	Type 1 diabetes mellitus with neurological complications
		E10.5	Type 1 diabetes mellitus with circulatory complications
250.03	diabetes mellitus, type I, [juvenile type], without mention of complication, uncontrolled	E10.6	Type 1 diabetes mellitus with other specified complications
		E10.64	Type 1 diabetes with hypoglycemia
		E10.65	Type 1 diabetes with hyperglycemia
		E10.8	Type 1 diabetes mellitus with unspecified complications

	<p>E10.9 Type 1 diabetes mellitus without complications</p> <p>E11.____ Type 2 diabetes mellitus</p> <p>E11.0 Type 2 diabetes mellitus with hyperosmolarity</p> <p>E11.2 Type 2 diabetes mellitus with kidney complications</p> <p>E11.3 Type 2 diabetes mellitus with ophthalmic complications</p> <p>E11.4 Type 2 diabetes mellitus with neurological complications</p> <p>E11.5 Type 2 diabetes mellitus with circulatory complications</p> <p>E11.6 Type 2 diabetes mellitus with other specified complications</p> <p>E11.64 Type 2 diabetes with hypoglycemia</p> <p>E11.65 Type 2 diabetes with hyperglycemia</p> <p>E11.8 Type 2 diabetes mellitus with unspecified complications</p> <p>E11.9 Type 2 diabetes mellitus without complications</p> <p>Z79.4 Long term (current) use of insuling</p>
Kidney Disease	
<p>585.3 chronic kidney disease, Stage III (moderate) [Kidney damage with moderate decrease in GFR (30-59)]</p> <p>585.4 chronic kidney disease, Stage IV (severe) [Kidney damage with severe decrease in GFR (15-29)]</p> <p>585.5 chronic kidney disease, Stage V [Excludes chronic kidney disease, Stage V requiring chronic dialysis Kidney failure with GFR value of less than 15]</p> <p>V42.0 organ tissue replaced by transplant, kidney</p>	<p>N18.5 Chronic kidney disease, stage 5</p> <p>N18.4 Chronic kidney disease, stage 4</p> <p>N18.3 Chronic kidney disease, stage 3</p> <p>N18.2 Chronic kidney disease, stage 2</p> <p>N18.1 Chronic kidney disease, stage 1</p> <p>Z48.22 Encounter for aftercare following kidney transplant</p>

Medicare Intensive Behavioral Therapy (IBT) for Obesity Benefit

ICD-9-CM		ICD-10-CM	
V85.30	BMI 30.0-30.9	Z68.30	BMI 30.0-30.9, adult
V85.31	BMI 31.0-31.9	Z68.31	BMI 31.0-31.9, adult
V85.32	BMI 32.0-32.9	Z68.32	BMI 32.0-32.9, adult
V85.33	BMI 33.0-33.9	Z68.33	BMI 33.0-33.9, adult
V85.34	BMI 34.0-34.9	Z68.34	BMI 34.0-34.9, adult
V85.35	BMI 35.0-35.9	Z68.35	BMI 35.0-35.9, adult

V85.36	BMI 36.0-36.9	Z68.36	BMI 36.0-36.9, adult
V85.37	BMI 37.0-37.9	Z68.37	BMI 37.0-37.9, adult
V85.38	BMI 38.0-38.9	Z68.38	BMI 38.0-38.9, adult
V85.39	BMI 39.0-39.9	Z68.39	BMI 39.0-39.9, adult
V95.41	BMI40.0-44.9	Z68.41	BMI40.0-44.9, adult
V85.42	BMI 45.0-49.9	Z68.42	BMI 45.0-49.9, adult
V85.43	BMI50.0-59.9	Z68.43	BMI50.0-59.9, adult
V85.44	BMI 60.0-69.9	Z68.44	BMI 60.0-69.9, adult
V85.45	BMI \geq 70.0	Z68.45	BMI \geq 70.0, adult

Healthier Generation Benefit/Pediatric Weight Management

ICD-9-CM	ICD-10-CM		
V85.52	BMI, pediatric, 5 th percentile to less than 85 th percentile for age	Z68.52	BMI, pediatric, 5 th percentile to less than 85 th percentile for age
V85.53	BMI, pediatric, 85 th percentile to less than 95 th percentile for age	Z68.53	BMI, pediatric, 85 th percentile to less than 95 th percentile for age
V85.54	BMI, pediatric, greater than or equal to 95 th percentile for age	Z68.54	BMI, pediatric, greater than or equal to 95 th percentile for age

Other diagnosis codes for typical MNT practice

ICD-9-CM	ICD-10-CM		
Weight Management			
278.00	Obesity unspecified	E66.0	Obese due to excess calories
278.01	Morbid obesity	E66.01	Morbid (severe) obesity due to excess calories
278.02	Overweight	E66.1	Drug induced obesity
783.1	Abnormal weight gain	E66.2	Extreme obesity with alveolar hypoventilation (Pickwickian Syndrome)
783.21	Loss of weight	E66.3	Overweight
783.22	Underweight	E66.8	Other obesity
783.3	Feeding difficulties and mismanagement	E66.9	Obesity, unspecified
783.41	Failure to thrive, child	-	obesity NOS
		R62.51	Failure to thrive, child
		R63.4	Abnormal weight loss
		R63.5	Abnormal weight gain
		-	not during pregnancy
		R63.6	Underweight
		Z68.1	BMI 19 or less, adult
		Z68.51	BMI, pediatric, less than 5 th percentile for age
No Specific Diagnosis			
V65.3	Dietary surveillance and counseling	Z71.3	Dietary counseling and surveillance
Diseases of the Circulatory System			
401.9	Unspecified essential hypertension	I10	Essential (primary) hypertension
414.0	Unspecified coronary atherosclerosis	I11.0	Hypertensive heart disease with (congestive) heart failure
428.0	Congestive heart failure, unspecified		

	<p>I11.9 Hypertensive heart disease without (congestive) heart failure</p> <p>I12 Hypertensive chronic kidney disease</p> <p>I25 Chronic ischemic heart disease</p> <p>I50 Heart failure</p>
Endocrine, Nutritional and Metabolic Diseases	
<p>272.0 Hypercholesterolemia</p> <p>272.1 Hypertriglyceridemia</p> <p>272.2 Mixed hyperlipidemia</p>	<p>E78.0 Pure hypercholesterolemia</p> <p>E78.1 Pure hyperglyceridemia</p> <p>E78.2 Mixed hyperlipidemia</p> <p>E78.3 Hyperchylomicronemia</p> <p>E78.4 Other hyperlipidemia</p> <p>E78.5 Hyperlipidemia, unspecified</p> <p>E78.8 Other disorders of lipoprotein metabolism</p> <p>E78.9 Disorder of lipoprotein metabolism, unspecified</p> <p>E88.81 Metabolic syndrome</p>
Disease of the Genitourinary System	
<p>592.0 Calculus of kidney</p>	<p>N20.0 Calculus of kidney</p>
Mental, Behavioral and Neurodevelopmental Disorders	
<p>307.1 Anorexia nervosa</p> <p>307.50 Eating disorder, unspecified</p> <p>307.51 Bulimia</p>	<p>F50.00 Anorexia nervosa, unspecified</p> <p>F50.01 Anorexia nervosa, restricting type</p> <p>F50.02 Anorexia nervosa, binge eating/purging type</p> <p>F50.2 Bulimia nervosa</p> <p>F50.8 Other eating disorder</p> <p>F50.9 Eating disorder, unspecified</p>
Diseases of the Digestive System	
<p>530.81 Esophageal reflux</p> <p>533.9 Peptic ulcer</p> <p>535.4 Gastritis</p> <p>553.3 Hiatal hernia</p> <p>555.9 Crohn's disease</p> <p>556.9 Ulcerative colitis, unspecified</p> <p>558.9 Gastroenteritis</p> <p>562.10 Diverticulosis</p> <p>562.11 Diverticulitis</p> <p>564.0 Constipation</p> <p>564.1 Irritable bowel syndrome</p> <p>564.5 Diarrhea</p> <p>571.2 Alcoholic cirrhosis of liver</p> <p>577.1 Chronic pancreatitis</p> <p>579.0 Celiac disease</p> <p>579.3 Short bowel syndrome</p>	<p>K21.0 Gastroesophageal reflux disease with esophagitis</p> <p>K21.9 Gastroesophageal reflux disease without esophagitis</p> <p>K25 Gastric ulcer</p> <p>K27 Peptic ulcer, site unspecified</p> <p>K29.2 Alcoholic gastritis</p> <p>K29.5 Unspecified chronic gastritis</p> <p>K29.7 Gastritis, unspecified</p> <p>K44 Diaphragmatic hernia</p> <p>K50.0 Crohn's disease of small intestine</p> <p>K50.1 Crohn's disease of large intestine</p> <p>K50.8 Crohn's disease of both small and large intestine</p> <p>K50.9 Crohn' disease, unspecified</p> <p>K51 Ulcerative colitis</p>

	<p>K57.1 Diverticulosis of small intestine without perforation or abscess</p> <p>K57.3 Diverticulosis of large intestine without perforation or abscess</p> <p>K58 Irritable bowel syndrome</p> <p>K59 Constipation</p> <p>K59.1 Functional diarrhea</p> <p>K70.3 Alcoholic cirrhosis of liver</p> <p>K86.0 Alcohol-induced chronic pancreatitis</p> <p>K86.1 Other chronic pancreatitis</p> <p>K90.0 Celiac disease</p>
693.1 Food allergies	K52.2 Allergic and dietetic gastroenteritis and colitis
Pregnancy	
<p>643.00 Hyperemesis, gravidarum, mild</p> <p>646.1 Excess weight gain, pregnancy</p> <p>646.8 Insufficient weight gain, pregnancy</p> <p>648.8 Gestational diabetes</p>	<p>O21.0 Mild hyperemesis gravidarum</p> <p>O21.1 Hyperemesis gravidarum with metabolic disturbance</p> <p>O21.2 Late vomiting of pregnancy</p> <p>O24.01 Pre-existing diabetes mellitus, type 1, in pregnancy</p> <p>O24.11 Pre-existing diabetes mellitus, type 2, in pregnancy</p> <p>O24.410 Gestational diabetes mellitus, diet-controlled</p> <p>O24.414 Gestational diabetes mellitus, insulin-controlled</p> <p>O26.00 Excessive weight gain in pregnancy, unspecified trimester</p> <p>O26.10 Low weight gain in pregnancy, unspecified trimester</p> <p>O99210 Obesity complicating pregnancy, unspecified trimester</p>
Endocrine, Nutritional and Metabolic Diseases	
<p>242.9 Hyperthyroidism</p> <p>244.9 Hypothyroidism</p> <p>251.2 Hypoglycemia</p> <p>256.4 Polycystic ovarian syndrome</p>	<p>E03.9 Hypothyroidism, unspecified</p> <p>E05.90 Thyrotoxicosis, unspecified</p> <p>E16.1 Other hypoglycemia</p> <p>E16.2 Hypoglycemia, unspecified</p> <p>E28.2 Polycystic ovarian syndrome</p>
<p>271.3 Lactose intolerance</p> <p>274.9 Gout</p> <p>277.02 Cystic fibrosis</p>	<p>E73.0 Congenital lactase deficiency</p> <p>E73.1 Secondary lactase deficiency</p> <p>E73.8 Other lactose intolerance</p> <p>E73.9 Lactose intolerance, unspecified</p> <p>E84 Cystic fibrosis</p> <p>M1A.3 Chronic gout due to renal impairment</p> <p>M1A.9 Chronic gout, unspecified</p>

	M10.3 Gout due to renal impairment M10.4 Other secondary gout M10.9 Gout, unspecified
Diseases of the Blood	
280.1 Iron deficiency anemia 285.9 Anemia, unspecified	D50.8 Other iron deficiency anemias (due to inadequate iron intake) D50.9 Iron deficiency anemia, unspecified D51.3 Other dietary vitamin B12 deficiency anemia (vegan anemia) D52.0 Dietary folate anemia D53.0 Protein deficiency anemia D53.9 Nutrition anemia, unspecified (simple chronic anemia) D64.9 Anemia, unspecified
Diseases of the Musculoskeletal System	
733.0 Osteoporosis, unspecified	M81.0 Age-related osteoporosis without current pathological fracture M81.8 Other osteoporosis without current pathological fracture
Diseases of the Nervous System	
780.57 Sleep apnea, unspecified	G47.30 Sleep apnea, unspecified G47.33 Obstructive sleep apnea
Symptoms, Signs and Abnormal Clinical and Laboratory Findings	
790.21 Impaired fasting glucose 790.22 Impaired glucose tolerance test (oral) 790.29 Other abnormal glucose	R73.01 Impaired fasting glucose R73.02 Impaired glucose tolerance test (oral) R73.03 Pre-diabetes
Certain Infectious Diseases	
042 HIV/AIDS	B20 HIV disease

Adult Malnutrition

ICD-9-CM	ICD-10-CM
262 Other severe protein-calorie malnutrition	E43 Unspecified severe protein-calorie malnutrition
263 Malnutrition of moderate degree	E44.0 Moderate protein-calorie malnutrition
263.1 Malnutrition of mild degree	E44.1 Mild protein-calorie malnutrition
263.2 Arrested development following protein-calorie malnutrition	E45 Retarded development following protein-calorie malnutrition
263.8 Other protein-calorie malnutrition	E46 Unspecified protein-calorie malnutrition
263.9 Unspecified protein-calorie malnutrition	E64.0 Sequelae of protein-calorie malnutrition