



Pathways to Academy Membership
2023–2024



About Us

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals.

The Academy was founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public's health and nutrition during World War I. Today, the Academy has members in over 80 countries around the globe—registered dietitian nutritionists; nutrition and dietetics technicians, registered; other dietetics professionals holding undergraduate and advanced degrees in nutrition and dietetics; and students—and is committed to empowering a global workforce to accelerate improvements in health through food and nutrition.

The work of the Academy and our members is guided by five key principles:

- Amplify the contribution of nutrition and dietetics practitioners and expand workforce capacity and capability
- Integrate research, professional development, technology and practice to stimulate innovation and discovery
- Collaborate to solve the greatest food and nutrition challenges now and in the future
- Focus on system-wide impact across the food, well-being and health care sectors
- Have a global impact in eliminating all forms of malnutrition. Learn more about how you can become a member of the Academy, and how Academy membership can help you promote nutritional health.

Join us and support initiatives that make a global impact on health through food and nutrition. Learn more about how you can become a member of the Academy, and how Academy membership can help you promote nutritional health.

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- RDNs and NDTRs

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Active Membership

The Active category is the Academy's largest membership category. Active members can enjoy all the benefits the Academy has to offer, including career, professional and continuing education resources. The Academy's main, professional membership category encompasses:

- Individuals who have completed an ACEND-accredited dietetics program
- Individuals with advanced degrees in an approved area of concentration
- RDs/RDNs and DTRs/NDTRs

If you can answer YES to any of the questions below, you qualify for Academy membership in the Active category:	Verification documents you will need to submit:
Have you ever established eligibility for the Registration Examination for Dietitians or Dietetic Technicians, both administered by the Commission on Dietetic Registration (CDR)?	None
Have you completed a dietetics program approved/accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)?	Verification Statement identifying ACEND Program Completion
Have you completed an associate degree program for dietetic technicians approved/accredited by ACEND?	Verification Statement identifying ACEND Program Completion
Do you hold a master's or doctoral degree, and, if so, are any of your degrees (bachelor's, master's or doctoral) in the following specified concentrations: dietetics, food and nutrition, nutrition, community/public health nutrition, food science or food service systems management?	Original Transcript or Confirming Statement of highest degree earned and the original transcript confirming your degree in one of the specified concentrations. If the highest degree you obtained was in one of the specified concentrations, submit that transcript only.

Member Benefits

Professional Development

Select from a variety of free and member-preferred priced resources. With topics ranging from nutrition counseling to obesity and breastfeeding to sports nutrition, the Academy offers the professional development you need.

Nutrition Research

Members receive complimentary and member-preferred pricing on the latest research, including:

- Evidence Analysis Library®: Access the Academy's online research library for the latest in food and nutrition-related science for free as a member.
- *Journal of the Academy of Nutrition and Dietetics*: The Academy's flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics.

Continuing Professional Education (CPE)

Many CPE unit opportunities are included annually through webinars, *Journal* articles and more.

Networking

Stay connected to your colleagues by joining the many dietetic practice groups (DPGs) in areas ranging from pediatric nutrition to nutrition research to weight management. Only Academy members are eligible to join DPGs.

Showcase Your Expertise

Active category members can create a free listing for the Academy's Find a Nutrition Expert online referral service. Consumers and businesses search this site often to connect with members who provide expertise in food and nutrition.

Professional Recognition

Demonstrate your commitment to the field of food, nutrition and dietetics by applying to become a Fellow of the Academy of Nutrition and Dietetics (FAND). Only current members in the Active or Retired categories may apply for this prestigious life-time designation.



Shraddha Chaubey, MS, RDN, LDN, CDN
Joined in 1996

The Academy is the foundation of everything we do as dietitian nutritionists. It gives us directions about our future and equips us to prepare to face the future and help us succeed.

Associate Membership

Academy members have access to extensive benefits, including the Evidence Analysis Library®, professional publications, networking opportunities and preferred pricing on resources and conferences. Associates practice in a wide variety of fields related to food, culinary and school nutrition, health care, sports and fitness, agriculture, and biochemistry and microbiology.

If you can answer YES to any of the questions below, you qualify for Academy membership in the Associate category:

Do you hold a bachelor's, master's or doctoral degree from a U.S. college or university recognized by the U.S. Department of Education (USDE) in agriculture, biochemistry, computer science, family and consumer science, home economics, hospitality and tourism, hotel restaurant and institutional management, microbiology, public health or public policy?

Do you hold a valid U.S. license or certification in one of these specified professions?

- Certified Culinary Professional*
- Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP)*
- Certified in Comprehensive Food Safety (CCFS)*
- Certified Health Education Specialist (CHES)*
- Certified Midwife (CM or CMN)
- Certified Professional–Food Safety (CP-FS)*
- Certified Sports Medicine Practitioner*
- Clinical Psychologist (LCP or CP)
- Clinical Social Worker (CSW, LSW or LCSW)
- Dental Hygienist (BS-DH, RDH or LDH)*
- Dentist (DDS or DMD)
- Nurse Practitioner (NP)
- Occupational Therapist (OT)
- Pharmacist (RPh or PharmD)
- Physical Therapist (PT)
- Physician (MD or DO)
- Physician Assistant (PA)
- Registered Environmental Health Specialist or Registered Sanitarian (REHS or RS)
- Registered Nurse (RN)*
- School Nutrition Specialist (SNS)*
- Speech-Language Pathologist (CCC-SLP)

Verification documents you will need to submit:

Requires submission of original transcripts or confirming statements from the registrar, including major concentration for the qualifying degree.

Proof of license, training or certification in one of these specified professions is required. For those marked * proof of a related degree is also required.*

Member Benefits

Access Information and Community

Access a variety of scientific and practice-based resources to keep you on the cutting-edge of food, nutrition and dietetics, such as:

Evidence Analysis Library® (EAL®)

This web-based tool provides members free access to research, evidence-based nutrition practice guidelines, toolkits and educator modules.

Journal of the Academy of Nutrition and Dietetics

The Academy's flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics. Access is free to all Academy members.

Food & Nutrition Conference & Expo™ (FNCE®)

Receive preferred pricing at the Academy's annual conference where members gather to connect with peers and broaden their professional skills. FNCE® features advanced level education on the hottest topics, challenges, controversies and breakthroughs in the profession.

Dietetic Practice Groups (DPGs)

Join one or more of the Academy's many professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world. Groups include:

- Food and Culinary Professionals (FCP)
- Oncology Nutrition (ON)
- Management in Food and Nutrition Systems (MFNS)
- School Nutrition Services (SNS)
- Nutrition Informatics (NI)



International Membership

Individuals who have completed, or are completing, formal training in food, nutrition or dietetics outside the United States qualify for membership with the Academy. The Academy's International category extends membership worldwide, providing a global network of food, nutrition and dietetics professionals.

The International Student classification carries a six-year limit and is available for international students who are enrolled in formal training in food, nutrition or dietetics outside the United States and US Territories.

Emerging Economy Dues: Individuals qualifying for International membership residing in countries classified as lower middle income or low income by The World Bank are eligible for an emerging economy dues adjustment. Email membership@eatright.org for additional information.

Note: In accordance with US sanctions laws, the Academy of Nutrition and Dietetics cannot accept as members persons from the countries embargoed by the United States, including Iran, Syria, Cuba, North Korea and the Crimea region of Ukraine, or who are subject to any US list-based sanctions.

If you can answer YES to any of the questions below, you qualify for Academy membership in the International category:

Verification documents you will need to submit:

Have you completed formal training outside of the United States and US territories in food, nutrition or dietetics?

The Academy's International Membership Verification Form signed by your country's professional dietetics association and/or national regulatory body or by provision of other documents verifying education and/or training in food, nutrition or dietetics completed outside of the United States.

Are you a student enrolled in a food, nutrition or dietetics education program outside the United States which is not a US college or university recognized by the US Department of Education (USDE) and is not accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)?

The Academy's International Membership Verification Form signed by your educational program.

Member Benefits

Position Papers

Familiarize yourself with the Academy's stance on issues that affect the nutritional status of the public. Position papers are published in the *Journal of the Academy of Nutrition and Dietetics* and on the Academy's website.

Evidence Analysis Library® (EAL®)

Developed to provide members with research, evidence-based nutrition practice guidelines, toolkits and educator modules, the EAL® is a web-based tool free for Academy members.

Distance Learning

The Center for Lifelong Learning offers a number of online certificate of training programs, live and recorded webinars, as well as virtual FNCE®, available in group and self-study options. Over 250 programs are available for free or at a reduced rate for members on the Academy's site, eatrightCPE.org.

Dietetic Practice Groups (DPGs)

Join one or more of the Academy's professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world.

International Affiliate of the Academy of Nutrition and Dietetics (IAAND)

As a member of the international affiliate of the Academy, share knowledge and expertise with other food and nutrition experts from around the world. Affiliate membership is included with your Academy membership.

Member Interest Groups (MIGs)

Find members with common interests, issues or backgrounds by joining one of the Academy's MIGs, focusing on areas other than practice or geographic location. The Global Member Interest Group focuses on improving the nutritional status in regions with high burdens of malnutrition or with nutritional crises through the sharing of information, resources, and ideas among Academy members.



Shandera Smith, MSC, BSC, CDE

Joined in 2014

Academy membership is like air to my profession. I cannot work efficiently without it. When I consider the amazing benefits offered and gained, there is not a dollar value I can place on it.

Retired Membership

Individuals who qualify for the Active category and who are no longer gainfully employed in dietetics practice and are at least 62 years of age qualify for reduced membership dues so they may maintain their Academy membership to remain connected to their profession and colleagues.



If you qualify for Active category membership and can answer YES to any of the questions below, you qualify for Academy membership in the Retired category:

Verification documents you will need to submit:

Are you currently 62 years of age or older and no longer gainfully employed in dietetics practice or education?

Date of birth verification. (Gainfully employed is defined as making equal to, or more than, the current Federal poverty level for an individual.)

Are you on total (permanent) disability?

Copy of the Social Security Determination of Disability Form or a statement from a medical doctor attesting to your disability and its permanence.

Member Benefits

Become a Mentor

Enroll in the Academy's online Mentor Match and get matched to a mentor or mentee according to similarities in your profile interests and communication styles. You can even search for other participants by Academy DPG or MIG, geographic location and name.

Networking

The Academy offers many ways to network within the profession. Connect with others face-to-face by becoming active in your local affiliate or by attending the Food & Nutrition Conference & Expo™ (FNCE®).

Journal of the Academy of Nutrition and Dietetics

The premier source for the practice and science of food, nutrition and dietetics, the monthly *Journal* offers in-depth research and practice information. In addition, it provides members opportunities for free CPEU.

50-Year Members

Those with 50 years or more of membership in the Academy receive special pricing on Academy dues. During their 50th Anniversary year, they also receive complimentary FNCE® registration to honor their commitments to the Academy and the profession.

Volunteer

Committee leadership positions at the national, affiliate and DPG/MIG level provide opportunities to influence and stay connected to the field.

Professional Recognition

Demonstrate your commitment to the food, nutrition and dietetics field by applying to become a Fellow of the Academy of Nutrition and Dietetics (FAND). Only current members in the Active or Retired category may apply for this prestigious lifetime designation.

Mary Beth Ohlms, MAED, RD, LD

Joined in 1979



Even though I am now retired, I plan to remain a member and attend FNCE when I hit 50 years!! Why, because through my membership, I have networked and met so many professionals who are passionate about dietetics. Benefits such as the Journal of the Academy of Nutrition and Dietetics and the Evidence Analysis Library were essential to me as an educator. The opportunities for CEU's are plentiful, at a discounted rate. I've even used the Salary Calculator to support higher pay when I hired dietitians. Additionally, I have enjoyed my volunteer leadership experiences tremendously.

Student Membership

The Academy's student category is for pre-professionals enrolled in (or stating their intent to enroll in) an approved dietetics education program or enrolled in a Dietetic Internship. Student category members enjoy reduced dues while gaining access to the vast majority of benefits Active members enjoy, including career resources and scholarships.

The Student classification carries an eight-year limit.

If you can answer YES to any of the questions below, you qualify for Academy membership in the Student category:	Verification documents you will need to submit:
Are you enrolled in a dietetics education program approved/ accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)?	Statement of Student Status (transcript, confirming statement or acceptance letter)
Do you intend to enroll in a dietetics education program approved/ accredited by ACEND?	Statement of Student Status
Are you enrolled in a US college or university recognized by the US Department of Education (USDE) advanced degree program (master's or doctoral) that ACEND has not accredited or approved but will qualify you for Active category Academy membership upon completion?	Statement of Student Status
Are you currently an Active category member returning to school on a full-time basis to complete a bachelor's degree, advanced degree or to complete an ACEND accredited or approved dietetics program?	Annual submission of the Academy's Returning Student Application Form and Statement of Student Status. (Student membership as a returning student is not included in the eight year term limit.)

GRADUATING SOON? You may be eligible for reduced membership dues!

The Academy's Career Starter Dues Program helps you get established in the profession by offering reduced dues rates for members in their first five years of Active category membership eligibility. Call the Academy Member Service Center at 800/877-1600, Option 1, for more information.

Member Benefits

Get Involved

Student members are integral to the Academy—you represent the future of the food, nutrition and dietetics profession. Sign up to become a Student Liaison at your school or program and connect with national level leaders, access special resources and help support the profession. Make personal connections with students from all over the country through the complimentary online Student Community.

Apply for Scholarships

The Academy Foundation offers nearly \$500,000 in scholarships annually to qualifying dietetics Student members at all levels of study.

Refine Your Job Search

The Academy's online job board, EatRight Careers, features newly posted positions monthly and allows you to create custom e-mail alerts, respond directly to job listings, post your résumé for employer searches and target your search by specialty or geographic location—all for free for job seeking members.

Stay Informed

Enjoy complimentary subscriptions to the Academy's award-winning publications, which help you stay on top of breaking news and learn about your future profession.

- *Journal of the Academy of Nutrition and Dietetics*: Your premier source for information on the practice and science of food, nutrition and dietetics. Available online.
- *Student Scoop*: The Academy's monthly Student member e-newsletter. Learn about trends in the profession and gain insight into starting your career.



Maura Fowler
Joined in 2022

The Academy is helping me advance my "student career" in many ways, like: providing resources in research, building leadership skills, practice my networking skills, scholarship opportunities and a place to help me find my specialization with opportunities to learn about nutrition and dietetics through courses and seminars.

Key Contact Information

For the Academy of Nutrition and Dietetics:

Academy of Nutrition and Dietetics

Prompt, courteous and professional staff are here to assist you in the Academy's Member Service Center. Membership representatives are available weekdays from 8 a.m. – 5 p.m., Central Time, at membership@eatright.org or by calling 800/877-1600, **Option 1**. International callers may call +1-312/899-0040, **Option 1**.

Academy of Nutrition and Dietetics Foundation

The Foundation is the only charitable organization dedicated exclusively to supporting nutrition and dietetics professionals by empowering them to help consumers live healthier lifestyles. The Foundation makes an impact individually with Academy members and collectively throughout the profession and around the globe with its scholarships, awards, fellowships, research grants, public nutrition education programs and disaster relief efforts. Visit www.eatrightfoundation.org to learn more.

eatrightCPE.org

The Academy's online learning management system allows members to conveniently manage continuing education coursework within a single Academy platform, and houses over 400 products, including FNCE® session recordings, webinar recordings and certificate of training programs, with new products available on a monthly basis.

Nutrition Information Services

Your source for information and resources on food, nutrition and dietetics-related topics. Send your questions to our staff RDNs at nis@eatright.org or call 800/877-1600, ext. 4853 or 4784.

For those pursuing an RDN/NDTR credential:

Accreditation Council for Education in Nutrition and Dietetics (ACEND)

ACEND is the Academy's accrediting agency for education programs preparing students for careers as RDNs or NDTRs. Visit www.eatrightPRO.org/acend for more information.

Commission on Dietetic Registration (CDR)

CDR, the credentialing agency for the Academy of Nutrition and Dietetics, has sole and independent authority in administering valid, reliable and rigorous credentialing processes to meet the professional needs of credentialed practitioners and their employers, and to protect the public. CDR strategically focuses its efforts on credentialing, practice area competence and stewardship through entry-level, specialist and advanced practitioner credentials, certificate of training in obesity for pediatrics and adults, scope and standards of practice, definition of terms, global malnutrition composite score measure, nutrition care process, terminology and quality management resources. Visit www.cdrnet.org for more information.

Applying for Membership

1. Contact the Academy's Member Service Center at membership@eatright.org or by calling 800/877-1600, **Option 1**. International callers can reach us at +1-312/899-0040, **Option 1**. Our dedicated Membership Representatives are available weekdays from 8 a.m. – 5 p.m., Central Time.
2. Visit www.eatrightPRO.org/join to join the Academy online.
3. Download a membership application at www.eatrightpro.org/member-types-and-benefits and return your completed application to the address indicated on the application.





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www.eatright.org | www.eatrightPRO.org | www.eatrightSTORE.org



The Academy of Nutrition and Dietetics is the largest organization of food and nutrition professionals. The Academy is committed to improving the public's health and advancing the profession of dietetics through research, education and advocacy.