
**PRESIDENT REPORT
BOARD OF DIRECTORS MEETING
SEPTEMBER 22, 2023**



Leadership Transition: Passing the Presidential Gavel

The annual tradition of commemorating the transfer of the Academy's presidency, from Ellen Shanley to me, continued this year with the first in-person ["gavel passing"](#) ceremony since 2019.

Food Is Medicine Working Group

I was honored to be [appointed](#) by Ellen Shanley as the Academy's representative to the Bipartisan Policy Center Food is Medicine Working Group. The group will work to craft federal policy recommendations regarding infrastructure, workforce training and patient and public education.

Foundation's Disaster Relief Fund Supports Fellow Members in Need

The Foundation's [Disaster Relief Fund](#) supports personal and professional life-rebuilding efforts of Academy members and credentialed practitioners who have been affected by natural disasters, most recently residents of Maui and the Gulf Coast.

Nutrition Care Manual Update

Two rolling updates to the Nutrition Care Manual suite have been released, consisting of six nutrition care sections, nine client education handouts with translations and two new Quick Guides for Assessing Food/Nutrition & Culture. Total high-impact page views across the NCM suite increased by approximately 9% in FY23 from FY22, contributing to ongoing customer engagement with the *Inside NCM* e-newsletter and webinars.

Nutrition Care Process and Terminology Update

The first phase of the NCPT website redesign includes the transition of the NCP terminology to a SQL database within the Academy's IT department. A SQL database is a series of highly structured tables, wherein each row reflects a data entity, and every column defines a specific information field. An NCPT Board of Editors has been convened for the first time. Its core function is to provide direction for the development and implementation of Nutrition Care Process and Terminology resources.

Samantha Hutson, PhD, RDN, LDN, will serve as editor-in-chief. The Board of Editors will include an international member to serve as liaison with the NCP International Subcommittee and NCPT translators.

Journal Publishes Important Healthy Eating Index Articles

The Healthy Eating Index was developed to measure alignment with the *Dietary Guidelines for Americans*, which are updated every five years. As guidance has evolved, so has the HEI. The release of the latest HEI in the September *Journal* includes two separate indices to reflect the most recent advances: the HEI-2020 and the new HEI-Toddlers-2020. Four HEI publications highlight the HEI-2020 that was updated for children (age 2 and up) and adults; the new HEI-Toddlers-2020 that was developed and evaluated for toddlers 12 through 23 months, and a monograph that discusses the continuity, considerations and future directions for diet quality throughout the life span.

The publication of the HEI update articles is a tremendous effort by Editor in Chief Linda Snetselaar, PhD, RD, working closely with the NIH to procure and publish these important papers, which are among the most cited articles published in the *Journal*.

USDA Food Security Supplement in October *Journal*

In October, the *Journal* will publish a highly anticipated, online-only, USDA-sponsored food security supplement, guest edited by Parke Wilde, PhD, professor at the Friedman School of Nutrition Science and Policy at Tufts University. To mark the 25th anniversary of U.S. household food security measurement, the USDA's Economic Research Service supported a suite of competitive grants on food security measurement methods, data, and future research needs, and this supplement has high promise for influencing the field of US food security and hunger measurement.

Alliance Presentation with Association of Diabetes Care and Education Specialists

As a part of the Academy's Alliance program with the Association of Diabetes Care and Education Specialists, Dawn Noe, RDN, CDCES and Nicole Sievers, RDN, CDCES, presented "Eat Your Way Through CGM Reports" at ACDES' August 4-7, 2023 conference.

Academy Is an Inaugural Member: Tomorrow's Workforce Coalition

More than 500 associations, professional societies, businesses and employers including the Academy have formed the [Tomorrow's Workforce Coalition](#) to build support for the federal Freedom to Invest in Tomorrow's Workforce Act. The bill would provide tax-advantaged resources for families, students and workers with or without a college degree who pursue career growth, mid-career changes or pathways that diverge from a typical academic route. Sharon Cox, RDN, LDN, FAND, represents the Academy and the Commission on Dietetic Registration.

Malnutrition Awareness Week

The Academy is an official ambassador of the American Society for Parenteral and Enteral Nutrition's [Malnutrition Awareness Week](#), from September 18 to 22. The Academy will spotlight information and resources on clinical malnutrition on a [new website page](#).

National Commission on Correctional Health Care

Barabara Wakeen, RDN, MA, LD, CCHP, represented the Academy at the April 29 – May 2 National Commission on Correctional Health Care spring conference in New Orleans, La. The conference addressed unique challenges in correctional health care, including nutrition. The Academy added its support to the position statement "[Addressing Systemic, Structural and Institutional Racism in the Juvenile Legal System.](#)"

Member Appointed to CMS Advisory Panel

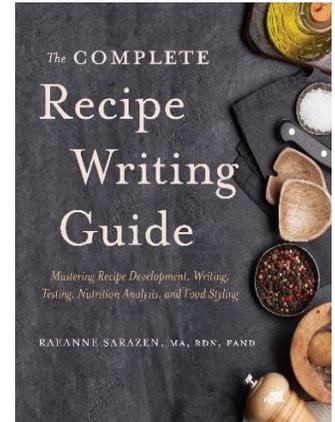
Marsha Schofield, MS, RD, LD, FAND, has been appointed to the Centers for Medicare and Medicare Services Advisory Panel on Outreach and Education. The panel advises and provides recommendations to CMS and the U.S. Department of Health and Human Services on effective communication related to updated health care priorities, policies and legislation; and guidance on implementation of outreach, educational strategies, communication tools and messages to Medicare, Medicaid, Children's Health Insurance Program and Health Insurance Marketplace beneficiaries.

Member Becomes First RDN to Receive University's Distinguished Alumnus Award

Nancy Z. Farrell Allen, MS, RDN, FAND, recently became the first RDN to receive the Distinguished Alumnus Award from the Rosalind Franklin University College of Health Professions. A past Academy Spokesperson, past chair of the political action committee ANDPAC and a faculty member at Rosalind Franklin University, Farrell Allen is a 2011 graduate of the college's master of science in nutrition education program.

New Publication: *Complete Recipe Writing Guide*

Written by Raeanne Sarazen, MA, RD, a [new one-stop resource](#) provides everything needed to develop, write and produce recipe content for print, digital and social media platforms. BookLife named the *Complete Recipe Writing Guide* an Editor's Pick, calling it a "thorough, marvelous guide to crafting and writing recipes for all diets" and giving it straight A's for the book's cover, design, typography, illustrations, editing and marketing copy. These glowing reviews have already had the desired effect of prompting interest and preorders from distributors and retailers ahead of the September 1 publication date, including our largest ever Amazon preorder of more than 1,600 copies.

**Research Update**

The following have been published in the *Journal* since May:

- [“Saturated Fat Intake and the Prevention and Management of Cardiovascular Disease in Adults: An Academy of Nutrition and Dietetics Evidence-Based Nutrition Practice Guideline”](#)
- [“Celiac Disease: An Academy of Nutrition and Dietetics Evidence-Based Nutrition Practice Guideline”](#)
- [“Harnessing the Benefits of the Nutrition Care Process Quality Evaluation and Standardization Tool \(NCP QUEST\): A National Auditing Initiative to Improve Quality of Documentation.”](#)

In addition, “The Effectiveness of Medical Nutrition Therapy Provided by a Dietitian in Adults with Prediabetes: A Systematic Review and Meta-Analysis” has been accepted for publication in the *American Journal of Clinical Nutrition*.

The Data Science Center worked with the Policy Initiatives and Advocacy team to submit authoritative input to the National Institutes of Health in response to the request for information on Food as Medicine research needs in the future.

SUBMITTED BY: Lauri Wright, PhD, RDN, LDN, FAND