

Annual Report
Fiscal Year
2021



Academy of Nutrition
and Dietetics

Academy of Nutrition and Dietetics

Academy of Nutrition and Dietetics Foundation

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving health and advancing the profession of nutrition and dietetics through research, education and advocacy.

Academy's Elected Leaders



Linda T. Farr

RDN, CSOWM, LD, FAND,
served as the Academy's 94th
President in 2020-2021



Kevin L. Sauer

PhD, RDN, LD, FAND,
served as President-elect.

COVID-19: Communications, Resources, Advocacy

During the worldwide public health emergency brought on by the novel coronavirus COVID-19, the Academy marshalled its resources to help members and the public stay informed and to advocate government policies to help people stay healthy.

Initiatives include:

- Developed a dedicated online COVID-19 Nutrition Resource Center (in English, Spanish and Arabic) for consumers with articles on food safety, food security, senior care, healthy eating, recipes and printout activities for kids. A multilingual web hub is a first for the Academy.
- Launched the online Coronavirus (COVID-19) Professional Resource Hub for practitioners. The hub features an expanding list of resources and recommendations, a Q&A forum and free webinars.
- Launched a digital campaign to promote Continuing Professional Education resources, both new and existing
- Promoted and supported expansion of telehealth medical nutrition therapy services for Medicare beneficiaries and saw the success of our advocacy to ensure RDNs are part of the Centers for Medicare and Medicaid Services' updated recommendations
- Kept members up to date on ever-changing developments and ever-increasing resources
- Urged the U.S. Department of Health and Human Services to provide adequate personal protective equipment
- Urged U.S. Department of Agriculture to swiftly use its authority to provide flexibilities needed for communities to serve their constituents during the initial pandemic closings
- Helped secure additional emergency funding and flexibilities for federal nutrition programs through the Families First Coronavirus Act and CARES Act
- Encouraged Academy members to add their support to additional COVID-19 relief legislation that would ensure students, individuals and families would receive access to healthy, nutritious meals
- Hosted webinars and held weekly online "office hours" for members to receive up-to-date information and answer questions on providing MNT and other nutrition services via telehealth
- Hosted a webinar with the School Nutrition Services dietetic practice group to promote best practices in school nutrition COVID-19 feeding programs
- Called on the National Governors Association, National Association of Medicaid Directors and Blue Cross-Blue Shield Association to expand coverage for nutrition services via telehealth within Medicaid and other insurers nationwide
- Publicly promoted the crucial role of RDNs who work in school nutrition, ensuring their students receive healthy, nutritious meals even during school closures
- Advocated for the successful introduction of HR 6801, the Feed the Children Act, to provide emergency funds for school nutrition and child care programs to pay for operational funds lost because of the pandemic
- Advocated for improved Medicare coverage of obesity treatment, including intensive behavioral therapy by RDNs, to address the top chronic condition risk factor for COVID-19 hospitalization and death.

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and Dietetics

IDEA

Inclusion, Diversity, Equity and Access

The Board of Directors, affiliates, dietetic practice groups and member interest groups continued to support the Academy's inclusion, diversity, equity and access (IDEA) efforts. These included participation in the Academy's IDEA Liaison program by appointing a leader within each group, as the program grew from 42 to 70 liaisons over the course of the year.

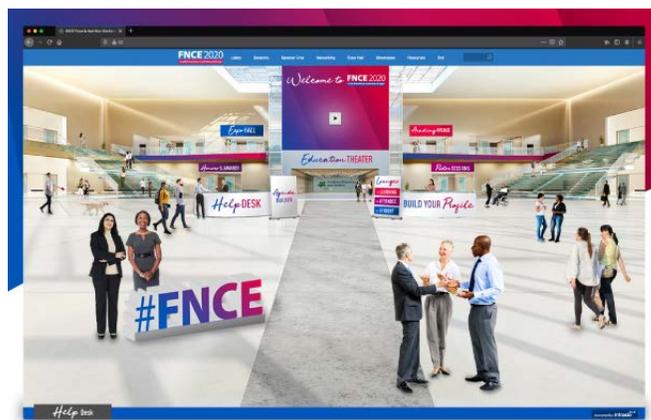
The Academy and its IDEA Committee approved mini-grants of up to \$1,000 to 17 affiliates, nine dietetic practice groups and six member interest groups to help fund IDEA outreach events and cultural understanding activities. Four members were selected to be IDEA Leaders. The IDEA Action Award was presented to the Metropolitan State University of Denver's dietetic internship program for its efforts in recruiting and retaining diverse students.

The IDEA Committee's accomplishments included:

- Completion of ten IDEA-focused listening sessions with members and external stakeholders
- Facilitating an outside consultant's qualitative analysis of listening sessions and IDEA-related member communications
- Drafting goals and strategies for an IDEA Action Plan designed to move the nutrition and dietetics profession toward an increasingly welcome and inclusive future
- Academy Board approval of four overarching action plan goals and subsequent inclusion in the Academy's overall strategic plan
- Meetings with Academy organizational units and committees to discuss measurable tactics for the action plan
- Creation of an online IDEA Hub on the Academy's website eatrightPRO.org to collect IDEA-related content in one location.

Record-Setting (and Breaking) FNCE® 2020 Virtual Event

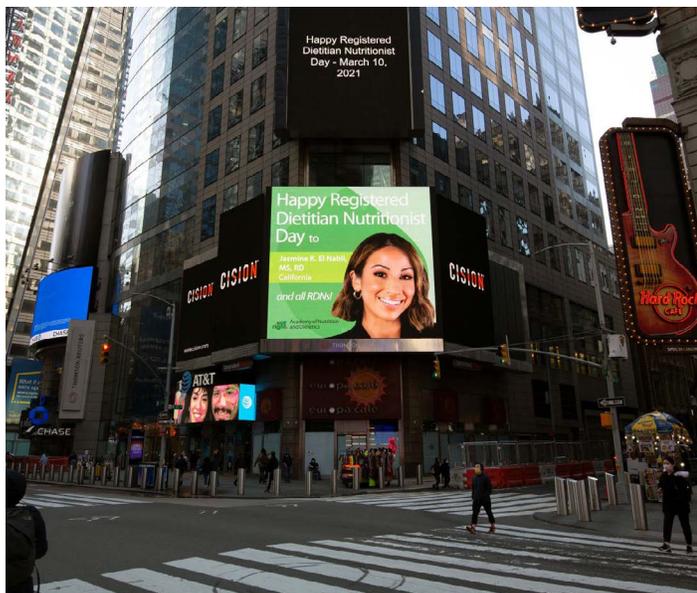
Shifting the Academy's Food & Nutrition Conference & Expo™ from a face-to-face meeting to virtual was filled with unknowns – from how many people may choose to attend during an era of virtual fatigue, to leveraging how to boost engagement in a virtual space. The Academy's staff as well as vendors quickly adapted their professional skills to include digital event design and engagement, leading to offering a truly immersive live virtual event. FNCE® 2020 set record-breaking attendance numbers and generated interest worldwide with 13,775 attendees from 66 countries and territories joining the first virtual event. FNCE® offered 100 educational sessions providing in-depth discussions on trending topics and 350 posters displaying the latest research in nutrition and dietetics. All this was done using a virtual platform that was different from any other technology used to date in our profession.



Virtual Ceremony: Academy Rings Nasdaq's Opening Bell

On April 7, President Linda T. Farr participated in a virtual ceremony opening Nasdaq's trading day. With a video provided by the Academy promoting members' expertise and value, and joined by Academy Spokespeople, she encouraged everyone "to seek the advice of registered dietitian nutritionists. We are the food and nutrition experts who can help everyone develop individualized eating and activity plans to meet their health goals. We specialize in translating nutrition science into practical advice for consumers."

National Nutrition Month® and Registered Dietitian Day



National Nutrition Month®, celebrated in March, and Registered Dietitian Nutritionist Day, celebrated on the second Wednesday in March, continued to play a significant role in building awareness and recognition for the Academy and RDNs.

The Academy generated significant coverage and interest in National Nutrition Month® from local and national print, online and broadcast media.

In celebration of Registered Dietitian Nutritionist Day, the 2021 theme was *Personalize Your Plate*. Academy members were asked:

In what ways do you help people customize their food choices to be as unique as they are?

From more than 94 thoughtful and inspirational responses, the winner of the 2021 Registered Dietitian Nutritionist Day contest was Jasmine El Nabli, MS, RDN, of Laguna Beach, Calif. Her photo was featured in New York City's Times Square.

Position Papers and Consensus Reports

Position papers can be developed if the supporting systematic review topic is controversial, confusing, important for policy, or requires clarification and if the systematic review conclusion statement has high-quality evidence. However, if the quality of evidence is a limited or weak, the systematic review expert panel may develop a Consensus Report. Between June 1, 2020, and May 31, 2021, the Academy published the following Consensus Reports:

- *Incorporating Genetic Testing into Nutrition Care*
- *Diabetes Self-Management Education and Support in Adults with Type 2 Diabetes: A Consensus Report of the American Diabetes Association, the Association of Diabetes Care and Education Specialists, the Academy of Nutrition and Dietetics, the American Academy of Family Physicians, the American Academy of PAs, the American Association of Nurse Practitioners and the American Pharmacists Association.*

Evidence Analysis Library

The Academy's Evidence Analysis Library is an online series of systematic reviews and evidence-based nutrition practice guidelines developed by the Academy following a rigorous methodology. Between June 1, 2020, and May 31, 2021, the Academy published:

Scoping Reviews

- *Umami and Sodium Intake*
- *Dietary Approaches and Health Outcomes.*

Systematic Reviews

- *Adult Weight Management*

Evidence-Based Nutrition Practice Guidelines

- *Chronic Kidney Disease*
- *Very Low Birthweight Preterm Infant Enteral Nutrition*

Quality Management

The Academy's Quality Management remained committed to its mission to provide high-quality nutrition and dietetics practice resources and services in support RDNs and NDTRs, ensuring that care provided to clients, patients and customers is accountable; continuously improving; cost-effective; accessible; evidence-based and interdisciplinary.

Quality Management manages Academy documents regarding quality and competence in nutrition and dietetics practice; guides credentialed practitioners in performance measurement; educates Academy members; serves as a resource on assessing and improving the quality of practice; represents the Academy through partnerships with external accreditation and quality organizations; and reviews guidelines, accreditation and quality improvement for internal stakeholders.

In Fiscal Year 2021, Quality Management:

- Revised and published *Focus Area Standards of Practice and Standards of Professional Performance in Sustainable, Resilient and Healthy Food and Water Systems* (September 2020 –SOPP only); *Eating Disorders* (November 2020); *Intellectual and Developmental Disabilities* (December 2020); and *Nephrology Nutrition* (March 2021, jointly revised with the National Kidney Foundation)
- Developed a new *Case Study: RDNs in Diabetes Education and Care Plan Management that Includes Medication Adjustments* for continuing advancement of scope of practice
- Added terms and definitions to the Definition of Terms List including “Food as Medicine” a new diversity and health equity category
- Updated and published the *Journal* article “Medical Records: More than the Health Insurance Portability and Accountability Act”
- Collaborated to ensure Malnutrition Quality Improvement Initiative milestone was achieved: the Centers for Medicare and Medicaid Services published the *2020 Measures Under Consideration List* with the inclusion of the MUC20-0032 Global Malnutrition Composite Score
- Created the *Emergency Preparedness Playbook* to guide RDNs and NDTRs through emergency preparation by applying the Plan/Do/Check/Act process to the Standards of Excellence: Quality of Leadership, Quality of Organization, Quality of Practice and Quality of Outcomes. The *Playbook* covers four practice areas: ambulatory, clinical, foodservice management and post-acute long-term care; and includes a comprehensive emergency and COVID-19 resource list.
- Developed a New Practice Tip: *RDNs Pivot during the Pandemic for Change Management Success*, with “quickinars” highlighting topics ranging from “Rapid Pivot to Telehealth during a Global Pandemic” to “Improving Regulatory Compliance of Pediatric Inpatient Admission Nutrition Screen Completion through Use of K-cards.”

Books and Publications

During Fiscal Year 2021, the Academy published new and updated print and electronic books and publications, including:

- *Communicating Nutrition: The Authoritative Guide* (print, eBook)
- *Managing Diabetes: Educational Handouts and Resources* (downloadable handouts)
- *Academy of Nutrition and Dietetics Pocket Guide to Children with Special Health Care and Nutritional Needs* (2nd ed.; print, eBook)
- *Nutrient Library* (Eatright Essentials downloadable handouts)
- *Oncology Nutrition for Clinical Practice* (2nd ed.; print, eBook)



Policy Initiatives and Advocacy

The Academy continued to accelerate progress towards achieving its vision and mission by focusing on public policy initiatives within focus areas where efforts can have the greatest impact: work that is more urgent than ever as the COVID-19 pandemic continued.

- To ensure all Academy members have the opportunity to participate in conversations that shape the organization's advocacy efforts, the Policy Initiatives and Advocacy team launched five affinity groups as monthly forums for updating and discussing the following policy topics of interest: nutrition security; medical nutrition therapy expansion; health equity; maternal and child health; and licensure.
- The *2020-2025 Dietary Guidelines for Americans* were released in December 2020 after a modified three-year process of scientific review and public comment. The Academy was closely engaged in each stage of the development process, providing input and suggesting refinements.
- The Academy launched the Incident Reporting Tool in August 2020 to support our commitments to protecting the public, enhancing the quality of nutrition care and promoting self-regulation of the profession. Stories of success and reports of harm will be used to promote a better understanding of the value of qualified RDN care among elected leaders, state agency officials, other health care providers and the public.
- In September 2020, during Malnutrition Awareness Month, the Academy hosted a free weekly webinar series for members and non-members; hosted a Twitter chat; created a communications toolkit with malnutrition resources; and compiled malnutrition items online and in print.
- The Academy's advocacy efforts helped lead to the reintroduction in Congress of the Treat and Reduce Obesity Act and the Expanding Access to Diabetes Self-Management Training Act. The bills offer clinically and cost-effective solutions to the obesity and diabetes epidemics.
- The Academy's Political Action Committee played an important role in the introduction of the Medical Nutrition Therapy Act in the 116th and 117th U.S. Congresses. Passage of the MNT Act would achieve multiple Academy



- goals, including new reimbursement opportunities as Medicare covers MNT for a wider array of diseases and conditions beyond diabetes and renal disease; narrowing the gap in care for seniors by providing nutrition care for more conditions –a crucial step toward health equity; and improving access to MNT by allowing referrals from nurse practitioners, physician assistants, clinical nurse specialists and psychologists. The Academy created an advocacy toolkit for policy leaders and convened a new coalition of organizations supporting the MNT Act that meets monthly.
- In May 2021, the Academy hosted its first virtual lobby day to gain congressional support for the Medical Nutrition Therapy Act. Fifty-five advocates from across the country met with more than 50 congressional offices to discuss the importance of MNT expansion, leading to an increase in co-sponsors for the bill.
- The Academy convened a Telehealth Task Force to study the telehealth policy landscape and develop a position to guide our state and federal telehealth advocacy. The Board of Directors approved the telehealth policy stance in April.
- Through its work with the Obesity Care Advocacy Network and the Diabetes Advocacy Alliance, the Academy met with the Biden transition team and new leaders in the Department of Health and Human Services and the White House to push for improvements in regulations and policy related to obesity, prediabetes and diabetes care.

- The Academy and the American Medical Association jointly called on Congress to strengthen and improve SNAP to adequately address the basic needs of those most vulnerable and inequitably affected by the COVID-19 pandemic.
- The Academy successfully advocated for:
 - o The extension of waivers for child nutrition programs to ensure all children have access to healthful meals during the COVID-19 pandemic
 - o The School Food Modernization Act, which would expand schools' ability to modernize kitchen infrastructure and equipment; strengthen workforce training; and support emergency preparedness for the future
 - o Inclusion of emergency relief funds for school nutrition programs that were affected financially by COVID-19
 - o An increase in the cash value benefit for the WIC program, increasing recipients' access to fresh fruits and vegetables.
- In January 2021, the Academy released its "Racial and Ethnic Health Disparities and Chronic Disease" issue brief, examining health inequities and how they contribute to disparities in chronic diseases such as cardiovascular disease, hypertension, diabetes, some cancers and obesity. The document serves as the foundation for the Academy's policy efforts as they relate to diversity and health equity.
- The Academy partnered with the National Association for Equal Opportunity in Higher Education to encourage Congress and the White House to provide \$300 million in funding for Minority Serving Institutions to support allied health professions programs, including nutrition and dietetics. In addition, the Academy requested \$10 million for nutrition and dietetics career outreach. The goal is to increase diversity within the profession and improve the availability of culturally competent nutrition counselling for communities of color.
- In August 2020, the Academy virtually hosted its second annual Nutrition and Health Equity Summit, with more than 3,000 attendees from across the country. U.S. Rep. Robin L. Kelly (Ill.), chair of the Congressional Black Caucus Health Braintrust, served as the event's honorary co-host. The summit addressed health disparities and COVID-19: structural racism and systematic inequities and their implications for diet and health; and how to address nutrition, disparities and chronic disease post-COVID.



Communications Awards

The Academy's Strategic Communications and Creative Media teams received awards for their efforts, specifically with the organization's COVID-19 hubs on eatright.org and eatrightPRO.org.

- The Academy's COVID-19 campaign received an award in PR Daily's Digital and Social Media Awards, in the Health Care Marketing Campaign.
- The Academy received a Ragan Crisis Communications Award in the COVID-19 Campaign (Nonprofit Organization).
- The annual MarCom Awards are an international competition that honors excellence in marketing and communications. For 2020, the Academy received a **Platinum award** for the Professional Resource Hub devoted to coronavirus resources and information for **health professionals** and for consumers. *Food & Nutrition Magazine*® received a **Platinum award** for the online **"Diverse Voices in Dietetics"** column.

Public and Media Outreach

The Academy continued its successful program of promoting registered dietitian nutritionists and nutrition and dietetics technicians, registered.

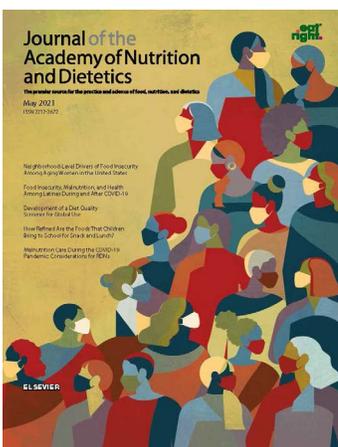
Media coverage plays a significant role in building awareness and recognition for the Academy and its members. The Academy's Strategic Communications team worked with the news media to raise public awareness of the Academy, the significant contributions of members, scientific research published in the *Journal of the Academy of Nutrition and Dietetics* and the importance of healthful nutrition for everyone.

The Academy and its network of volunteer media Spokespeople remained a trusted source for media across

the country and the globe. From June 1, 2020, through May 31, 2021, interviews with Academy Spokespeople reached an audience of approximately 7.1 billion and generated 1,800 media placements. During the same time, the Academy's name reached an audience of approximately 31.6 billion and appeared 16,500 times in media stories.



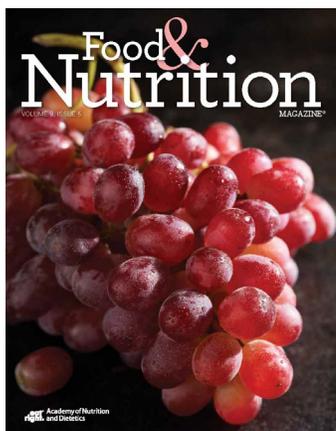
Journal of the Academy of Nutrition and Dietetics



With more than 2 million article views in the past year on the **Journal's website** and its publisher Elsevier's ScienceDirect platform, the *Journal* is one of the most relied-upon publications for the science of food, nutrition and dietetics.

- The *Journal* continued to build its online presence with articles online ahead of print, archived articles, editor and author podcasts, educational slides, expanded topics collections and more.
- With the introduction and publication or pre-proof accepted manuscripts, the time from accept to online publication significantly declined from an average of six to eight weeks to three to five business days.
- The *Journal's* Impact Factor increased to 4.91, its highest to date.

Food & Nutrition Magazine® continued to deliver timely content enjoyed by Academy members and beyond.



- In October 2020, *Food & Nutrition* won the Gold Hermes Creative Award in the Category: Print Media | Publications from the Association of Marketing and Communication Professionals. In November, *Food & Nutrition's* Diverse Voices in Dietetics series of articles received a Platinum

MarCom Award from the Association of Marketing and Communication Professionals in the category Print Media/ Writing/Column.

- For the Academy's 2020 Food & Nutrition Conference & Expo™ virtual event, *Food & Nutrition* published a special issue featuring profiles of award recipients; a roundup of online event features including attendee profiles, virtual expo "booths," chat and Q&A functionality during sessions; and an online training module to better navigate the digital platform. The issue also highlighted virtual networking opportunities and ways to support the Academy's Foundation from home.
- Throughout the year, *Food & Nutrition* published stories and experiences related to COVID-19 from practitioners and students. Many of the magazine's feature articles focused on pandemic-specific news and trends, including nutrition and health consequences caused by lack or loss of smell; immune support-related trends in consumer behavior, functional foods and supplements; food shopping and home cooking; and how restaurants and retail stores are providing safe and sustainable packaging options.

The Academy's 20 social media pages spanned six platforms: Facebook, Twitter, LinkedIn, Pinterest, Instagram and YouTube. Each maintained a strong presence, with more than 1.1 million total followers.

- At the 2020 Food & Nutrition Conference & Expo™ virtual event, attendees largely used the digital platform's chat functionality as well as social media to share photos of their unique "conference workspace"; and networked and engaged with others using the official #FNCE hashtag. The hashtag helped create positive sentiment and engagement throughout the conference, delivering 25.8 million impressions. Foundation social media campaigns included the #NoShowFoundationGala and #WeRunDietetics virtual 5K fun run, which garnered 1.7 million impressions.
- In March 2021, the hashtag #NationalNutritionMonth and ancillary hashtags such as #NNMchat, #RDNday and variations were used in more than 50,000 social media posts for a total of 340.8 million impressions. The National Nutrition Month® social media toolkit received nearly 35,000 page views. The toolkit featured cover photos, static images and animated gifs with preset messaging for users to easily share with their followers. Messaging was available in Arabic, Chinese, English, Hindi, Spanish and Tagalog. The toolkit also featured a calendar of events, including four Twitter chats hosted by the Academy's profiles.
- The Academy's COVID-19 pandemic social media toolkit included nutrition and food safety information and messaging in English and Spanish to share via Twitter, Facebook, Instagram and LinkedIn. Between June 1, 2020, and May 31, 2021, this toolkit received more than 4,300 page views from more than 3,300 users.

House of Delegates

The House of Delegates serves as a voice of Academy members and identifies and develops solutions to some of the challenges facing the profession.

- Information from the Council on Future Practice's *Change Drivers and Trends Driving the Profession: A Prelude to the Visioning Report 2017* and the *Visioning Report 2017: A Preferred Path Forward for Nutrition and Dietetics*, as well as input from the Academy's Board of Directors, committees and members continue to be the foundation for critical issues addressed by the HOD.
- Given the importance of critical issue of Inclusion, Diversity, Equity and Access to the profession, the Academy and all of society, the HOD's 2020-2021 program of work was dedicated to IDEA in its three meetings: *Systems Approach to Accelerating Nutrition and Health Equity; Implementing the Dietary Guidelines for Americans: Customizing to Meet Diverse Need* and *A Culture of Positive Behaviors to Increase Inclusion, Diversity, Equity and Access (IDEA)*. The HOD provided recommendations to the Board of Directors, the IDEA Committee and the Publications and Policy Initiatives and Advocacy teams on needed tools and resources to support members in their personal journeys to develop cultural humility and in their professional practice. As a strategy to increase diverse perspectives, delegates approved a motion to add seven member interest group delegates to the HOD effective June 1, 2021.
- To support the Academy's Strategic Plan delegates focused on leadership themes: communication, advocacy and the CFP's Change Driver *Navigating Future Practice: VUCA*. The House also released its [**HOD Core Values and Guiding Principles**](#) and encouraged other organizational units to adopt and adapt the principles for their groups.

Academy of Nutrition and Dietetics Foundation

The philanthropic arm of the Academy, the Foundation is the only charitable organization dedicated exclusively to supporting nutrition and dietetics students and professionals by empowering them to help consumers live healthier lifestyles.

- Gifts to the Foundation make an impact on thousands of Academy members each year through scholarships, awards, research grants, fellowships and disaster relief efforts. Although affiliated with the Academy, the Foundation is an independent 501(c)(3) public charity and does not receive any portion of members' dues. The success and impact of Foundation programs and services are attributed to the generous support of its donors.

Special thanks to the organizations, groups and individuals who supported the Academy's Foundation with gifts of \$10,000 or more from June 1, 2020, to May 31, 2021:

Ajinomoto Health and Nutrition North America, Inc.	Diabetes Dietetic Practice Group	Karen P. Lacey	Estate of Grace L. Ostenso
American Egg Board's Egg Nutrition Center	Dietitians in Nutrition Support Dietetic Practice Group	Langholz Family Foundation Inc.	Pediatric Nutrition Dietetic Practice Group
Anonymous (2)	Bill and Melinda Gates Foundation	Susan H. Laramée	Renal Dietetic Practice Group
Suzanne D. Baxter	General Mills Foundation	Mead Johnson Nutrition	Janet N. Schilling
Mary Ruth Bedford	Jean M. Grant	Estate of Lenora Moragne	Topco Associates LLC
Neva H. Cochran	Diane W. Heller	National Dairy Council	Walmart
Colgate Palmolive Company	Kate Farms	Nutricia Advanced Medical Nutrition	Weight Management Dietetic Practice Group
Commission on Dietetic Registration	Molly Kellogg	Nutrition and Dietetic Educators and Preceptors	

Commission on Dietetic Registration

The Commission on Dietetic Registration remained committed to its mission of supporting continued professional competence to protect the public, with 108,525 registered dietitians/registered dietitian nutritionists, 4,579 dietetics technicians, registered/ nutrition and dietetics technicians, registered; and 4,535 board-certified specialists who meet CDR's standards to enter and remain practicing nutrition and dietetics.

- CDR administers distinct credentialing programs from entry-level through advanced practice: Registered Dietitian or Registered Dietitian Nutritionist; Dietetic Technician, Registered or Nutrition and Dietetics Technician, Registered; Advanced Practitioner in Clinical Nutrition; Board Certified Specialist certifications including Gerontological, Oncology, Pediatric, Pediatric Critical Care, Renal and Sports Dietetics; and the interdisciplinary Obesity and Weight Management certification available to licensed, registered or certified advanced practice registered nurses, physician assistants, physical therapists, exercise physiologists, dietitians, pharmacists, clinical psychologists and clinical social workers
- Seven certification programs are accredited by the National Commission for Certifying Agencies. CDR conducts examination practice analyses, administers exams and recertification processes for all credentials.
- In addition, in Fiscal Year 2021, CDR:
 - o Became a member of the Joint Accreditation for Interprofessional Education to position RDs/ RDNs and DTRs/ NDTRs as an integral part of the health care team and leader in nutritional care
 - o Administered prior approval process for more than 2,600 continuing professional education programs
 - o Managed 229 accredited providers for continuing professional education as program provider
 - o Conducted webinars for CDR-credentialed practitioners, students and accredited providers to address essential practice competencies and recertification certificates awarded
 - o Implemented the new quick-click Competency Plan Builder – a user-friendly digital tool that creates personalized, continuing professional education learning plans
 - o Introduced the 2020 – 2025 Essential Practice Competencies to both CDR-credentialed practitioners and CPE providers
 - o Updated entry-level registration examinations based on 2020 dietetics practice audit results; these include test specifications, item bank updates and passing score studies, for release on January 1, 2022
 - o Achieved recognition as essential medical personnel to permit continuous examination scheduling during the COVID-19 pandemic
 - o Administered 9,543 entry-level examinations (RD/RDN: 8857; DTR/NDTR: 686)
 - o Credentialed 5,037 new, entry-level practitioners (RD/ RDN: 4679, DTR/NDTR: 358)
 - o Began scheduled job analyses for pediatric and pediatric critical care specialist certifications
 - o Migrated and launched the Assess and Learn program: “Managing Type 2 Diabetes Using the NCP” on a new LMS platform
 - o Administered 1,245 specialist and 37 advanced practitioner examinations
 - o Credentialed 909 specialists (new: 541; recertified: 368) and 26 advanced practitioners (new: 16; recertified: 10)
 - o Provided funding for ten \$10,000 doctoral scholarships; twenty \$5,000 diversity scholarships and four \$10,000 PhD-to-RD/RDN fellowships administered by the Academy's Foundation
 - o Offered three new virtual Certificate of Training in Obesity for Pediatrics and Adults courses with a total of 880 certificates awarded.

Corporate Sponsorship

The Academy's sponsorship program continued to allow for purposeful collaboration with organizations and helped to advance the Academy's mission. The Academy recognizes and thanks the following sponsors for their generous support of events and programs that occurred in Fiscal Year 2021:

Premier Sponsor

Abbott

Academy Supporters

The a2 Milk Company
Barilla
Bayer U.S. – Division Crop Science
Calorie Control Council
Egg Nutrition Center
Fairlife
Hass Avocado Board
LaCroix Beverages, Inc.
Monash University
National Cattlemen's Beef Association
National Confectioners Association
National Peanut Board
Nature Made®
Orgain
Otamot
Pairwise
Reckitt/Mead Johnson Nutrition
Sunsweet Growers
The Watermelon Board

Accreditation Council for Education in Nutrition and Dietetics

The Accreditation Council for Education in Nutrition and Dietetics continued to serve the public and the Academy's members by working with nutrition and dietetics practitioners, educators and others to develop and implement standards for the educational preparation of nutrition and dietetics professionals and by accrediting nutrition and dietetics education programs at colleges, universities and other organizations that meet its standards. ACEND received renewed recognition from the U.S. Department of Education as the accreditor of nutrition and dietetics programs.

The 2022 Accreditation Standards were released on September 1, 2021, to be adopted June 1, 2021. ACEND continued to accredit demonstration programs under the Future Education Model Accreditation Standards for Associate and Graduate Degree Programs in Nutrition and Dietetics.

Opportunities for Members to Network

The Academy offered its members many opportunities to interact and network with those who share geographic, dietetic practice or other areas of common interests and issues. Faced with the challenges of the COVID-19 pandemic, groups adapted to virtual board and executive committee meetings, webinars and virtual conferences to continue offering resources and CPE during the changing environment. Groups upheld their fiscal responsibility of adapting to financial changes while continuing to put member needs as the top priority.

Dietetic Practice Groups

The Academy remained committed to keeping members abreast of trends in food and nutrition and preparing members for the requirements of an ever-changing profession and marketplace. The Academy's 26 dietetic practice groups created opportunities for members to excel and grow through professional development, networking opportunities, leadership development and specialization. In Fiscal Year 2021, membership in dietetic practice groups was approximately 58,500.

Member Interest Groups

Member interest groups provided a means for Academy members with common interests, issues or backgrounds to connect. Unlike dietetic practice groups and affiliate associations, member interest groups focus on areas other than practice or geographic location. In Fiscal Year 2021, seven member interest groups were available to the Academy's membership, spanning cultures, religions, ages and demographics. Member interest group membership totaled approximately 3,700.

Affiliates

All Academy members receive membership in the affiliate of their choice, making affiliates a powerful benefit of Academy membership. There are 50 state dietetic associations, plus the District of Columbia, Puerto Rico and the International Affiliate of the Academy of Nutrition and Dietetics, all affiliated with the Academy. Affiliates provide further networking, education and leadership opportunities to Academy members and enable members to build lasting collaborations and relationships close to home.

Financial Statements

Academy of Nutrition and Dietetics for Year Ending May 31, 2021

Despite the continued impact of the COVID-19 pandemic and due to forward-looking planning and clear directions from the Academy's leadership, year-end results for 2021 were positive. The Foundation and Academy had a combined net from operations of just under \$3 million. This was driven by leadership's early focus on cost reductions as the pandemic suppressed revenues. Investment earnings were positive for the year as well, at just over \$17.7 million.

The Foundation benefited from the generosity of our donor community, which continued to increase its support. This coupled with strong investment results helped the Foundation's net assets to grow by nearly \$8 million. These funds provide necessary resources for the Foundation's support of scholarship programs, awards, research and the nutrition and dietetics profession as a whole.

Further breaking down the financials of the organization, the Commission on Dietetic Registration, dietetic practice groups, member interest groups, Accreditation Council for Education in Nutrition and Dietetics and the Academy of Nutrition and Dietetics Political Action Committee (ANDPAC) had a combined profit of just over \$9 million. Again, this was driven by strong expense controls, revenue growth and investment earnings. This resulted in total net assets for these groups to grow to just under \$29.2 million. This growth will allow these groups to support the profession in their unique ways.

The Academy had a profit of \$3.6 million. The Academy's leadership recognized early in the pandemic that operational adjustments might be necessary. The adjustments reduced expenses as revenues continued to moderate or decline. This, along with strong investment returns, provided the strong financial results. This will allow the Academy to continue to invest into the future of the organization by developing new programs, products and services.

In creating the FY 2022 budget, the Board took precautionary measures to ensure the financial health of the organization was maintained as the pandemic continued. Staff and leadership continually monitor financial results and adjustments are made wherever necessary to generate positive financial results.

Looking to fiscal year 2023, the budget will be compiled with a similar approach as in past years. While COVID-19 factors are looking better, economic factors and what lie ahead are unknown and can be a concern. The Board of Directors will continue to look to the future and will make necessary investments to develop and promote the profession and the Academy members to be the nation's food and nutrition leaders.

Academy of Nutrition and Dietetics Financial Statements

Academy of Nutrition and Dietetics Statement of Financial Position - May 31

Assests	2020	2021
Cash and Cash Equivalents	\$4,034,100	\$9,196,574
Investments	35,257,514	40,941,562
Interest Receivable	92,140	76,646
Accounts Receivable - Net	878,004	1,216,474
Prepaid Expenses	1,508,808	1,655,133
Inventories	1,511,100	1,473,925
Investments Held for Deferred Compensation	690,813	862,077
Property and Equipment Net	5,337,850	5,032,351
	<u>\$49,310,329</u>	<u>\$60,454,742</u>
Liabilities and Net Assets		
Liabilities		
Accounts Payable	\$943,044	\$342,775
Bank Line of Credit	\$3,000,000	\$0
Accrued Liabilities	2,768,386	2,247,188
Inter-Organizational Balances	(96,636)	671,426
Due to State Associations	2,995,488	3,721,201
	<u>\$9,610,282</u>	<u>\$6,982,590</u>
Deferred Revenue		
Membership Dues	\$5,318,032	\$6,197,723
Registration Fees	4,349,330	4,365,992
Subscriptions	2,071,288	2,326,923
Annual Meeting	711,837	614,721
Sponsorships	150,000	150,000
Other	1,863,096	1,800,255
	<u>\$14,463,583</u>	<u>\$15,455,614</u>
Deferred Compensation	\$690,813	\$862,077
Deferred Rent Incentive	1,377,366	1,426,537
Term Note Payable	50,993	0
	<u>\$2,119,172</u>	<u>\$2,288,614</u>
	<u>\$26,193,037</u>	<u>\$24,726,818</u>
Net assests		
Unrestricted		
Academy Operations	1,855,963	6,545,950
Related Academy Organizations*	21,261,329	29,181,974
	<u>23,117,292</u>	<u>35,727,924</u>
Total Liabilities and Net Assets	<u>\$49,310,329</u>	<u>\$60,454,742</u>

*Includes CDR, DPGs, MIGs, ACEND, ANDPAC

Academy of Nutrition and Dietetics
Statement of Activities - By Object and Fund - Year Ended May 31, 2021

Revenues	Academy	Organizational Units*	Total
Membership Dues - Gross	\$12,259,961	\$1,779,785	\$14,039,746
State Affiliate Allocations	(\$3,725,821)		(\$3,725,821)
Membership Dues - Net	8,534,140	1,779,785	10,313,925
Registration and Examination Fees		10,058,755	10,058,755
Contributions		89,608	89,608
Programs and Meetings	3,309,968	314,697	3,624,665
Publications and Materials	2,273,253	278,225	2,551,478
Subscriptions	2,272,327	440	2,272,767
Advertising	75,358	22,682	98,040
Sponsorships	634,759		634,759
Grants	337,551	576,031	913,582
Education Program		2,267,042	2,267,042
Other	1,146,072	174,327	1,320,400
Total Revenues	\$18,538,427	\$15,561,592	\$34,145,021
Expenses			
Personnel	\$12,982,904	\$2,974,318	\$15,957,222
Publications	2,067,446	58,919	2,126,365
Travel	11,766	14,953	26,719
Professional Fees	1,294,702	1,587,065	2,881,767
Postage and Mailing Service	366,359	337,995	704,354
Office supplies and Equipment	223,516	65,135	288,651
Rent and Utilities	944,861	219,443	1,164,304
Telephone and Communications	57,469	68,441	125,910
Commissions	12,713		12,713
Computer Expenses	871,941	179,524	1,051,465
Advertising and Promotion	97,718	8,054	105,772
Insurance	98,026	161,146	259,172
Depreciation	1,105,209	287,009	1,392,218
Income Taxes			
Bank and Trust Fees	636,630	277,751	914,381
Other	(2,441,879)	3,588,249	1,146,370
Donations to the Foundation		811,853	811,853
Examination Administration		1,082,255	1,082,255
Meeting Services	639,702	412,980	1,052,682
Legal and Audit	212,069	97,785	309,854
Printing	66,002	117,805	183,807
	\$19,247,155	\$12,350,681	\$31,597,836
Increase (Decrease) in Net Assets from Operating Activities	(\$663,728)	\$3,210,911	\$2,547,183
Return on Investments	4,266,908	5,796,542	\$10,063,450
Increase (Decrease) in Net Assets	\$3,603,180	9,007,453	\$12,610,633

*Includes CDR, DPGs, MIGs, ACEND, ANDPAC

Academy of Nutrition and Dietetics Foundation
Statement of Financial Position - May 31

Assets	2020	2021
Cash and Cash Equivalents	\$2,476,429	\$4,955,032
Investments	26,694,626	31,463,077
Interest Receivable	72,402	55,300
Pledges Receivable, Net	323,364	209,191
Prepaid Expenses	1,464	44,659
Interorganization Balances	(\$96,636)	\$671,426
Property Equipment Net	17,908	7,433
Total Assets	<u>\$29,489,557</u>	<u>\$37,406,118</u>
Liabilities and Net Assets		
PPP Loan Payable	\$187,500	\$0
Total Liabilities	<u>\$187,500</u>	<u>\$0</u>
Net Assets		
Net Assets without Donor Restriction	\$5,853,823	\$12,368,147
Net Assets with Donor Restriction	23,448,230	25,037,971
Total Net Assets	<u>\$29,302,053</u>	<u>\$37,406,118</u>
Total Liabilities and Net Assets	<u>\$29,489,553</u>	<u>\$37,406,118</u>

Academy of Nutrition and Dietetics Foundation
Statement of Activities - Year Ended May 31, 2021

	Net Assets without Donor Restriction	Net Assets with Donor Restriction	Total
Revenues			
Grants and Donations	914	22,840	229,754
Member Contributions	133,405	929,846	1,063,251
Corporate Contributions	20,972	927,405	948,377
Sponsorships	25,000	12,000	37,000
Other Revenue	187,500		187,500
Release from Restrictions	1,666,468	(1,666,468)	
Total Foundation Revenues	2,034,259	431,624	2,465,882
Expenses			
Personnel	869,660	-	869,660
Travel	-	-	-
Professional Fees	75,609	-	75,609
Postage and Mailing Service	1,835	-	1,835
Office Supplies and Equipment	570	-	570
Rent and Utilities	71,472	-	71,472
Telephone and Communications	16,593	-	16,593
Computer Expense	26,779	-	26,779
Insurance	19,356	-	19,356
Depreciation	10,475	-	10,475
Bank and Trust Fees	159,970	-	159,970
Other	103,504	-	103,504
Meeting Services	8,626	-	8,626
Legal and Audit	3,173	-	3,173
Printing	-	-	-
Scholarships and Awards	1,188,948	-	1,188,948
Total Foundation Expenses	2,556,569	0	2,556,569
(Decrease) Increase in Net Assets from Operating Activities before Other Items	(522,311)	431,624	(90,687)
Return on Investments	1,564,093	6,461,657	8,025,750
Increase in Net Assets	1,041,782	6,893,281	7,935,063